



GENERAL DIET

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1		2 B: Breakfast Pizza, Diced Pear Cup, Milk L: Teriyaki Chicken, Brown Rice, Steamed Broccoli, Mixed Berries, Milk S: Fresh Pear, WG Graham Crackers EDS: Whole Grain Cheez-its, Strawberry Applesauce Cup	3 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Italian Lasagna, Normandy Blend Vegetables, Fresh Pear, Milk S: Strawberry Banana Yogurt Cup, Granola EDS: 100% Apple Juice, Apple Cinnamon Bear Grahams	4 B: Bagel Sandwich, Turkey & Cheese, Fresh Apple, Milk L: Meatball Sub, Green Beans, Peach Cup, Milk S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	5 B: Cereal Bowl Rice Chex, Fresh Banana, Milk L: BBQ Chicken Salad, Whole Grain Roll, Beans, Corn & Tomatoes, Tropical Fruit Cup, Milk, Creamy Cilantro Dressing S: Black Bean Dip, WG Baked Tortilla Chips EDS: Fresh Apple, Nutri Grain Bar
8	B: Biscuit, Apple Slices w/cinnamon, Milk, Jelly L: Chicken Tenders, Brown Rice, Normandy Blend Vegetable, Mixed Fruit Cup, Milk, Ketchup S: Strawberry Applesauce Cup, WG Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear	9 B: Cereal Bowl Multi. Cheerios, Orange Wedges, Milk L: Oven Baked Chicken, Whole Grain Roll, Cauliflower Mashed Potatoes, Pineapple, Milk S: Strawberry Banana Yogurt, Fresh Banana EDS: WG Cheez-its Crackers, 100% Grape Juice	10 B: English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Turkey Chili, Cornbread Muffin, Spinach Salad, Ranch Dressing, Applesauce Cup, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers	11 B: Waffles, Turkey Sausage Link, Applesauce Cup, Milk, Syrup L: Chicken Fajita Taco, 6" WG Tortilla, Mexicali Corn, Orange Wedges, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers	12 B: Bagel, Cream Cheese, Fresh Banana, Milk, Jelly L: Basil Pasta, Chicken Salad, Penne Pasta, Baby Carrots, Ranch Dressing, Fresh Apple, Milk S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
15		16 B: Croissant Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Popcorn Chicken, Brown Rice, Roasted Broccoli, Pineapple, Orange Sauce, Milk S: Sun Butter Sandwich EDS: Amazing Chick Pea Chocolate Hummus, WG Graham Crackers	17 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, Whole Grain Crackers EDS: Banana, Vanilla Yogurt Cup	18 B: Pancake, Turkey Sausage Link, Apple Slices w/cinnamon, Milk, Syrup L: Chicken Pot Pie, Whole Grain Biscuit, Peas & Carrots, Fresh Apple, Milk S: Turkey & Cheese Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice	19 B: Biscuit, Fresh Banana, Milk, Jelly L: Deli Wrap, 8" WG Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: WG Dino Bite Crackers, 100% Apple Juice EDS: Granola Bar, Orange Wedges
22	B: Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice	23 B: Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk S: Fresh Pear, WG Graham Crackers EDS: Strawberry Applesauce Cup, WG Cheez-its Crackers	24 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Fish Nuggets, Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, Granola EDS: 100% Apple Juice, Apple Cinnamon Bear Grahams	25 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Pasta Sauce, Zucchini, Applesauce, Milk S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	26 B: Cereal Corn Chex, Orange Wedges, Milk L: Garden Salad w/Grilled Chicken, Spring Mix, Shredded Carrots, Tropical Fruit Cup, Milk, Honey Mustard Dressing S: Black Bean Dip, WG Baked Tortilla Chips EDS: Fresh Apple, Nutri Grain Bar
