

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					1 B: Bagel, Cream Cheese, Fresh Banana, Milk, Jelly L: Basil Pasta, Chicken Salad, Penne Pasta, Baby Carrots, Ranch Dressing, Fresh Apple, Milk S: Traditional Chex Mix, Apple Juice EDS: Applesauce Cup, Cereal Bar
4	B: Cereal Bowl Cheerios, Applesauce Cup, Milk L: Chicken Parmesan, Chicken Tenders, Whole Grain Pasta, Pasta Sauce, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, Apple Cinnamon Bear Cracker EDS: Baby Carrots, Hummus	5 B: Croissant Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Popcorn Chicken, Brown Rice, Roasted Broccoli, Pineapple, Orange Sauce, Milk S: Sun Butter Sandwich EDS: Amazing Chick Pea, WG Graham Crackers	6 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, Whole Grain Crackers EDS: Banana, Vanilla Yogurt Cup	7 B: Pancake, Turkey Sausage Link, Apple Slices w/cinnamon, Milk, Syrup L: Chicken Pot Pie, Whole Grain Biscuit, Peas & Carrots, Fresh Apple, Milk S: Turkey & Cheese Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice	8 B: Biscuit, Fresh Banana, Milk, Jelly L: Deli Wrap, 8" WG Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: WG Dino Bite Crackers, 100% Apple Juice EDS: Granola Bar, Orange Wedges
11	B: Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice	12 B: Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk S: Fresh Pear, WG Graham Crackers EDS: Strawberry Applesauce Cup, WG Cheez-its Crackers	13 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Fish Nuggets, Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, Granola EDS: 100% Apple Juice, Apple Cinnamon Bear Grahams	14 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Pasta Sauce, Zucchini, Applesauce, Milk S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	15
18		19	20	21	22
22		22	22	22	29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: DF Bagel, Jelly, Fresh Banana, Milk** L: DF Basil Chicken Salad, Penne Pasta, Baby Carrots, Fresh Apple, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: Applesauce Cup, DF Cereal Bar
4 B: Cereal Bowl, Applesauce Cup, Milk** L: Spaghetti w/pasta sauce, Whole Grain Pasta, Green Beans, Pear Fruit Cup, Milk** S: 100% Grape Juice, DF Graham Crackers EDS: Hummus, Baby Carrots	5 B: Breakfast Sandwich, Turkey & DF Cheese, Mandarin Orange Cup, Milk** L: Orange Chicken, Brown Rice, Orange Sauce, Popcorn Chicken, Broccoli, Pineapple, Milk** S: Sun Butter Sandwich EDS: Chocolate Hummus, DF Graham Crackers	6 B: DF Applesauce Muffin, Orange Wedges, Milk** L: DF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk** S: 100.Fruit Punch Juice, DF Crackers EDS: Banana, DF Yogurt Cup	7 B: DF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon, Milk**, Syrup L: Chicken Pot Pie, Whole Grain DF Biscuit, Peas & Carrots, Fresh Apple, Milk** S: Turkey Wrap EDS: DF Crackers, 100% Fruit Punch Juice	8 B: DF Biscuit, Fresh Banana, Milk**, Jelly L: DF Deli Wrap, 8" Whole Grain Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: DF Granola Bar, Orange Wedges
11 B: DF Blueberry Muffin, Fresh Apple, Milk** L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk**, Ketchup S: DF Crackers, Applesauce Cup EDS: DF Ginger Bread Cookie, 100% Grape Juice	12 B: DF Pancake, Turkey Sausage Link, Diced Peach Cup, Milk**, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk** S: DF Graham Crackers, Fresh Pear EDS: DF Crackers, Strawberry Applesauce Cup	13 B: Biscuit Sandwich, Egg & DF Cheese, Fresh Banana, Milk** L: Fish Nuggets, DF Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk**, Ketchup S: DF Yogurt, DF Granola EDS: DF Graham Crackers, 100% Apple Juice	14 B: DF Breakfast Pizza, Mixed Fruit Cup, Milk** L: Spaghetti w/Pasta sauce, WG Spaghetti Pasta, Zucchini, Applesauce, Milk** S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	15
