

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Deli Wrap w/ spinach & carrots, 8" WG Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
4 B: Banana Bread, Applesauce Cup, Milk L: Turkey Stroganoff, Pasta, Fresh Pear, Peas & Carrots, Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Juice	5 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Chicken Curry, Rice, Carrots, Pineapple Panned, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	6 B: Bagel Sandwich, Egg & Cheese, Orange Wedges, Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Black Bean Dip, WG Tortilla Chips EDS: Fresh Banana, Nutri Grain Bar	7 B: Waffles & Syrup, Tropical Fruit Panned, Sausage Link, Milk L: Fish Nuggets Macaroni & Cheese, Fresh Apple, Roasted Broccoli, Ketchup, Milk S: Cheddar Cheese Cubes, WG Cracker EDS: Baby Carrots, Hummus	8 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: Garden Salad w/ Chicken Tenders (Breaded), Tropical Fruit Cup, Spring Mix, Chicken, Shredded Carrots, Honey Mustard, Milk S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
11 B: Blueberry Muffin, Strawberry Applesauce Cup Milk L: Rotini & Meatballs, Whole Grain Rotini Pasta, Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk S: Turkey Pepperoni, WG Crackers EDS: WG Cheez-Its, 100% Juice	12 B: Pancakes & Syrup, Warm Pear Crisp (CHEF), Sausage Link, Milk L: Orange Chicken (Breaded), Popcorn Chicken w/ Sauce, Brown Rice, Broccoli, Pineapples panned, Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	13 B: Bagel Sandwich, Turkey & Cheese, Wedges/ Whole Orange, Milk L: Turkey Chili (CHEF), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail panned, Milk S: Strawberry Applesauce Cup, Traditional Chex Mix EDS: WG Rice Cake, Fresh Apple	14 B: Apple Cinnamon Oatmeal, Tropical Fruit Panned, Milk L: Macaroni & Cheese, Popcorn chicken, Fresh Apple, Green Beans, Milk, Barbque Sauce S: Apple Sauce Cup, Vanilla Bears EDS: Baked Fruit Bar, Yogurt	15 B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: Thai Chicken Salad, Ginger Rice, Spring Mix, tropical Fruit Cup, Thai Dressing, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
18 B: Biscuit, Applesauce Cup, Milk, Jelly L: Cheese Pizza, Glazed Carrots, Fresh Pear, Milk S: Turkey & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	19 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Teriyaki Chicken (Grilled), Brown Rice, Pineapple Panned, Steamed Broccoli, Milk S: Hummus, Baby Carrots EDS: Cheese Stick, Fresh Apple	20 B: Croissant Sandwich, Egg & Cheese, Orange Wedges, Milk L: Chicken & Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Chicken Salad, WG Crackers	21 B: French Toast Sticks, Tropical Fruit Panned, Milk, syrup L: Roasted Turkey w/ Gravy, Green Beans, WG Roll, Warm Pear Crisp S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	22 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Fiesta Corn Salad, Brown Rice, Tropical Fruit Cup, Spinach, Milk, Fiesta Dressing S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
25	26	27	28	29



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk** L: Deli Wrap w/ spinach & carrot, Ranch Dressing, Tropical Fruit Cup, Milk** S: 100% Fruit Punch, GF DF Chips EDS: SunButter Bar GF, Orange Wedges