29	B: Blueberry Muffin, Fresh Apple, Milk L: Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, WG Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear	30 B: French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti & Meatballs, Pasta Sauce, Whole Grain Pasta, Green Beans, Peach Cup, Milk S: Strawberry Banana Yogurt, Fresh Banana EDS: WG Cheez-its Crackers, 100% Grape Juice	31 B: Apple Cinnamon Oatmeal, Craisins/Raisins, Milk L: Turkey Burger w/Bun, Sliced Cheese, Potato Tots, Mixed Fruit, Milk, Ketchup S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 B: DF Breakfast Pizza, Diced Pear Cup, Milk** L: Teriyaki Chicken, Brown Rice, Steamed Broccoli, Mixed Berries, Milk** S: DF Graham Crackers, Fresh Pear EDS: DF Crackers, Strawberry Applesauce Cup	3 B: DF Applesauce Muffin, Orange Wedges, Milk** L: DF Italian Lasagna, Normandy Blend Vegetables, Fresh Pear, Milk** S: DF Yogurt, DF Granola EDS: DF Graham Crackers, 100% Apple Juice	4 B: Bagel Sandwich, Turkey & DF Cheese, Fresh Apple, Milk** L: DF Meatball Sub, Green Beans Peach Cup, Milk**, DF Ranch Dressing S: Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	5 B: Cereal Bowl, Fresh Banana, Milk** L: DF BBQ Chicken Salad, Whole Grain Roll, Beans Corn & Tomatoes, Tropical Fruit Cup, Milk**, DF Ranch Dressing S: Black Bean Dip, DF Whole Grain Tortilla Chips EDS: Fresh Apple, DF Sun Butter Bar
8 B: DF Biscuit, Apple Slices w/cinnamon, Milk**, Jelly L: Chicken Tenders, Brown Rice, Normandy Blend Vegetables, Mixed Fruit Cup, Milk**, Ketchup S: Strawberry Applesauce Cup, DF WG Graham Crackers EDS: DF Yogurt Cup, Fresh Pear	9 B: Cereal Bowl, Orange Wedges, Milk** L: Oven Baked Chicken, Whole Grain Roll, DF Mashed Potatoes, Pineapple, Milk** S: Dairy Free Yogurt Cup, Fresh Banana EDS: DF Crackers, 100% Grape Juice	10 B: English Muffin Sandwich, Egg & DF Cheese, Diced Peach Cup, Milk** L: Turkey Chili, DF Combread Muffin, Spinach Salad, DF Ranch Dressing Applesauce Cup, Milk** S: Baby Carrots, Hummus EDS: Fresh Apple, DF Graham Crackers	11 B: DF Waffles, Turkey Sausage Link, Applesauce Cup, Milk**, Syrup L: DF Chicken Fajita Taco, 6" Tortilla, Mexicali Corn, Orange Wedges, Milk** S: 100% Fruit Punch Juice, DF Crackers EDS: Tropical Fruit Cup, DF Animal Crackers	12 B: DF Bagel, Jelly, Fresh Banana, Milk** L: DF Basil Chicken Salad, Penne Pasta, Baby Carrots, Fresh Apple, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: Applesauce Cup, DF Cereal Bar
15	16 B: Breakfast Sandwich, Turkey & DF Cheese, Mandarin Orange Cup, Milk** L: Orange Chicken, Brown Rice, Orange Sauce, Popcorn Chicken, Broccoli, Pineapple, Milk** S: Sun Butter Sandwich EDS: Amazing Chick Pea Chocolate Hummus, DF Graham Crackers	17 B: DF Applesauce Muffin, Orange Wedges, Milk** L: DF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk** S: 100% Fruit Punch Juice, DF Crackers EDS: Banana, DF Yogurt Cup	18 B: DF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon, Milk**, Syrup L: Chicken Pot Pie, Whole Grain DF Biscuit, Peas & Carrots, Fresh Apple, Milk** S: Turkey Wrap EDS: DF Crackers, 100% Fruit Punch Juice	19 B: DF Biscuit, Fresh Banana, Milk**, Jelly L: DF Deli Wrap, 8" Whole Grain Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk**, DF Ranch Dressing S: DF Crackers, 100% Apple Juice EDS: DF Granola Bar, Orange Wedges
