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September 2023 ·····



GENERAL DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	 B: Cereal Bowl Rice Chex, Strawberry Applesauce L: BBQ Chicken Salad, Whole Grain Roll Beans, Corn, Tomatoes, Tropical Fruit Cup, Milk, Creamy Cilantro Dressing S: Black Bean Dip, Whole Grain Pita Bread EDS: Fresh Apple, Nutri Grain Bar
4	 5 B: Cereal Bowl Multi. Cheerios, Orange Wedges, Milk L: Oven Baked Chicken, Whole Grain Roll, Cauliflower Mashed Potatoes, Pineapple, Milk S: Strawberry Banana Yogurt, Granola WG Cheez-its Crackers, 100% Grape EDS: Juice 	 B: English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Turkey Chili, Combread Muffin, Romaine Salad, Ranch Dressing, Applesauce Cup, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers 	 B: Mini Waffles, Turkey Sausage Link, Applesauce Cup, Milk, Syrup L: Chicken Fajita Taco, 6" WG Tortilla, Mexicali Corn, Orange Wedges, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers 	 B: Bagel, Cream Cheese, Fresh Banana, Milk, Jelly L: Basil Pasta Chicken Salad, Penne Pasta, Baby Carrots, Ranch Dressing, Fresh Apple, Milk S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
 11 B: Cereal Bowl Cheerios, Applesauce Cup, Milk L: Chicken Parmesan, Chicken Tenders, Whole Grain Pasta, Pasta Sauce, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, Apple Cinnamon Bear Cracker EDS: Baby Carrots, Hummus 	12 B: Croissant Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Popcorn Chicken, Brown Rice, Roasted Broccoli, Pineapple, Orange Sauce, Milk S: Sun Butter Sandwich EDS: Amazing Chick Pea, WG Graham Crackers	 H3 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, Whole Grain Crackers EDS: WG Apple Cinnamon Muffin, Vanilla Yogurt Cup 	 Ha B: Mini Pancakes, Turkey Sausage Link, Apple Slices w/cinnamon, Milk, Syrup L: Chicken Pot Pie, Whole Grain Biscuit, Peas & Carrots, Fresh Apple, Milk S: Turkey & Cheese Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice 	 15 B: Biscuit, Fresh Banana, Milk, Jelly L: Deli Wrap, 8" WG Tortilla, Lettuce, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: TWG Dino Bite Crackers, 100% Apple Juice EDS: Granola Bar, Orange Wedges
 B: Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice 	19 B: Mini Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk S: Fresh Pear, WG Graham Crackers EDS: Strawberry Applesauce Cup, WG Cheezit Crackers	 20 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Fish Nuggets, Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk S: Strawberry Banana Yogurt Cup, Granola EDS: 100% Apple Juice, Apple Cinnamon Bear Grahams 	21 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Pasta Sauce, Zucchini, Applesauce, Milk S: Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	 22 B: Cereal Corn Chex, Orange Wedges, Milk L: Garden Salad w/Grill Chicken, Romaine & Diced Tomato, Shredded Carrots, Tropical Fruit Cup, Milk, Ranch Dressing S: Black Bean Dip, Whole Grain Pita Bread EDS: Fresh Apple, Nutri Grain Bar
 25 B: Blueberry Muffin, Fresh Apple, Milk L: Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, WG Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear 	 26 B: French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti & Meatballs, Whole Grain Pasta, Green Beans, Peach Cup, Milk S: Strawberry Banana Yogurt, Fresh Banana EDS: WG Cheez-its Crackers, 100% Grape Juice 	 27 B: Apple Cinnamon Oatmeal, Applesauce Cup, Craisins/Raisins, Milk L: Turkey Burger w/Bun, Sliced Cheese, Potato Tots, Mixed Fruit, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers 	 28 B: English Muffin Sandwich, Turkey & Cheese, Orange Wedges, Milk L: Fajita Chicken w/squash, corn, & peppers, Spanish Rice, Apple Slices w/cinnamon, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers 	 29 B: Cereal Bowl Cheerios, Fresh Banana, Milk L: Thai Chicken Salad, Cilantro Lime Rice, Romaine Lettuce, Orange Wedges,Milk S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar

Menu ingredients subject to change based on availability and/or *holiday.