4 B: GF DF Banana Bread, Applesauce Cup, Milk** L: Turkey Stroganoff, Pear Cups, Peas & Carrots, Milk** S: DF Yogurt, GF Granola EDS: GF Cookies, 100% Juice	5 B: GF DF Breakfast Pizza, Pear Crisp (CHEF), Milk** L: Chicken Curry, Rice, Carrots, Pineapple cup, Milk** S: GF Cookies, Fresh Pear EDS: Mixed Berries, DF Yogurt Parfait, GF Granola	6 B: GF DF Bella Biscuit, Vegan Egg & DF Cheese, Orange Wedges, Milk** L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail cup, Milk** S: Black Bean Dip, GF Chips EDS: Fresh Banana, GF DF SunButter Bar	7 B: GF DF Pancakes & Syrup, Tropical Fruit Panned, Sausage Link, Milk** L: Fish Nuggets, Macaroni & Cheese, Apple Sauce, Roasted Broccoli, Ketchup, Milk** S: Cheddar Cheese Block, GF Crackers EDS: Baby Carrots, Hummus	8 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk** L: Garden Sal. w/ Chick. Tenders, Tropical Fruit Cup, Spring Mix, Chicken strips, Shredded Carrots, Honey Mustard, Milk** S: 100% Orange Tangerine Juice, GF Cookies EDS: Strawberry Applesauce Cup, GF DF SunButter Bar
11 B: DF GF Blueberry Muffin, Strawberry Applesauce Cup, Milk** L: Rotini & Meatballs, Meatballs, Green Beans, Pear Cups, Milk** S: Turkey pepperoni, Crackers GF EDS: GF Chips, 100% Juice	12 B: DF GF Pancakes & Syrup, GF DF Pear Crisp (CHEF), Sausage Link, Milk** L: Orange Chicken (Breaded), Popcorn Chicken w/ Sauce, Brown Rice, Broccoli, Pineapple cup, Milk** S: Pineapple Salsa (CHEF), GF chips EDS: Chocolate Hummus (CHEF), GF Cinnamon Cookies	13 B: DF GF Bella Biscuit, Turkey & DF Cheese, Wedges/ Whole Orange, Milk** L: Turkey Chili (CHEF), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail cup, Milk** S: Strawberry Applesauce Cup, GF Chips EDS: WG GF Rice Cake, Fresh Apple	14 B: DF GF Apl. Cin. Oatmeal, Tropical Fruit Panned, Milk** L: DF Mac & Cheese, Popcorn chicken, Green Beans, Apple Sauce, Milk**, Barbeque sauce S: Apple Sauce Cup, GF Chips EDS: GF Baked Fruit Bar, DF Yogurt	15 B: Cereal Bowl - Cheerios, Fresh Banana, Milk** L: Thai Chicken Salad, Ginger Rice, Spring Mix, Tropical Fruit Cup, Thai Dressing, Milk** S: GF Chips, 100% Apple Juice EDS: GF Cookies, Fresh Pear
18 B: Bella Biscuit, Applesauce Cup, Milk**, Jelly L: DFGF Cheese Pizza, Glazed Carrots, Pear Cups, Milk** S: GF DF Turkey & Cheese Wrap EDS: GF Cookie, 100% Juice	19 B: DF GF Breakfast Pizza, GF DF Pear Crisp (CHEF), Milk** L: Teriyaki Chicken (Grilled), Brown Rice, Pineapple panned, Steamed Broccoli, Milk** S: Hummus, Baby Carrots EDS: GF Cinnamon Cookies, Fresh Apple	20 B: Bella Biscuit GF DF, Vegan Egg & DF Cheese, Orange Wedges, Milk** L: DF Chicken Tacos, Black Beans, Confetti Corn (CHEF), Fruit Cocktail Panned, Milk** S: GF Cookies, Fresh Banana EDS: ChicPea Salad, GF Chips	21 B: GF DF French Toast Sticks, Tropical Fruit Panned, Milk** L: Roasted Turkey w/ Gravy, Green Beans, WG GF DF Roll, Warm Pear Crisp S: GF Sun Butter Sandwich EDS: GF Cookies, Fresh Pear	22 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk** L: Fiesta Corn Salad, Brown Rice, Tropical Fruit Cup, Spinach, Milk**, Fiesta Dressing S: 100% Fruit Punch, GF DF Chips EDS: Sun Butter Bar GF, Orange Wedges
25	26	27	28	29



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
4 B: Cereal Bowl, Fruit Cup, Milk L: Chicken Meatballs, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Cheddar Goldfish (No pretzel), 100% Juice	5 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Tropical Fruit Cup, Shelf Stable Yogurt	6 B: Cereal Bowl, Fresh Pear, Milk L: Beef Pepper Steak, Milk S: Yogurt, WG Crackers EDS: Fresh Banana, Apple Cinnamon Bears	7 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Baby Carrots, WG Cheez-Its EDS: Baby Carrots, WG Cheez-Its	8 B: Cereal Bowl, Fresh Banana, Milk L: Stuffed Beef Cabbage, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Mott's Applesauce Cup, WG Crackers
