

|    | MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   |
|----|--|--|---|--|--|
|    |  |  |   |  | 1  |
| 4  |  | 5  | 6   | 7  | 8  |
| 11 |  | 12   | 13  | 14   | 15   |
| 18 | <p>B: Biscuit, Applesauce Cup, 1% Milk, Jelly</p> <p>L: Chicken Penne Alfredo, Broccoli, Fresh Pear, 1% Milk</p> <p>S: Turkey Pepperoni, WG Crackers</p> <p>EDS: Cheese Sticks, WG Crackers</p>  | <p>19</p> <p>B: WG Breakfast Pizza, Warm Apple Crisp, 1% Milk</p> <p>L: Ginger Turkey Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapple (panned), 1% Milk</p> <p>S: Pineapple Salsa (CHEF), WG Tortilla Chips</p> <p>EDS: Chocolate Hummus (CHEF), WG Graham Cracker</p> | <p>20</p> <p>B: WG Chicken Biscuit, OrangeWedges , 1% Milk</p> <p>L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), 1% Milk</p> <p>S: Strawberry Apple Sauce Cup, Traditional Chex Mix</p> <p>EDS: Yogurt, Granola, Mixed Berries</p> | <p>21</p> <p>B: WG Spiced Pear Oatmeal, Tropical Fruit Panned, 1% Milk</p> <p>L: Turkey ala king, WG Biscuit, Fresh Apple, 1% Milk</p> <p>S: Baby Carrots, Yogurt Tzatziki Sauce</p> <p>EDS: Nutrigrain Bar, Yogurt</p>  | <p>22</p> <p>B: WG Blueberry Chex, Fresh Banana, 1% Milk</p> <p>L: Buffalo Chicken Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, 1% Milk</p> <p>S: WG Cheez Its, 100% Apple Juice</p> <p>EDS: Animal Crackers, Fresh Pear</p> |
| 25 | <p>B: WG French Toast Sticks, Applesauce Cup, 1% Milk, Syrup</p> <p>L: Turkey Stroganoff, Pasta, Ground Turkey, Peas &amp; Carrots, Fresh Pear, 1% Milk</p> <p>S: WG Tortilla 6", Turkey &amp; Cheese</p> <p>EDS: Graham Crackers, Fresh Apple</p> | <p>26</p> <p>B: Cheese Omelet, Warm Apple Crisp, Biscuit, 1% Milk</p> <p>L: Teriyaki Chicken, Broccoli, Brown Rice, Pineapple (panned), 1% Milk</p> <p>S: Apples, WG Graham Crackers</p> <p>EDS: WG Cheez - Its, 100% Grape Juice</p>  | <p>27</p> <p>B: WG Kolache, Wedges Orange, 1% Milk</p> <p>L: Chicken &amp; Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), 1% Milk</p> <p>S: Apple Cinnamon Bears, Fresh Banana</p> <p>EDS: Fresh Banana, Nutrigrain Bar</p>      | <p>28</p> <p>B: WG Pancakes, Turkey Sausage Link, Tropical Fruit Panned, 1% Milk, Syrup</p> <p>L: Buffalo Chicken Sandwich, Whole Grain Bun, Chicken Patty, Sweet Potato Tots, Fresh Apple, Buffalo, Ranch Dressing, Dill Relish, 1% Milk</p> <p>S: Caramel Rice Cakes, Chocolate Hummus (CHEF)</p> <p>EDS: Apple Cinnamon Bears, Fresh Pear</p> | <p>29</p> <p>B: WG Cheerios, Fresh Banana, 1% Milk</p> <p>L: Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, 1% Milk</p> <p>S: 100% Fruit Punch, Cheddar Goldfish</p> <p>EDS: Oat Bar, Orange Wedges</p>   |

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
|  |  |  |  | 1   |
| 4  | 5  | 6  | 7  | 8   |
|  |  |  |  |   |
| 11   | 12   | 13   | 14   | 15  |
|  |  |  |  |   |