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DAIRY FREE DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	20	31	 B: Cereal Bowl, Fresh Banana, Milk** L: DF BBQ Chicken Salad, Whole Grain Roll, Beans Corn & Tomatoes, Tropical Fruit Cup, Milk**, DF Ranch Dressing S: Black Bean Dip, DF Whole Grain Pita Bread EDS: Fresh Apple, DF Sun Butter Bar
4	5 B: Cereal Bowl, Orange Wedges, Milk** L: Oven Baked Chicken, Whole Grain Roll DF Mashed Potatoes, Pineapple, Milk** S: Dairy Free Yogurt Fresh Banana EDS: Dairy Free Crackers	 6 B: English Muffin Sandwich, Egg & DF Cheese, Diced Peach Cup, Milk** L: Turkey Chili, DF Cornbread Muffin, Romaine Salad, Applesauce, Milk**, DF Ranch Dressing S: Baby Carrots, Hummus EDS: Fresh Apple, DF Crackers 	7 B: DF Pancake, Turkey Sausage Link, Applesauce Cup, Milk**, Syrup L: DF Chicken Fajita Taco, 6" Tortilla, Mexicali Corn, Orange Wedges, Milk** S: 100% Fruit Punch Juice, DF EDS: DF Animal Crackers/DF Crackers	 B: DF Bagel, Jelly, Fresh Banana, Milk** L: DF Basil Chicken Salad, Penne Pasta, Baby Carrots, Fresh Apple, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
 B: Cereal Bowl, Applesauce Cup, Milk** L: Spaghetti w/meat sauce, Whole Grain Pasta, Green Beans, Pear Fruit Cup, Milk** S: 100% Grape Juice, DF Graham Crackers EDS: Hummus, Baby Carrots 	 B: Breakfast Sandwich, Turkey & DF Cheese, Mandarin Orange Cup, Milk** L: Orange Chicken, Brown Rice, Orange Sauce, Popcorn Chicken, Broccoli, Pineapple, Milk** S: Sun Butter Sandwich EDS: DF Amazing Chick Pea, DF Graham Crackers 	 B: DF Applesauce Muffin, Orange Wedges, Milk** L: DF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk** S: 100% Fruit Punch Juice, DF Crackers EDS: Applesauce Muffin, DF Yogurt Cup 	 14 B: DF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon, Milk**, Syrup L: Chicken Pot Pie, Whole Grain DF Biscuit, Peas & Carrots, Fresh Apple, Milk** S: Turkey Wrap EDS: DF Crackers, 100% Fruit Punch Juice 	 15 B: DF Biscuit, Fresh Banana, Milk**, Jelly L: DF Deli Wrap, 8" Whole Grain Tortilla, Lettuce , Baby Carrots, Fresh Pear, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: DF Granola Bar, Orange Wedges
 B: DF Blueberry Muffin, Fresh Apple, Milk** L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk**, Ketchup S: DF Crackers, Applesauce Cup EDS: DF Ginger Bread Cookie, 100% Grape Juice 	 19 B: DF Pancake, Turkey Sausage Link, Diced Peach Cup, Milk**, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk** S: DF Graham Crackers, Fresh Pear EDS: DF Crackers, Strawberry Applesauce Cup 	 B: Biscuit Sandwich, Egg & DF Cheese, Fresh Banana, Milk** L: Fish Nuggets, DF Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk**, Ketchup S: DF Yogurt, DF Granola EDS: DF Graham Crackers, 100% Apple Juice 	21 B: DF Breakfast Pizza, Mixed Fruit Cup, Milk** L: Spaghetti w/meat sauce, WG Spagetti Pasta, Zucchini, Applesauce, Milk** S: Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	 B: Cereal Bowl, Orange Wedges, Milk** L: Garden Salad w/Grill Chicken, Romaine & Diced Tomatoes, Shredded Carrots, Tropical Fruit Cup, Milk**, DF Ranch Dressing S: Black Bean Dip, DF Whole Grain Pita Bread EDS: Fresh Apple, DF Sun Butter Bar
 25 B: DF Blueberry Muffin, Fresh Apple, Milk** L: Bean Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, WG DF Graham Crackers EDS: DF Yogurt Cup, Fresh Pear 	 26 B: DF French Toast Sticks, Mandarin Orange Cup, Milk**, Syrup L: Spaghetti w/meat sauce, Ground Turkey, Whole Grain Pasta, Green Beans, Peach Cup, Milk** S: DF Yogurt Cup, Fresh Banana EDS: DF Crackers, 100% Grape Juice 	 27 B: Apple Cinnamon Oatmeal, Applesauce Cup, Craisins/Raisins, Milk** L: Turkey Burger w/Bun, Sliced DF Cheese, Potato Tots, Mixed Fruit, Milk**, Ketchup S: Hummus, Baby Carrots EDS: Fresh Apple, DF Crackers 	 28 B: English Muffin Sandwich, Turkey & DF Cheese, Orange Wedges, Milk** L: Fajita Chicken w/squash, corn, & peppers, Spanish Rice, Apple Slices w/cinnamon, Milk** S: 100% Fruit Punch Juice, DF Crackers EDS: Tropical Fruit Cup, DF Crackers 	 29 B: Cereal Bowl, Fresh Banana, Milk** L: Thai Chicken Salad, Cilantro Lime Rice, Romaine Lettuce, Orange Wedges,Milk**, Thai Dressing S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, DF Cereal Bar

Menu ingredients subject to change based on availability and/or *holiday.