22 B: DF Blueberry Muffin, Fresh Apple, Milk** L: Grilled Chicken Sandwich, Potato Tots, Peaches, Milk**, Ketchup S: DF Crackers, Applesauce Cup EDS: DF Ginger Bread Cookie, 100% Grape Juice	23 B: DF Pancake, Turkey Sausage Link, Diced Peach Cup, Milk**, Syrup L: Turkey Stroganoff, Pasta, Peas & Carrots, Pineapple, Milk** S: DF Graham Crackers, Fresh Pear EDS: DF Crackers, Strawberry Applesauce Cup	24 B: Biscuit Sandwich, Egg & DF Cheese, Fresh Banana, Milk** L: Fish Nuggets, DF Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk**, Ketchup S: DF Yogurt, DF Granola EDS: DF Graham Crackers, 100% Apple Juice	25 B: DF Breakfast Pizza, Mixed Fruit Cup, Milk** L: Spaghetti w/ Meat sauce, WG Spaghetti Pasta, Zucchini, Applesauce, Milk** S: Multigrain Cheerios, 100% Orange Tangerine Juice EDS: Fresh Banana, Jello Cup	26 B: Cereal Bowl, Orange Wedges, Milk** L: Garden Salad w/Grilled Chicken, Spring Mix, Shredded Carrots, Tropical Fruit Cup, Milk**, Honey Mustard S: Black Bean Dip, DF WG Baked Tortilla Chips EDS: Fresh Apple, DF Sun Butter Bar
29 B: DF Blueberry Muffin, Fresh Apple, Milk** L: Bean Burrito, Mexicali Corn, Mixed Berries, Milk** S: Strawberry Applesauce Cup, WG DF Graham Crackers EDS: DF Yogurt Cup, Fresh Pear	30 B: DF French Toast Sticks, Mandarin Orange Cup, Milk**, Syrup L: Spaghetti w/meat sauce, Ground Turkey, Whole Grain Pasta, Green Beans, Peach Cup, Milk** S: DF Yogurt Cup, Fresh Banana EDS: DF Crackers, 100% Grape Juice	31 B: Apple Cinnamon Oatmeal, Craisins/Raisins, Milk** L: Turkey Burger w/Bun, Sliced DF Cheese, Potato Tots, Mixed Fruit, Milk**, Ketchup S: Hummus, Baby Carrots EDS: Fresh Apple, DF Graham Crackers		



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 B: GF Breakfast Pizza, Diced Pear Cup, Milk L: Teriyaki Chicken, Brown Rice, Steamed Broccoli, Mixed Berries, Milk S: GF Graham Crackers, Fresh Pear EDS: GF Crackers, Strawberry Applesauce Cup	3 B: GF Applesauce Muffin, Orange Wedges, Milk L: GF Italian Lasagna, Normandy Blend Vegetables, Fresh Pear, Milk S: Strawberry Banana Yogurt Cup, GF Cereal EDS: 100% Apple Juice, GF Graham Crackers	4 B: GF Bagel Sandwich, Turkey & Cheese, Fresh Apple, Milk L: GF Meatball Subs, GF Meatballs, Green Beans, Peach Cup, Milk, Ranch Dressing S: GF Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	5 B: GF Cereal Bowl, Fresh Banana, Milk L: BBQ Chicken Salad, GF Roll, Beans Corn & Tomatoes, Tropical Fruit Cup, Milk, Creamy Cilantro Dressing S: Black Bean Dip, GF Crackers EDS: Fresh Apple, GF Sun Butter Bar
8 B: GF Biscuit, Apple Slices w/cinnamon, Milk, Jelly L: GF Chicken Nuggets, Stir Fried Rice, Normandy Blend Vegetables, Mixed Fruit Cup, Milk, Ketchup S: Strawberry Applesauce Cup, GF Crackers EDS: Vanilla Yogurt Cup, Fresh Pear	9 B: GF Cereal Bowl, Orange Wedges, Milk L: Oven Baked Chicken, GF Roll, Cauliflower Mashed Potatoes, Pineapple, Milk S: Strawberry Go Gurt, Fresh Banana EDS: GF Crackers, 100% Grape Juice	10 B: GF English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Turkey Chili, GF Cornbread Muffin, Mixed Vegetables, Applesauce, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, GF Crackers	11 B: GF Waffles, Turkey Sausage Link, Applesauce Cup, Milk, Syrup L: Chicken Fajita GF Taco, 6" GF Tortilla, Broccoli, Pear Fruit Cup, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: Tropical Fruit Cup, GF Crackers	12 B: GF Bagel, Cream Cheese, Fresh Banana, Milk L: GF Basil Pasta Chicken Salad, GF Penne Pasta, Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: Applesauce Cup, GF Cereal Bar
