

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 B: Apple cinnamon Muffin, Strawberry Applesauce Cup, Milk L: Sesame Chicken (Breaded), Brown Rice, Pineapple Panned, Broccoli, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	4 B: English Muffin Sandwich, Turkey & Cheese, Orange Wedges, Milk L: Chicken Calabasa, Fajita Chicken, corn, squash, peppers, Jicama Salad (CHEF), Fruit Cocktail panned, Spanish Rice, Milk S: Black Bean Dip, WG Tortilla Chips EDS: Fresh Banana, Nutri Grain Bar	5 B: Cheese Omelet, WG Biscuit, Tropical Fruit Canned, Milk L: Turkey Meatloaf w/ Glaze, WG Roll, Fresh Apple, Cauliflower Mash Potatoes, Green Beans, Milk S: Cheddar Cheese Cubes, WG Cracker EDS: Baby Carrots, Hummus	6 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: BBQ Smoked Turkey Salad, WG Roll, Tropical Fruit Cup, Beans, Corn, & Tomatoes, Spring Mix, Cilantro Dressing, Milk S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
9 B: Bagel, Applesauce Cup, Milk, Jelly L: Chicken Penne Alfredo, Broccoli, Fresh Pear, Milk S: Turkey Pepperoni, WG Crackers EDS: WG Cheez - Its, 100% Juice	10 B: Turkey Egg Bites., Warm Pear Crisp (CHEF), Milk L: Chicken Lo Mein, Normandy Blend, Pineapple Panned, Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	11 B: Biscuit Sandwich, Egg & Cheese, / Orange Wedges, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail panned, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: WG Rice Cake, Fresh Apple	12 B: Pancakes & Syrup, Tropical Fruit Canned, Sausage, Milk L: Chicken Fried Chicken & Gravy, Dinner Roll, Cauliflower Mash Potatoes, Green Beans, Fresh Apple, Milk S: Applesauce Cup, Vanilla Bears EDS: Baked Fruit Bar, Yogurt	13 B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: Basil Pesto Pasta chk. Salad, Tropical Fruit Cup, Baby Carrots, Spinach, Ranch Dressing, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
16 B: French Toast Sticks, Strawberry Applesauce Cup, Milk L: Meatball Sub, Meatballs, Fresh Pear, Green Beans, Milk S: Turkey & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	17 B: Blueberry Oatmeal bake, Warm Pear Crisp (CHEF), Milk L: Turkey Stir Fry, Normandy Blend, Pineapple Panned, Brown Rice, Milk S: Hummus, Baby Carrots EDS: Cheese Stick, Fresh Apple	18 B: Croissant Sandwich, Turkey & Cheese, Orange Wedges, Milk L: Chicken Fajita Taco, Confetti Corn (CHEF), WG Tortilla 6", Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Chicken Salad, WG Crackers	19 B: Potato & Egg Taco, WG Tortilla 6", Tropical Fruit Canned, Milk, Salsa L: Chicken Pot Pie, WG Biscuit, Fresh Apple, Milk S: SunButter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	20 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Deli Wrap w/ spinach & carrots, 8" WG Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Fresh Orange/ Wedges
23 B: Banana Bread, Applesauce Cup, Milk L: Turkey Stroganoff, Pasta, Fresh Pear, Peas & Carrots, Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Juice	24 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Chicken Curry, Rice, Carrots, Pineapple Panned, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	25 B: Bagel Sandwich, Egg & Cheese, Orange Wedges, / Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Black Bean Dip, WG Tortilla Chips EDS: Fresh Banana, Nutri Grain Bar	26 B: Waffles & Syrup, Tropical Fruit Canned, Sausage Link, Milk L: Fish Nuggets Macaroni & Cheese, Fresh Apple, Roasted Broccoli, Ketchup, Milk S: Cheddar Cheese Cubes, WG Cracker EDS: Baby Carrots, Hummus	27 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: Garden Salad w/ Chicken Tenders (Breaded), Tropical Fruit Cup, Spring Mix, Chicken, Shredded Carrots, Honey Mustard, Milk S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