B: Breakfast Menu L: Lunch Menu S: Snack Menu EDS: Extended Day Snack Menu



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GLUTEN FREE DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	20	31	1 B: GF Cereal Bowl, Fresh Banana, Milk L: DF BBQ Chicken Salad, Whole Grain Roll, Beans Corn & Tomatoes, Tropical Fruit Cup, Milk**, DF Ranch Dressing S: Black Bean Dip, GF Crackers EDS: Fresh Apple, Sun Butter Bar
4	5 B: GF Cereal Bowl, Orange Wedges, Milk L: Oven Baked Chicken, GF Roll, Cauliflower Mashed Potatoes, Pineapple, Milk** S: Strawberry/Banana Yogurt Cup EDS: GF Crackers, 100% Grape Juice	 6 B: GF English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Turkey Chili, GF Combread Muffin, Mixed Vegetables, Applesauce, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, GF Crackers 	7 B: GF Waffles, Turkey Sausage Link, Applesauce Cup, Milk, Syrup L: Chicken Fajita GF Taco, 6" GF Tortilla, Broccoli, Pear Fruit Cup, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: Tropical Fruit Cup, GF Crackers	 8 B: GF Bagel, Cream Cheese, Fresh Banana, Milk L: GF Basil Pasta Chicken Salad, GF Penne Pasta, Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: Applesauce Cup, GF Cereal Bar
 B: GF Cereal Bowl, Applesauce Cup, Milk L: GF Spaghetti w/meat sauce, Ground Turkey w/ sauce, GF Pasta, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, GF Crackers EDS: Baby Carrots, Hummus 	12 B: GF Breakfast Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Brown Rice, Popcorn Chicken, Orange Sauce, Broccoli, Pineapple, Milk S: GF Sun Butter Sandwich EDS: Amazing Chick Pea, GF Graham Crackers	 B: GF Applesauce Muffin, Orange Wedges, Milk L: GF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: GF Applesauce Muffin, Vanilla Yogurt Cup 	 B: GF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon*, Milk, Syrup L: Chicken Pot Pie, GF Biscuit, Peas & Carrots, Fresh Apple, Milk S: GF Turkey & Cheese Wrap EDS: GF Crackers, 100% Fruit Puch Juice 	 HS B: GF Biscuit, Fresh Banana, Milk, Jelly L: GF Deli Wrap, GF Tortilla, Lettuce, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: GF Sun Butter Bar, Orange Wedges
 B: GF Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken GF Sandwich, Potato Tots, Peaches, Milk, Ketchup S: GF Crackers, Applesauce Cup EDS: GF Gingerbread, 100% Grape Juice 	 19 B: GF Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, GF Pasta, Peas & Carrots, Pineapple, Milk S: GF Graham Crackers, Fresh Pear EDS: GF Crackers, Strawberry Applesauce Cup 	 20 B: GF Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: GF Fish Nuggets, GF Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, GF Cereal EDS: 100% Apple Juice, GF Graham Crackers 	 21 B: GF Breakfast Pizza, Mixed Fruit Cup, Milk L: GF Spaghetti w/meat sauce, Ground Turkey w/ sauce, GF Pasta, Zucchini, Applesauce, Milk S: GF Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup 	 B: GF Cereal Bowl, Orange Wedges, Milk L: Garden Salad w/Grill Chicken, Romaine & Diced Tomato, Shredded Carrots, Tropical Fruit Cup, Milk, Ranch Dressing S: Black Bean Dip, GF Crackers EDS: Fresh Apple, GF Sun Butter Bar
 25 B: GF Blueberry Muffin, Fresh Apple, Milk L: GF Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, GF Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear 	26 B: GF French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti & Meatballs, GF Pasta, Green Beans, Peach Cup, Milk S: Strawberry/Banana Yogurt Cup EDS: GF Crackers, 100% Grape Juice	 27 B: Apple Cinnamon Oatmeal, Applesauce Cup, Craisins/Raisins, Milk L: Turkey Burger w/GF Bun, Sliced Cheese, Potato Tots, Mixed Fruit, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, GF Crackers 	28 B: GF English Muffin Sandwich, Turkey & Cheese, Orange Wedges, Milk L: Fajita Chicken w/squash, corn, & peppers, Spanish Rice, Apple Slices w/cinnamon, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: Tropical Fruit Cup, GF Crackers	 29 B: GF Cereal Bowl, Fresh Banana, Milk L: Thai Chicken Salad, Cilantro Lime Rice, Romaine Lettuce, Orange Wedges, Milk, Ranch Dressing S: Gluten Free Crackers EDS: Applesauce Cup, GF Cereal Bar
Menu ingredients subject to change based on availability and/or "holiday. ••••••• September 2023 •••••••••• VEGETARIAN DIET				

VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	20	31	 B: Cereal Bowl, Fresh Banana, Milk L: DF BBQ Chicken Salad, Whole Grain Roll, Beans Corn & Tomatoes, Tropical Fruit Cup, Milk**, DF Ranch Dressing S: Black Bean Dip, GF Crackers EDS: Fresh Apple, Nutri Grain Bar
4	5 B: Cereal Bowl, Orange Wedges, Milk L: Tofu Loaf, Whole Grain Roll, Cauliflower Mashed Potatoes, Pineapple, Milk S: Banana/Strawberry Yogurt Cup, Fresh Banana EDS: WG Cheez-it Crackers, 100% Grape Juice	 B: English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Vegetarian Chili, Cornbread Muffin, Romaine Salad, Applesauce, Milk, Ranch Dressing S: Baby Carrots, Hummus EDS: Fresh Apple, WG Crackers 	 B: Mini Waffles, Vegetarian Sausage Pattie, Applesauce Cup, Milk, Syrup L: Tofu & Cheese Quesadilla, 6" Tortilla, Mexicali Corn, Orange Wedges, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers 	 8 B: Bagel, Cream Cheese, Fresh Banana, Milk L: Basil Pasta Salad, Penne Pasta Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
 B: Cereal Bowl, Applesauce Cup, Milk L: Spaghetti w/Tofu, Whole Grain Pasta, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, Apple Cinn. Bear Crackers EDS: Baby Carrots, Hummus 	 12 B: Croissant Sandwich, Egg & Cheese, Mandarin Orange Cup, Milk L: Orange Tofu Stir Fry, Brown Rice, Vegetarian Nuggets, Orange Sauce, Broccoli, Pineapple, Milk S: Sun Butter Sandwich EDS: Amazing Chick Pea, WG Graham Crackers 	 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, WG Crackers EDS: WG Apple Cinnamon Muffin, Vanilla Yogurt Cup 	 Ha B: Mini Pancakes, Vegetarian Sausage Pattie, Apple Slices w/cinnamon*, Milk, Syrup L: Vegetarian Pot Pie, Whole Grain Biscuit, Peas & Carrots, Orange Wedges, Milk S: Vegetarian Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice 	 HS B: Biscuit , Fresh Banana, Milk, Jelly L: Vegetarian Wrap, 8" Whole Grain Tortilla, Baby Carrots, Lettuce, Fresh Pear, Milk, Ranch Dressing S: WG Dino Bites, 100% Apple Juice EDS: Granola Bar, Orange Wedges
 B: Bluberry Muffin, Fresh Apple, Milk L: Vegetarian Burger, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice 	 19 B: Mini Waffles, Vegetarian Sausage Pattie, Diced Peach Cup, Milk, Syrup L: Vegetarian Stroganoff w/Tofu, Whole Grain Pasta, Peas & Carrots, Pineapple, Milk S: WG Graham Crackers, Fresh Pear EDS: WG Cheez-its, Strawberry Applesauce Cup 	 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Vegetarian Nuggets, Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, Granola EDS: Apple Cinnamon Bear Grahams, 100% Apple Juice 	21 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Zucchini, Apple Slices w/cinnamon, Milk S: Black Bean Dip, WG Pita Bread EDS: Fresh Banana, Jello Cup	 22 B: Cereal Bowl, Orange Wedges, Milk L: Garden Salad, Romaine & Diced Tomatoes, Shedded Carrots, Tropical Fruit Cup, Milk, Ranch Dressing S: WG Dino Bite Crackers, 100% Apple Juice EDS: Fresh Apple, Nutri Grain Bar
 25 B: Blueberry Muffin, Fresh Apple, Milk L: Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, WG Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear 	 26 B: French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti w/Tofu, Whole Grain Pasta, Green Beans, Peach Cup, Milk S: Strawberry Banana Yogurt, Fresh Banana EDS: WG Cheez-its Crackers, 100% Grape Juice 	 27 B: Apple Cinnamon Oatmeal, Applesauce Cup, Craisins/Raisins, Milk L: Vegetarian Burger w/Bun, Sliced Cheese, Potato Tots, Mixed Fruit, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers 	 28 B: English Muffin Sandwich, Egg & Cheese, Orange Wedges, Milk L: Fajita Tofu w/squash, corn, & peppers, Spanish Rice, Apple Slices w/cinnamon, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers 	 29 B: Cereal Bowl, Fresh Banana, Milk L: Thai Tofu Salad, Cilantro Lime Rice, Romaine Lettuce, Orange Wedges, Milk S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar

Menu ingredients subject to change based on availability and/or *holiday.

B: Breakfast Menu L: Lunch Menu S: Snack Menu EDS: Extended Day Snack Menu