18	19	20	21	22
22	22	22	22	29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: GF Bagel, Cream Cheese, Fresh Banana, Milk L: GF Basil Pasta Chicken Salad, GF Penne Pasta, Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: Applesauce Cup, GF Cereal Bar
4 B: GF Cereal Bowl, Applesauce Cup, Milk L: GF Spaghetti w/Pasta sauce, Ground Turkey w/ sauce, GF Pasta, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, GF Crackers EDS: Baby Carrots, Hummus	5 B: GF Breakfast Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Brown Rice, Orange Sauce, Broccoli, Pineapple, Milk S: GF Sun Butter Sandwich EDS: Chocolate Hummus, GF Graham Crackers	6 B: GF Applesauce Muffin, Orange Wedges, Milk L: GF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: Banana, Vanilla Yogurt Cup	7 B: GF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon*, Milk, Syrup L: Chicken Pot Pie, GF Biscuit, Peas & Carrots, Fresh Apple, Milk S: GF Turkey & Cheese Wrap EDS: GF Crackers, 100% Fruit Punch Juice	8 B: GF Biscuit, Fresh Banana, Milk, Jelly L: GF Deli Wrap, GF Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: GF Sun Butter Bar, Orange Wedges
11 B: GF Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken GF Sandwich, Potato Tots, Peaches, Milk, Ketchup S: GF Crackers, Applesauce Cup EDS: GF Gingerbread, 100% Grape Juice	12 B: GF Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, GF Pasta, Peas & Carrots, Pineapple, Milk S: GF Graham Crackers, Fresh Pear EDS: GF Crackers, Strawberry Applesauce Cup	13 B: GF Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: GF Fish Nuggets, GF Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, GF Cereal EDS: 100% Apple Juice, GF Graham Crackers	14 B: GF Breakfast Pizza, Mixed Fruit Cup, Milk L: GF Spaghetti w/pasta sauce, Ground Turkey w/ sauce, GF Pasta, Zucchini, Applesauce, Milk S: GF Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	15
18	19	20	21	22
22	22	22	22	29

VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Bagel, Cream Cheese, Fresh Banana, Milk L: Basil Pasta Salad, Penne Pasta Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
4 B: Cereal Bowl, Applesauce Cup, Milk L: Spaghetti w/Tofu, Whole Grain Pasta, Green Beans, Pear Fruit Cup, Milk S: 100% Grape Juice, Apple Cinn. Bear Crackers EDS: Baby Carrots, Hummus	5 B: Croissant Sandwich, Egg & Cheese, Mandarin Orange Cup, Milk L: Orange Nugget Stir Fry, Brown Rice, Vegetarian Nuggets, Orange Sauce, Broccoli, Pineapple, Milk S: Sun Butter Sandwich EDS: Chocolate Hummus, WG Graham Crackers	6 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, WG Crackers EDS: Banana, Vanilla Yogurt Cup	7 B: Pancakes, Vegetarian Sausage Pattie, Apple Slices w/cinnamon*, Milk, Syrup L: Vegetarian Pot Pie, Whole Grain Biscuit, Peas & Carrots, Orange Wedges, Milk S: Vegetarian Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice	8 B: Biscuit, Fresh Banana, Milk, Jelly L: Vegetarian Wrap, 8" Whole Grain Tortilla, Baby Carrots, Spinach, Fresh Pear, Milk, Ranch Dressing S: WG Dino Bites, 100% Apple Juice EDS: Granola Bar, Orange Wedges
11 B: Blueberry Muffin, Fresh Apple, Milk L: Vegetarian Burger, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice	12 B: Waffles, Vegetarian Sausage Pattie, Diced Peach Cup, Milk, Syrup L: Vegetarian Stroganoff w/Tofu, Whole Grain Pasta, Peas & Carrots, Pineapple, Milk S: WG Graham Crackers, Fresh Pear EDS: WG Cheez-its, Strawberry Applesauce Cup	13 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Vegetarian Nuggets, Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, Granola EDS: Apple Cinnamon Bear Grahams, 100% Apple Juice	14 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Zucchini, Apple Slices w/cinnamon, Milk S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	15
18	19	20	21	22
22	22	22	22	29