

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>3</b>	<p>B: French Toast Sticks, Strawberry Applesauce Cup, Milk</p> <p>L: Meatball Sub, Meatballs, Fresh Pear, Green Beans, Milk</p> <p>S: Turkey &amp; Cheese Wrap</p> <p>EDS: Ginger Bread Cookie, 100% Juice</p>	<b>4</b>	<p>B: Blueberry Oatmeal, Warm apple Crisp (CHEF), Milk</p> <p>L: Turkey Stir Fry, Normandy Blend, Pineapple Panned, Brown Rice, Milk</p> <p>S: Applesauce Cup, Cheddar Goldfish</p> <p>EDS: Cheese Stick, Fresh Apple</p>	<b>5</b>	<p>B: Croissant Sandwich, Turkey &amp; Cheese, Orange Wedges, Milk</p> <p>L: Chicken Taco, Confetti Corn (CHEF), WG Tortilla 6", Fruit Cocktail panned, Milk</p> <p>S: Apple Cinnamon Bears, Fresh Banana</p> <p>EDS: Chicken Salad, WG Crackers</p>	<b>6</b>	<p>B: Breakfast Burrito, Tropical Fruit Panned, Milk, Salsa</p> <p>L: Chicken Pot Pie, WG Biscuit, Fresh Apple, Milk</p> <p>S: SunButter Sandwich</p> <p>EDS: Apple Cinnamon Bears, Fresh Pear</p>	<b>7</b>	<p>B: Cereal Bowl - Rice Chex, Fresh Banana, Milk</p> <p>L: Deli Wrap w/ spinach &amp; carrots, 8" WG Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk</p> <p>S: 100% Fruit Punch, Cheddar Goldfish</p> <p>EDS: Nutrigrain Bar, Fresh Orange/ Wedges</p>
<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
<b>17</b>	<p>B: Blueberry Muffin, Strawberry Applesauce Cup Milk</p> <p>L: Rotini &amp; Meatballs, Whole Grain Rotini Pasta, Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk</p> <p>S: Turkey Pepperoni, WG Crackers</p> <p>EDS: WG Cheez-Its, 100% Juice</p>	<b>18</b>	<p>B: Pancakes &amp; Syrup, Warm Apple Crisp (CHEF), Sausage Link, Milk</p> <p>L: Orange Chicken (Breaded), Popcorn Chicken w/ Sauce, Brown Rice, Broccoli, Pineapples panned, Milk</p> <p>S: Pineapple Salsa (CHEF), WG Tortilla Chips</p> <p>EDS: Chocolate Hummus (CHEF), WG Graham Cracker</p>	<b>19</b>	<p>B: Bagel Sandwich, Turkey &amp; Cheese, Wedges/ Whole Orange, Milk</p> <p>L: Chicken Chili (CHEF) w/ cheese, Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail panned, Milk</p> <p>S: Strawberry Applesauce Cup, Traditional Chex Mix</p> <p>EDS: WG Rice Cake, Fresh Apple</p>	<b>20</b>	<p>B: Spiced Pear Oatmeal, Tropical Fruit Panned, Milk</p> <p>L: Macaroni &amp; Cheese, Popcorn chicken, Fresh Apple, Green Beans, Milk, Barbecue Sauce</p> <p>S: Apple Sauce Cup, Vanilla Bears</p> <p>EDS: Nutrigrain Bar, Yogurt</p>	<b>21</b>	<p>B: Cereal Bowl - Cheerios, Fresh Banana, Milk</p> <p>L: Thai Chicken Salad, Ginger Rice, Spring Mix, tropical Fruit Cup, Thai Dressing, Milk</p> <p>S: WG Cheez Its, 100% Apple Juice</p> <p>EDS: Animal Crackers, Fresh Pear</p>
<b>24</b>	<p>B: Biscuit, Applesauce Cup, Milk, Jelly</p> <p>L: Cheese Pizza, Glazed Carrots, Fresh Pear, Milk</p> <p>S: Turkey &amp; Cheese Wrap</p> <p>EDS: Ginger Bread Cookie, 100% Juice</p>	<b>25</b>	<p>B: Breakfast Pizza, Warm Apple Crisp (CHEF), Milk</p> <p>L: Teriyaki Chicken (Grilled), Brown Rice, Pineapple Panned, Steamed Broccoli, Milk</p> <p>S: Applesauce Cup, Cheddar Goldfish</p> <p>EDS: Cheese Stick, Fresh Apple</p>	<b>26</b>	<p>B: Croissant Sandwich, Egg &amp; Cheese, Orange Wedges, Milk</p> <p>L: Chicken &amp; Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail panned, Milk</p> <p>S: Apple Cinnamon Bears, Fresh Banana</p> <p>EDS: Chicken Salad, WG Crackers</p>	<b>27</b>	<p>B: French Toast Sticks, Tropical Fruit Panned, Milk, syrup</p> <p>L: Turkey Burger w/ Cheese on WG Bun, Potato Tots, Fresh Apple, Ketchup, Milk</p> <p>S: Sun Butter Sandwich</p> <p>EDS: Apple Cinnamon Bears, Fresh Pear</p>	<b>28</b>	<p>B: Cereal Bowl - Rice Chex, Fresh Banana, Milk</p> <p>L: Fiesta Corn Salad, Brown Rice, Tropical Fruit Cup, Spinach, Milk, Fiesta Dressing</p> <p>S: 100% Fruit Punch, Cheddar Goldfish</p> <p>EDS: Nutrigrain Bar, Orange Wedges</p>
<b>31</b>	<p>B: Apple Cinnamon Muffin, Strawberry Applesauce Cup, Milk</p> <p>L: Lasagna, Normandy Blend, Fresh Pear, Milk</p> <p>S: Yogurt, Granola</p> <p>EDS: Vanilla Bears, 100% Juice</p>								