15	16 B: GF Breakfast Sandwich, Turkey & Cheese, Mandarin Orange Cup, Milk L: Orange Chicken, Brown Rice, Popcorn Chicken, Orange Sauce, Broccoli, Pineapple, Milk S: GF Sun Butter Sandwich EDS: Amazing Chick Pea Chocolate Hummus, GF Graham Crackers	17 B: GF Applesauce Muffin, Orange Wedges, Milk L: GF Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, GF Crackers EDS: Banana, Vanilla Yogurt Cup	18 B: GF Pancake, Turkey Sausage Link, Apple Slices w/cinnamon*, Milk, Syrup L: Chicken Pot Pie, GF Biscuit, Peas & Carrots, Fresh Apple, Milk S: GF Turkey & Cheese Wrap EDS: GF Crackers, 100% Fruit Punch Juice	19 B: GF Biscuit, Fresh Banana, Milk, Jelly L: GF Deli Wrap, GF Tortilla, Spinach, Baby Carrots, Fresh Pear, Milk, Ranch Dressing S: GF Crackers, 100% Apple Juice EDS: GF Sun Butter Bar, Orange Wedges
22 B: GF Blueberry Muffin, Fresh Apple, Milk L: Grilled Chicken GF Sandwich, Potato Tots, Peaches, Milk, Ketchup S: GF Crackers, Applesauce Cup EDS: GF Gingerbread, 100% Grape Juice	23 B: GF Waffles, Turkey Sausage Link, Diced Peach Cup, Milk, Syrup L: Turkey Stroganoff, GF Pasta, Peas & Carrots, Pineapple, Milk S: GF Graham Crackers, Fresh Pear EDS: GF Crackers, Strawberry Applesauce Cup	24 B: GF Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: GF Fish Nuggets, GF Macaroni & Cheese, Roasted Broccoli, Fresh Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, GF Cereal EDS: 100% Apple Juice, GF Graham Crackers	25 B: GF Breakfast Pizza, Mixed Fruit Cup, Milk L: GF Spaghetti w/meat sauce, Ground Turkey w/ sauce, GF Pasta, Zucchini, Applesauce, Milk S: GF Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	26 B: GF Cereal Bowl, Orange Wedges, Milk L: Garden Salad w/Grill Chicken, Spring Mix, Shredded Carrots, Tropical Fruit Cup, Milk, Honey Mustard S: Black Bean Dip, GF Crackers EDS: Fresh Apple, GF Sun Butter Bar
29 B: GF Blueberry Muffin, Fresh Apple, Milk L: GF Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, GF Graham Crackers EDS: Vanilla Yogurt Cup, Fresh Pear	30 B: GF French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti & Meatballs, WG GF Pasta, Green Beans, Peach Cup, Milk S: Strawberry Go Gurt Fresh Banana EDS: GF Crackers, 100% Grape Juice	31 B: Apple Cinnamon GF Oatmeal, Craisins/Raisins, Milk L: Turkey Burger w/GF Bun, Sliced Cheese, Potato Tots, Ketchup, Mixed Fruit, Milk S: Baby Carrots, Hummus EDS: Fresh Apple, GF Crackers		



VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 B: Vegetarian Breakfast Pizza, Diced Pear Cup, Milk L: Teriyaki Tofu, Brown Rice, Steamed Broccoli, Mixed Berries, Milk S: WG Graham Crackers, Fresh Pear EDS: Whole Grain Cheez-its, Strawberry Applesauce Cup	3 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Vegetarian Italian Lasagna, Normandy Blend Vegetables, Fresh Pear, Milk S: Strawberry Banana Yogurt Cup, Granola EDS: Apple Cinnamon Bear Grahams, 100% Apple Juice	4 B: Bagel Sandwich, Egg & Cheese, Fresh Apple, Milk L: Vegetarian Meatball Sub, Green Beans, Peach Cup, Milk, Ranch Dressing S: Multigrain Cheerios, Orange Wedges EDS: Fresh Banana, Jello Cup	5 B: Cereal Bowl, Fresh Banana, Milk L: BBQ Tofu Salad, Whole Grain Roll, Beans, Corn & Tomatoes, Tropical Fruit Cup, Creamy Cilantro Dressing, Milk S: Black Bean Dip, Whole Grain Baked Tortilla Chips, Fresh Apple, Nutri Grain Bar EDS:
