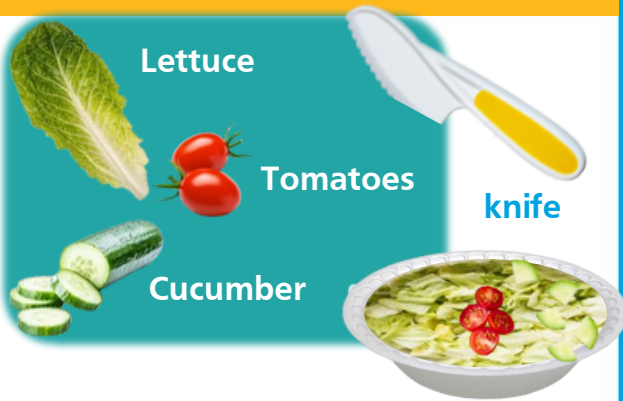




# Garden Salad

## STEP 1



Cut the lettuce, tomatoes, and cucumber. Add them to the bowl.

## STEP 2



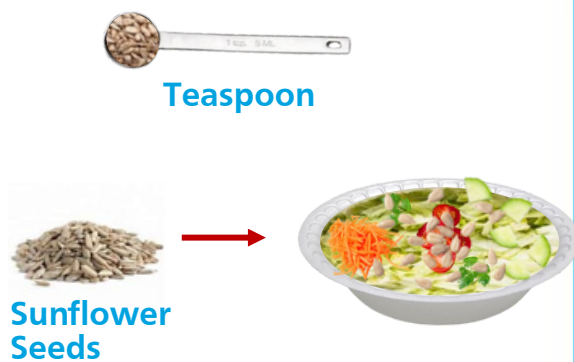
Add 1 Tablespoon carrots to the salad.

## STEP 3



Tear parsley and add to salad.

## STEP 4



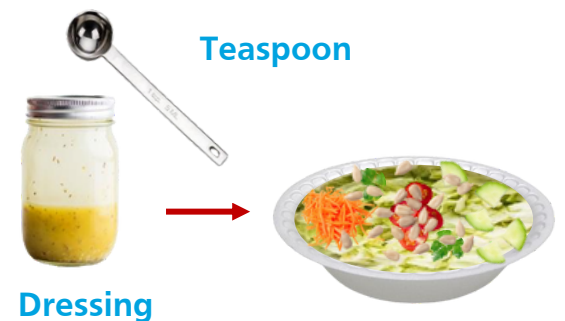
Add 1 Teaspoon sunflower seeds.

## STEP 5



Make the lemon vinaigrette recipe.

## STEP 6



Add 1 Teaspoon dressing and mix.