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> B: GF DF French Toast Sticks, Strawberry Applesauce Cup, Milk** L: DF Meatball Sub, Meatballs, Pear Cups, Green Beans, Milk** S: GF DF Turkey & Cheese Wrap EDS: GF Cookie, 100% Juice	<b>4</b> B: GF DF Blueberry Oatmeal, GF DF Apple Crisp (CHEF), Milk** L: Turkey Stir Fry, Normandy Blend, Pineapple cup, Brown Rice, Milk** S: Applesauce Cup, GF tortilla chips EDS: GF Cinnamon Cookies, Fresh Apple	<b>5</b> B: GF DF Bella Biscuit, Turkey & DF Cheese, Orange Wedges, Milk** L: Chicken Taco, Confetti Corn, Fruit Cocktail cup, Milk** S: GF Cookies, Fresh Banana EDS: ChicPea Salad, GF Chips	<b>6</b> B: Potato & Egg Taco, WG Tortilla, Tropical Fruit Panned, Salsa, Milk** L: Chicken Pot Pie, WG Biscuit, Apple Sauce, Milk** S: GF SunButter Sandwich EDS: GF cookies, Fresh Pear	<b>7</b> B: Cereal Bowl - Rice Chex, Fresh Banana, Milk** L: Deli Wrap w/ spinach & carrot, Ranch Dressing, Tropical Fruit Cup, Milk** S: 100% Fruit Punch, GF DF Chips EDS: SunButter Bar GF, Fresh Orange/ Wedges
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b> B: DF GF Blueberry Muffin, Strawberry Applesauce Cup, Milk** L: Rotini & Meatballs, Meatballs, Green Beans, Pear Cups, Milk** S: Turkey pepperoni, Crackers GF EDS: GF Chips, 100% Juice	<b>18</b> B: DF GF Pancakes & Syrup, GF DF Apple Crisp (CHEF), Sausage Link, Milk** L: Orange Chicken (grilled), w/ Sauce, Brown Rice, Broccoli, Pineapple cup, Milk** S: Pineapple Salsa (CHEF), GF chips EDS: Chocolate Hummus (CHEF), GF Cinnamon Cookies	<b>19</b> B: DF GF Bella Biscuit, Turkey & DF Cheese, Wedges/ Whole Orange, Milk** L: Chicken Chili (CHEF), GF Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail cup, Milk** S: Strawberry Applesauce Cup, GF Chips EDS: WG GF Rice Cake, Fresh Apple	<b>20</b> B: DF GF Apl. Cin. Oatmeal, Tropical Fruit Panned, Milk** L: DF Mac & Cheese, chicken, Green Beans, Apple Sauce, Milk**, Barbeque sauce S: Apple Sauce Cup, GF Chips EDS: GF Baked Fruit Bar, DF Yogurt	<b>21</b> B: Cereal Bowl - Cheerios, Fresh Banana, Milk** L: Thai Chicken Salad, Ginger Rice, Spring Mix, Tropical Fruit Cup, Thai Dressing, Milk** S: GF Chips, 100% Apple Juice EDS: GF Cookies, Fresh Pear
<b>24</b> B: Bella Biscuit, Applesauce Cup, Milk**, Jelly L: DFGF Cheese Pizza, Glazed Carrots, Pear Cups, Milk** S: GF DF Turkey & Cheese Wrap EDS: GF Cookie, 100% Juice	<b>25</b> B: DF GF Breakfast Pizza, GF DF Apple Crisp (CHEF), Milk** L: Teriyaki Chicken (Grilled), Brown Rice, Pineapple panned, Steamed Broccoli, Milk** S: Applesauce Cup, GF Tortilla Chips EDS: GF Cinnamon Cookies, Fresh Apple	<b>26</b> B: Bella Biscuit GF DF, Vegan Egg & DF Cheese, Orange Wedges, Milk** L: Bean and DF Cheese Taco on GF Tortilla., Black Beans, Confetti Corn (CHEF), Fruit Cocktail Panned, Milk** S: GF Cookies, Fresh Banana EDS: ChicPea Salad, GF Chips	<b>27</b> B: GF DF French Toast Sticks, Tropical Fruit Panned, Milk** L: Turkey Burger w/ GF Bun, DF Cheese, Potato Tots, Fresh Apple, Milk S: GF Sun Butter Sandwich EDS: GF Cookies, Fresh Pear	<b>28</b> B: Cereal Bowl - Rice Chex, Fresh Banana, Milk** L: Fiesta Corn Salad, Brown Rice, Tropical Fruit Cup, Spinach, Milk**, Fiesta Dressing S: 100% Fruit Punch, GF DF Chips EDS: Sun Butter Bar GF, Orange Wedges
<b>31</b> B: Apple Cinnamon Muffin, Strawberry Applesauce Cup, Milk** L: Rotini & Meatballs, Normandy Blend, Pear Cups, Milk** S: DF Yogurt, GF Granola EDS: GF Cookies, 100% Juice				



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	<b>4</b> B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, Baby Carrots	<b>5</b> B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	<b>6</b> B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	<b>7</b> B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b> B: Cereal Bowl, Fruit Cup, Milk L: Beef Pepper Steak, Milk S: Mott's Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez Its, 100% Juice	<b>18</b> B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	<b>19</b> B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Shelf- Stable Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Mott's Applesauce Cup	<b>20</b> B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Goulash, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	<b>21</b> B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