30 B: Blueberry Muffin, Strawberry Applesauce Cup, Milk L: Rotini & Meatballs, Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk S: Turkey Pepperoni, WG Crackers EDS: WG Cheez - Its, 100% Juice				



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 B: DF GF Apple cinnamon Muffin, Strawberry Applesauce Cup, Milk** L: Sesame Chicken (Breaded), Brown Rice, Pineapple cup, Broccoli, Milk** S: GF Cookies, Fresh Pear EDS: Mixed Berries, Yogurt Parfait DF, Granola GF	4 B: Bella Biscuit GF DF, Turkey & DF Cheese, Wedges/ Whole Orange, Milk** L: Chicken Calabasa, Fajita Chicken, corn, squash, peppers, Jicama Salad (CHEF), Fruit Cocktail cup, Spanish Rice, Milk** S: Black Bean Dip, GF Chips EDS: Fresh Banana, GF DF SunButter Bar	5 B: GF,EF,DF, Cheese Omelet, WG Biscuit, Tropical Fruit Canned, Milk** L: Turkey Meatloaf w/ Glaze, WG Roll, Apple Sauce, Cauliflower Mash Potatoes, Green Beans, Milk ** S: Cheddar Cheese Block, GF Crackers EDS: Baby Carrots, Hummus	6 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk** L: BBQ Smoked turkey Salad, Whole Grain Roll, Tropical Fruit Cup, Beans, Corn, & Tomatoes, Spring Mix, Cilantro Dressing, Milk** S: 100% Orange Tangerine Juice, GF Cookies EDS: Strawberry Applesauce Cup, GF DF SunButter Bar
9 B: Bagel, Applesauce Cup, Jelly, Milk** L: DF Chck. Penne Alfr., Broccoli, Pear Cups, Milk** S: Turkey pepperoni, Crackers GF EDS: GF Chips, 100% Juice	10 B: GF,DF Turkey Egg Bites,...., GF DF Pear Crisp (CHEF), Milk** L: Chicken Lo Mein, Normandy Blend, Pineapple cup, Milk** S: Pineapple Salsa (CHEF), GF chips EDS: Chocolate Hummus (CHEF), GF Cinnamon Cookies	11 B: GF DF Bella Biscuit, Vegan Egg &DF Cheese, Orange Wedges/, Milk** L: DF Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail cup, Milk** S: Strawberry Applesauce Cup, GF Chips EDS: WG GF Rice Cake, Fresh Apple	12 B: GF DF Pancakes & Syrup, Tropical Fruit Canned, Sausage, Milk** L: Chicken Fried Chicken & Gravy, Dinner Roll, DF Cauli Mash Potato, Green Beans, Applesauce , Milk ** S: Apple Sauce Cup, GF Chips EDS: GF Baked Fruit Bar, DF Yogurt	13 B: Cereal Bowl - Cheerios, Fresh Banana, Milk** L: DF Pesto Pasta, Tropical Fruit Cup, Baby Carrots, Spinach, Ranch Dressing, Milk ** S: GF Chips, 100% Apple Juice EDS: GF Cookies, Fresh Pear
16 B: GF DF French Toast Sticks, Strawberry Applesauce Cup, Milk** L: DF Meatball Sub, Meatballs, Pear Cups, Green Beans, Milk** S: GF DF Turkey & Cheese Wrap EDS: GF Cookie, 100% Juice	17 B: GF DF Blueberry Oatmeal, GF DF Pear Crisp (CHEF), Milk** L: Turkey Stir Fry, Normandy Blend, Pineapple cup, Brown Rice, Milk** S: Hummus, Baby Carrots EDS: GF Cinnamon Cookies, Fresh Apple	18 B: GF DF Bella Biscuit, Turkey & DF Cheese, Orange Wedges, Milk** L: Chicken Fajita Taco, Confetti Corn, Fruit Cocktail cup, Milk** S: GF Cookies, Fresh Banana EDS: ChicPea Salad, GF Chips	19 B: Potato & Egg Taco, WG Tortilla, Tropical Fruit Canned, Salsa, Milk** L: Chicken Pot Pie, WG Biscuit, Apple Sauce, Milk** S: GF SunButter Sandwich EDS: GF cookies, Fresh Pear	20 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk** L: Deli Wrap w/ spinach & carrot, Ranch Dressing, Tropical Fruit Cup, Milk** S: 100% Fruit Punch, GF DF Chips EDS: SunButter Bar GF, Fresh Orange/ Wedges