11 B: Cereal Bowl, Fruit Cup, Milk L: Beef Pepper Steak, Milk S: Mott's Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez - Its, 100% Juice	12 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	13 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Shelf- Stable Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Mott's Applesauce Cup	14 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Goulash, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	15 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
18 B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Motts Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	19 B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez It, Baby Carrots	20 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	21 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	22 B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
25	26	27	28	29



VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Hummus wrap w/ spinach & car., Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Fresh Orange/ Wedges
4 B: Banana Bread, Applesauce Cup, Milk L: Veggie Stroganoff, Pasta, Fresh Pear, Peas & Carrots, Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Juice	5 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Tofu Curry, Rice, Carrots, Pineapple Panned, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	6 B: Bagel Sandwich, Egg & Cheese, Orange Wedges, Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Black Bean Dip, WG Tortilla Chips EDS: Fresh Banana, Nutri Grain Bar	7 B: Waffles & Syrup, Tropical Fruit Cup, Beyond sausage, Milk L: Veggie Nuggets, Macaroni & Cheese, Fresh Apple, Roasted Broccoli, Ketchup, Milk S: Cheddar Cheese Block, WG Cracker EDS: Baby Carrots, Hummus	8 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: Garden Salad w/ Tofu, Tropical Fruit Cup, Spring Mix, Italian Tofu, Shredded Carrots, Milk, Honey Mustard S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
11 B: Blueberry Muffin, Strawberry Applesauce Cup Milk L: Rotini & Veggie Meat, Whole Grain Rotini Pasta Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk S: Tofu bites, WG Crackers EDS: WG Cheez-Its, 100% Juice	12 B: Pancakes & Syrup, Warm Pear Crisp (CHEF), Beyond sausage Milk L: Orange Tofu, Tofu w/ Sauce, Brown Rice, Broccoli, Pineapples panned, Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	13 B: Bagel Sandwich, Cheese Orange Wedges, Milk L: Veggie Chili (CHEF), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail panned, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: WG Rice Cake, Fresh Apple	14 B: Apple Cinnamon Oatmeal, Tropical Fruit Cup, Milk L: Macaroni & Cheese, Tofu, Fresh Apple, Green Beans, Milk, Barbecue Sauce S: Apple Sauce Cup, Vanilla Bears EDS: Baked Fruit Bar, Yogurt	15 B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: Thai Tofu Salad, Ginger Rice, Spring Mix, tropical Fruit Cup, Thai Dressing, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
18 B: Biscuit, Applesauce Cup, Milk, Jelly L: Cheese Pizza, Glazed Carrots, Fresh Pear, Milk S: Hummus spinach & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	19 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Teriyaki Tofu (Grilled), Brown Rice, Pineapple Panned, Steamed Broccoli, Milk S: Hummus, Baby Carrots EDS: Cheese Stick, Fresh Apple	20 B: Croissant Sandwich, Egg & Cheese, Orange Wedges Milk L: Beans & Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: ChicPea Salad, WG Crackers	21 B: French Toast Sticks, Tropical Fruit Cup, Milk L: Roasted Tofu w/ Gravy, Green Beans, WG Roll, Warm Pear Crisp S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	22 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Fiesta Corn Salad Brown Rice, tropical Fruit Cup, Spinach, Milk, Fiesta Dressing S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
25	26	27	28	29