<b>24</b> B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	<b>25</b> B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, Baby Carrots	<b>26</b> B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	<b>27</b> B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	<b>28</b> B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
<b>31</b> B: Cereal Bowl, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Cheddar Goldfish (No pretzel), 100% Juice				



## VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> B: French Toast Sticks, Strawberry Applesauce Cup, Milk L: Pizza Sub on WG Bun, Veggie meat marinara, Fresh Pear, Green Beans, Milk S: Hummus spinach & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	<b>4</b> B: Blueberry Oatmeal, Warm Apple Crisp (CHEF), Milk L: Tofu Stir Fry, Normandy Blend, Pineapple Panned, Brown Rice, Milk S: Applesauce Cups, Cheddar Goldfish EDS: Cheese Stick, Fresh Apple	<b>5</b> B: Croissant Sandwich, Cheese, Orange Wedges/, Milk L: Veggie Taco, Confetti Corn (CHEF), WG Tortilla 6", Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: ChicPea Salad, WG Crackers	<b>6</b> B: Potato & Egg taco, Tropical Fruit Cup, Salsa, Milk L: Veggie Pot Pie, WG Biscuit, Fresh Apple, Milk S: SunButter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	<b>7</b> B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Hummus wrap w/ spinach & car., Tortilla, Tropical Fruit Cup, Ranch Dressing, Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Nutrigrain Bar, Fresh Orange/ Wedges
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>17</b> B: Blueberry Muffin, Strawberry Applesauce Cup Milk L: Rotini & Veggie Meat, Whole Grain Rotini Pasta Marinara Pasta Sauce, Green Beans, Fresh Pear, Milk S: Tofu bites, WG Crackers EDS: WG Cheez Its, 100% Juice	<b>18</b> B: Pancakes & Syrup, Warm AppleCrisp (CHEF), Beyond sausage Milk L: Orange Tofu, Tofu w/ Sauce, Brown Rice, Broccoli, Pineapples panned, Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	<b>19</b> B: Bagel Sandwich, Cheese Orange Wedges, Milk L: Veggie Chili (CHEF), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail panned, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: WG Rice Cake, Fresh Apple	<b>20</b> B: Apple Cinnamon Oatmeal, Tropical Fruit Cup, Milk L: Macaroni & Cheese, Tofu, Fresh Apple, Green Beans, Milk, Barbecue Sauce S: Apple Sauce Cup, Vanilla Bears EDS: Baked Fruit Bar, Yogurt	<b>21</b> B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: Thai Tofu Salad, Ginger Rice, Spring Mix, tropical Fruit Cup, Thai Dressing, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
<b>24</b> B: Biscuit, Applesauce Cup, Milk, Jelly L: Cheese Pizza, Glazed Carrots, Fresh Pear, Milk S: Hummus spinach & Cheese Wrap EDS: Ginger Bread Cookie, 100% Juice	<b>25</b> B: Breakfast Pizza, Warm Apple Crisp (CHEF), Milk L: Teriyaki Tofu (Grilled), Brown Rice, Pineapple Panned, Steamed Broccoli, Milk S: Applesauce Cup, cheddar goldfish EDS: Cheese Stick, Fresh Apple	<b>26</b> B: Croissant Sandwich, Egg & Cheese, Orange Wedges Milk L: Beans & Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: Apple Cinnamon Bears, Fresh Banana EDS: ChicPea Salad, WG Crackers	<b>27</b> B: French Toast Sticks, Tropical Fruit Cup, Milk L: Veggie Shepherds Pie, WG Roll, Apple, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	<b>28</b> B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Fiesta Corn Salad Brown Rice, tropical Fruit Cup, Spinach, Milk, Fiesta Dressing S: 100% Fruit Punch, Cheddar Goldfish EDS: Nutrigrain Bar, Orange Wedges
<b>31</b> B: Apple Cinnamon Muffin, Strawberry Applesauce Cup, Milk L: Lasagna, Normandy Blend, Fresh Pear, Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Juice				