23 B: GF DF Banana Bread, Applesauce Cup, Milk** L: Turkey Stroganoff, Pear Cups, Peas & Carrots, Milk** S: DF Yogurt, GF Granola EDS: GF Cookies, 100% Juice	24 B: GF DF Breakfast Pizza, Pear Crisp (CHEF), Milk** L: Chicken Curry, Rice, Carrots, Pineapple cup, Milk** S: GF Cookies, Fresh Pear EDS: Mixed Berries, DF Yogurt Parfait, GF Granola	25 B: GF DF Bella Biscuit, Vegan Egg & DF Cheese, Orange Wedges/, Milk** L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail cup, Milk** S: Black Bean Dip, GF Chips EDS: Fresh Banana, GF DF SunButter Bar	26 B: GF DF Pancakes & Syrup, Tropical Fruit Canned, Sausage Link, Milk** L: Fish Nuggets, Macaroni & Cheese, Apple Sauce, Roasted Broccoli, Ketchup, Milk ** S: Cheddar Cheese Block, GF Crackers EDS: Baby Carrots, Hummus	27 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk** L: Garden Sal. w/ Chick. Tenders, Tropical Fruit Cup, Spring Mix, Chicken strips, Shredded Carrots, Honey Mustard, Milk** S: 100% Orange Tangerine Juice, GF Cookies EDS: Strawberry Applesauce Cup, GF DF SunButter Bar
30 B: DF GF Blueberry Muffin, Strawberry Applesauce Cup, Milk** L: Rotini & Meatballs, Green Beans, Pear Cups, Milk** S: Turkey pepperoni, Crackers GF EDS: GF Chips, 100% Juice				



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 B: Packaged Muffin, Fruit Cup, Milk L: Beef Cholent, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Tropical Fruit Cup, Shelf Stable Yogurt	4 B: Cereal Bowl, Fresh Pear, Milk L: Chicken Soup, Milk S: Yogurt, WG Crackers EDS: Fresh Banana, Apple Cinnamon Bears	5 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Baby Carrots, WG Cheez-Its EDS: Baby Carrots, WG Cheez-Its	6 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Motts Applesauce Cup, WG Crackers
9 B: Cereal Bowl, Fruit Cup, Milk L: Beef Goulash, Milk S: Motts Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez - It, 100% Juice	10 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	11 B: Cereal Bowl, Fresh Pear, Milk L: Beef and Lamb Kabob, Milk S: Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Motts Applesauce Cup	12 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Soup, Milk S: Motts Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	13 B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
16 B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Motts Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	17 B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez It, Baby Carrots	18 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	19 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	20 B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
23 B: Cereal Bowl, Fruit Cup, Milk L: Chicken Meatballs, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Cheddar Goldfish (No pretzel), 100% Juice	24 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Tropical Fruit Cup, Shelf Stable Yogurt	25 B: Cereal Bowl, Fresh Pear, Milk L: Beef Pepper Steak, Milk S: Yogurt, WG Crackers EDS: Fresh Banana, Apple Cinnamon Bears	26 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Baby Carrots, WG Cheez-Its EDS: Baby Carrots, WG Cheez-Its	27 B: Cereal Bowl, Fresh Banana, Milk L: Stuffed Beef Cabbage, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Motts Applesauce Cup, WG Crackers
30 B: Cereal Bowl, Fruit Cup, Milk L: Beef Pepper Steak, Milk S: Motts Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez-Its, 100% Juice				



VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 B: Apple cinnamon Muffin, Strawberry Applesauce Cup, Milk L: Sesame Tofu (Breaded), Brown Rice, Pineapple Panned, Broccoli, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	4 B: English Muffin Sandwich, Cheese, Orange Wedges/, Milk L: Tofu Calabaza, corn, squash, peppers, Jicama Salad (CHEF), Fruit Cocktail panned, Spanish Rice, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Fresh Banana, Nutri Grain Bar	5 B: Cheese Omelet, WG Biscuit, Tropical Fruit Cup, Milk L: Veggie Meatloaf w/ Glaze, WG Roll, Fresh Apple, Cauliflower Mash Potatoes, Green Beans, Milk S: Cheddar Cheese Block, WG Cracker EDS: Baby Carrots, Hummus	6 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: BBQ Tofu Salad, Whole Grain Roll, Tropical Fruit Cup, Beans, Corn, & Tomatoes, Spring Mix, Cilantro Dressing, Milk S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
9 B: Bagel, Applesauce Cup, Jelly, Milk L: Veggie Penne Alfredo, Broccoli, Fresh Pear, Milk S: Tofu bites, WG Crackers EDS: WG Cheez-Its, 100% Juice	10 B: Cheese Egg Bites, , Warm Pear Crisp (CHEF), Milk L: Tofu Lo Mein, Normandy Blend, Pineapple Panned, Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	11 B: Biscuit Sandwich, Cheese, Orange Wedges/ e, Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail panned, Milk S: Strawberry Applesauce Cup, Traditional Chex Mix EDS: WG Rice Cake, Fresh Apple	12 B: Pancakes & Syrup, Tropical Fruit Cup, Beyond sausage, Milk L: Vegetarian nuggets, Dinner Roll, Cauliflower Mash Potatoes, Green Beans, Fresh Apple, Milk S: Applesauce e Cup, Vanilla Bears EDS: Baked Fruit Bar, Yogurt	13 B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: Basil Pesto Salad Tofu, Tropical Fruit Cup, Baby Carrots, Spinach, Ranch Dressing, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
16 B: French Toast Sticks, Strawberry Applesauce Cup, Milk L: Pizza Sub on WG Bun, Veggie meat marinara, Fresh Pear, Green Beans, Milk S: Hummus spinach & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	17 B: Blueberry Oatmeal, Warm Pear Crisp (CHEF), Milk L: Tofu Stir Fry, Normandy Blend, Pineapple Panned, Brown Rice, Milk S: Hummus, Baby Carrots EDS: Cheese Stick, Fresh Apple	18 B: Croissant Sandwich, Cheese, Orange Wedges/, Milk L: Veggie Taco, Confetti Corn (CHEF), WG Tortilla 6", Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: ChicPea Salad, WG Crackers	19 B: Potato & Egg taco, Tropical Fruit Cup, Salsa, Milk L: Veggie Pot Pie, WG Biscuit, Fresh Apple, Milk S: SunButter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	20 B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Hummus wrap w/ spinach & car., Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Fresh Orange/ Wedges
23 B: Banana Bread, Applesauce Cup, Milk L: Veggie Stroganoff, Pasta, Fresh Pear, Peas & Carrots, Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Juice	24 B: Breakfast Pizza, Warm Pear Crisp (CHEF), Milk L: Tofu Curry, Rice, Carrots, Pineapple Panned, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: Mixed Berries, Yogurt Parfait, Granola	25 B: Bagel Sandwich, Egg & Cheese, Orange Wedges/, Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Black Bean Dip, WG Tortilla Chips EDS: Fresh Banana, Nutri Grain Bar	26 B: Waffles & Syrup, Tropical Fruit Cup, Beyond sausage, Milk L: Veggie Nuggets, Macaroni & Cheese, Fresh Apple, Roasted Broccoli, Ketchup, Milk S: Cheddar Cheese Block, WG Cracker EDS: Baby Carrots, Hummus	27 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, Milk L: Garden Salad w/ Tofu, Tropical Fruit Cup, Spring Mix, Italian Tofu, Shredded Carrots, Milk, Honey Mustard S: 100% Orange Tangerine Juice, Vanilla Bears EDS: Strawberry Applesauce Cup, Cereal Bar
30 B: Blueberry Muffin, Strawberry Applesauce Cup, Milk L: Rotini & Veggie Meat WG Rotini Pasta, Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk S: Tofu bites, WG Crackers EDS: WG Cheez-Its, 100% Juice				