| <b>18</b><br>B: Bella Biscuit, Applesauce Cup, Milk<br>L: GF Chicken Penne Alfredo, Chicken Penne Alfredo, Broccoli, Fresh Pear, Milk<br>S: Turkey Pepperoni, GF Tortilla Chips<br>EDS: Cheese Sticks, GF Tortilla Chips | <b>19</b><br>B: GF B-Free Pizza, GF Apple Crisp, Milk<br>L: GF Ginger Turkey Stir-Fry, Ginger Turkey Stir-Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, Milk<br>S: Pineapple Salsa (CHEF), GF Tortilla Chips<br>EDS: Chocolate Hummus (CHEF), GF Cookie | <b>20</b><br>B: Chicken Bella Biscuit, Wedges Orange, Milk<br>L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk<br>S: Strawberry Apple Sauce Cup, GF Cookie<br>EDS: Yogurt, Granola, Mixed Berries                  | <b>21</b><br>B: GF Spiced Pear Oatmeal, Tropical Fruit Canned, Milk<br>L: GF Turkey a la King, Turkey ala king(Recipes), Bella Biscuit, Fresh Apple, Milk<br>S: Baby Carrots, Yogurt Tzatziki Sauce<br>EDS: Sunbutter Bar, Yogurt  | <b>22</b><br>B: Cereal Bowl - Blueberry Chex, Fresh Banana, Milk<br>L: Buffalo Chicken Salad Sandwich, Buffalo Chicken Salad, GF Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, Milk<br>S: GF Tortilla Chips, 100% Apple Juice<br>EDS: GF Cookie, Fresh Pear |
| <b>25</b><br>B: GF French Toast, Applesauce Cup, Syrup, Milk<br>L: GF Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, Milk<br>S: Turkey & Cheese on GF Tortilla<br>EDS: GF Cookie, Fresh Apple                         | <b>26</b><br>B: Cheese Omelet, GF Apple Crisp, WG Biscuit, Milk<br>L: Teriyaki Chicken, Brown Rice, Pineapple (panned), Milk<br>S: Apples, GF Cookie<br>EDS: GF Tortilla Chips, 100% Grape Juice   | <b>27</b><br>B: Turkey Sausage w/ Bella Biscuit, Wedges Orange, Milk<br>L: Chicken & Cheese Tamales, Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk<br>S: GF Cookie, Fresh Banana<br>EDS: Fresh Banana, Sunbutter Bar | <b>28</b><br>B: GF Pancakes, Sausage Link, Tropical Fruit Canned, Syrup, Milk<br>L: Grilled Chicken Buffalo Sandwich, GF Bun, Grilled Chicken Patty, Sweet Potato Tots, sliced Pickles, Fresh Apple, Ranch Dressing, Milk<br>S: GF Cookie, Chocolate Hummus (CHEF)<br>EDS: GF Cookie, Fresh Pear | <b>29</b><br>B: Cereal Bowl - Cheerios, Fresh Banana, Milk<br>L: GF Italian Pasta Salad, Tropical Fruit Cup, Spring Mix, Ranch Dressing, Milk<br>S: 100% Fruit Punch, GF Tortilla Chips<br>EDS: Sunbutter Bar, Orange Wedges  |

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|--|---|---|--|
|  |  |   |   | 1  |
| 4  | 5  | 6   | 7   | 8  |
| 11   | 12   | 13  | 14  | 15   |
| <b>18</b><br>B: Cereal Bowl, Fruit Cup, Milk<br>L: Beef Pepper Steak, Milk<br>S: Mott's Applesauce Cup, Cheddar Goldfish (No pretzel)<br>EDS: WG Cheez - Its, 100% Juice | <b>19</b><br>B: Packaged Muffin, Fruit Cup, Milk<br>L: Chicken Soup, Milk<br>S: 100% Fruit Juice, WG Tortilla Chips<br>EDS: Fruit Cup, WG Graham Cracker | <b>20</b><br>B: Cereal Bowl, Fresh Pear, Milk<br>L: Filet Salmon, Milk<br>S: Shelf- Stable Yogurt, Traditional Chex Mix<br>EDS: WG Rice Cake, Mott's Applesauce Cup | <b>21</b><br>B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk<br>L: Beef Goulash, Milk<br>S: Mott's Applesauce Cup, Vanilla Bears<br>EDS: Traditional Chex Mix, Shelf Stable Yogurt | <b>22</b><br>B: Cereal Bowl, Fresh Banana, Milk<br>L: Roasted Chicken, Milk<br>S: WG Cheez Its, 100% Fruit Juice<br>EDS: Animal Crackers, Fresh Pear                         |
