

## Pancake Muffins

### Materials:




**Tools-** Bowl, Mixing Spoon, Cupcake pan or muffin pan, measuring cup, timer, toothpick


**Ingredients-** A box of pancake mix (You can use any kind of pancake mix), toppings for muffins such as chocolate chip, strawberries, blueberries and walnuts (Choose toppings of your liking. Ask your child what toppings they want to include).

**Skills Utilized:** Cooking together uses basic math and number concepts as well as language skills including following directions. It's also an opportunity to build motor skills, cognitive thinking, confidence, responsibility and so much more.

**Introduction:** Today we are going to bake some pancake muffins.


First, we need to gather our ingredients, tools and turn your oven on to 400 degrees. Next we must follow the instructions on the back of our pancake mix. The following instructions are based off of using Mrs. Butter Worth's pancake mix on making the batter.

Secondly, will need to add  2 cups of mix and  1 ½ cups of water to our bowl .


Next we will need our mixing spoon to mix the batter.  Mix water and pancake mix together until most of the lumps are gone.

Next grease your cupcake pan with grease to avoid batter from sticking.

Now it's time to pour our batter into each section. Encourage your child to take a spoon and fill each section. Try to even out the mixture in each section so it will bake at an even consistency. Encourage your child to count the same number of spoons full.

Finally, the fun part. Now It's time to pick and choose your topping and drop them in. 

Once this step is completed you will place your muffins into the oven. 

Set your timer for ten minutes . When timer rings its time to take out your muffins. Insert a toothpick and check for doneness. Toothpick should be clean when removed. Wait for them to cool down and enjoy!!

Focus on allowing your child to do the measurements. Encourage them to look at what is next on the recipe and assist as much as possible.