8 B: Biscuit, Apple Slices w/cinnamon, Milk, Jelly L: Vegetarian Nuggets, Brown Rice, Normandy Blend Vegetables, Mixed Fruit Cup, Milk, Ketchup S: Strawberry Applesauce Cup, WG Graham Crackers, EDS: Vanilla Yogurt Cup, Fresh Pear	9 B: Cereal Bowl, Orange Wedges, Milk L: Tofu Loaf, Whole Grain Roll, Cauliflower Mashed Potatoes, Pineapple, Milk S: Banana/Strawberry Yogurt Cup, Fresh Banana EDS: WG Cheez-it Crackers, 100% Grape Juice	10 B: English Muffin Sandwich, Egg & Cheese, Diced Peach Cup, Milk L: Vegetarian Chili, Cornbread Muffin, Spinach Salad, Applesauce, Milk, Ranch Dressing S: Baby Carrots, Hummus EDS: Fresh Apple, WG Graham Crackers	11 B: Waffles, Vegetarian Sausage Pattie, Applesauce Cup, Milk, Syrup L: Tofu & Cheese Quesadilla, 6" Tortilla, Mexicali Corn, Orange Wedges, Milk S: 100% Fruit Punch Juice, Cheddar Goldfish Crackers EDS: Tropical Fruit Cup, Animal Crackers	12 B: Bagel, Cream Cheese, Fresh Banana, Milk L: Basil Pasta Salad, Penne Pasta, Baby Carrots, Fresh Apple, Milk, Ranch Dressing S: Traditional Chex Mix, 100% Apple Juice EDS: Applesauce Cup, Cereal Bar
15	16 B: Croissant Sandwich, Egg & Cheese, Mandarin Orange Cup, Milk L: Orange Tofu Stir Fry, Brown Rice, Vegetarian Nuggets, Orange Sauce, Broccoli, Pineapple, Milk S: Sun Butter Sandwich EDS: Amazing ChickPea Chocolate Hummus, WG Graham Crackers	17 B: Apple Cinnamon Muffin, Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fresh Pear, Milk S: 100% Fruit Punch Juice, WG Crackers EDS: WG Apple Cinnamon Muffin, Vanilla Yogurt Cup	18 B: Pancakes, Vegetarian Sausage Pattie, Apple Slices w/cinnamon, Milk, Syrup L: Vegetarian Pot Pie, Whole Grain Biscuit, Peas & Carrots, Orange Wedges, Milk S: Vegetarian Wrap EDS: WG Cheddar Goldfish, 100% Fruit Punch Juice	19 B: Biscuit, Fresh Banana, Milk, Jelly L: Vegetarian Wrap, 8" WG Tortilla, Baby Carrots, Lettuce, Fresh Pear, Milk, Ranch Dressing S: WG Dino Bites, 100% Apple Juice EDS: Granola Bar, Orange Wedges
22 B: Blueberry Muffin, Fresh Apple, Milk L: Vegetarian Burger, Potato Tots, Peaches, Milk, Ketchup S: Cheddar Goldfish Crackers, Applesauce Cup EDS: Ginger Bread Cookie, 100% Grape Juice	23 B: Waffles, Vegetarian Sausage Pattie, Diced Peach Cup, Milk, Syrup L: Vegetarian Stroganoff w/Tofu, Whole Grain Pasta, Peas & Carrots, Pineapple, Milk S: WG Graham Crackers, Fresh Pear EDS: WG Cheez-its, Strawberry Applesauce Cup	24 B: Biscuit Sandwich, Egg & Cheese, Fresh Banana, Milk L: Vegetarian Nuggets, Macaroni & Cheese, Roasted Broccoli, Sliced Apple, Milk, Ketchup S: Strawberry Banana Yogurt Cup, Granola EDS: Apple Cinnamon Bear Grahams, 100% Apple Juice	25 B: Breakfast Pizza, Mixed Fruit Cup, Milk L: Cheese Ravioli, Zucchini, Apple Slices w/cinnamon, Milk S: Multigrain Cheerios, Oranges Wedges EDS: Fresh Banana, Jello Cup	26 B: Cereal Bowl, Orange Wedges, Milk L: Garden Salad Spring Mix, Shredded Carrots, Tropical Fruit Cup, Milk, Ranch Dressing S: Black Bean Dip, Whole Grain Baked Tortilla Chips EDS: Fresh Apple, Nutri Grain Bar
29 B: Blueberry Muffin, Fresh Apple, Milk L: Bean & Cheese Burrito, Mexicali Corn, Mixed Berries, Milk S: Strawberry Applesauce Cup, WG Graham Crackers, EDS: Vanilla Yogurt Cup, Fresh Pear	30 B: French Toast Sticks, Mandarin Orange Cup, Milk, Syrup L: Spaghetti w/Tofu, Whole Grain Pasta, Green Beans, Peach Cup, Milk S: Strawberry Banana Yogurt, Fresh Banana EDS: WG Cheez-its Crackers, 100% Grape Juice	31 B: Apple Cinnamon Oatmeal, Craisins/Raisins, Milk L: Vegetarian Burger w/Bun, Sliced Cheese, Potato Tots, Mixed Fruit, Milk, Ketchup S: Baby Carrots, Hummus EDS: Fresh Apple, Whole Grain Graham Crackers		