| <b>25</b><br>B: Cereal Bowl, Fruit Cup, Milk<br>L: Beef and Lamb Kabob, Milk<br>S: Applesauce Cup, Vanilla Bears<br>EDS: Vanilla Bears, 100% Juice                       | <b>26</b><br>B: Packaged Muffin, Fruit Cup, Milk<br>L: Stuffed Chicken, Milk<br>S: Traditional Chex Mix, Baby Carrots<br>EDS: WG Cheez Its, Baby Carrots | <b>27</b><br>B: Cereal Bowl, Fresh Pear, Milk<br>L: Beef Stuffed Cabbage, Milk<br>S: Apple Cinnamon Bears, 100% Fruit Juice<br>EDS: Fruit Cup, WG Crackers          | <b>28</b><br>B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk<br>L: Chicken Meatballs, Milk<br>S: Sun Butter Sandwich<br>EDS: Apple Cinnamon Bears, Fresh Pear                      | <b>29</b><br>B: Cereal Bowl, Fresh Banana, Milk<br>L: Beef Pepper Steak, Milk<br>S: 100% Fruit Juice, Cheddar Goldfish (No pretzel)<br>EDS: Traditional Chex Mix, 100% Juice |

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|--|--|
|  |  |  |  | 1  |
| 4  | 5  | 6  | 7  | 8  |
| 11   | 12   | 13   | 14   | 15   |
| <b>18</b><br>B: Bella Biscuit, Applesauce Cup, Milk Alternative<br>L: Tofu Alfredo, Broccoli, Fresh Pear, Milk Alternative<br>S: Tofu Bites, GF Tortilla Chips<br>EDS: DF Cheese, GF Tortilla Chips                  | <b>19</b><br>B: Bagel Pizza w/ DF Cheese, Warm Apple Crisp, Milk Alternative<br>L: Ginger Tofu Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, Milk Alternative<br>S: Pineapple Salsa (CHEF ), WG Tortilla Chips<br>EDS: Chocolate Hummus (CHEF), GF Cookie | <b>20</b><br>B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative<br>L: Bean & DF Cheese Taco, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk Alternative<br>S: Strawberry Apple Sauce Cup, Traditional Chex Mix<br>EDS: DF Yogurt, GF Granola, Mixed Berries | <b>21</b><br>B: Spiced Pear Oatmeal, Tropical Fruit (panned), Milk Alternative<br>L: Tofu a la King, Bella Biscuit, Fresh Apple, Milk Alternative<br>S: Baby Carrots, Hummus<br>EDS: Sunbutter Bar, DF Yogurt  | <b>22</b><br>B: Vegan Cereal, Fresh Banana, Milk Alternative<br>L: Buffalo Chickpea Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative<br>S: GF Tortilla Chips, 100% Apple Juice<br>EDS: Animal Crackers, Fresh Pear |
| <b>25</b><br>B: French Toast Sticks, Applesauce Cup, Milk Alternative, Syrup<br>L: Tofu Stroganoff, Pasta, Peas & Carrots, Fresh Pear, Milk Alternative<br>S: Hummus & DF Cheese Wrap<br>EDS: GF Cookie, Fresh Apple | <b>26</b><br>B: Veg Egg & DF Cheese, Warm Apple Crisp, Bella Biscuit, Milk Alternative<br>L: Teriyaki Tofu, Brown Rice, Pineapple (panned), Milk Alternative<br>S: Apples, Sunbutter Bar<br>EDS: GF Tortilla Chips, 100% Grape Juice   | <b>27</b><br>B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative<br>L: Bean & DF Cheese Taco, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk Alternative<br>S: GF Cookie, Fresh Banana<br>EDS: Fresh Banana, Sunbutter Bar                           | <b>28</b><br>B: Pancakes & Syrup, Veg Sausage, Tropical Fruit (panned), Milk Alternative<br>L: Buffalo Sandwich w/ Beyond Meat, Whole Grain Bun, Beyond Veg Patty, Sweet Potato Tots, sliced Pickles, Fresh Apple, DF Ranch Dressing, Milk Alternative<br>S: Apples, Chocolate Hummus (CHEF)<br>EDS: GF Cookie, Fresh Pear | <b>29</b><br>B: Vegan Cereal, Fresh Banana, Milk Alternative<br>L: Veg Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, Milk Alternative<br>S: 100% Fruit Punch, GF Tortilla Chips<br>EDS: Sunbutter Bar, Orange Wedges      |