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October 2025







GENERAL DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		B: WG Chicken Biscuit, Orange Wedges, **Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), **Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Mixed Berries	B: WG Spiced Pear Oatmeal, Tropical Fruit (panned), **Milk L: Turkey ala king, WG Biscuit, Fresh Apple, **Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Nutrigrain Bar, Yogurt	B: WG Blueberry Chex, Fresh Banana, **Milk L: Buffalo Chicken Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, **Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
B: WG French Toast Sticks, Applesauce Cup, **Milk, Syrup L: Turkey Stroganoff, Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, **Milk S: WG Tortilla 6", Turkey & Cheese EDS: Graham Crackers, Fresh Apple	7 B: Egg & Cheese Omelet, Warm Apple Crisp, Biscuit, **Milk L: Teriyaki Chicken, Broccoli, Brown Rice, Pineapple (panned), **Milk S: Apples, WG Graham Crackers EDS: WG Cheez - Its, 100% Grape Juice	B: WG Kolache, Orange Wedges, **Milk L: Chicken & Cheese Tamales, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), **Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Fresh Banana, Nutrigrain Bar	9 B: WG Pancakes, Turkey Sausage Link, Tropical Fruit (panned), **Milk, Syrup L: Buffalo Chicken Sandwich, WG Bun, Chicken Patty, Sweet Potato Tots, Fresh Apple, Buffalo, Ranch Dressing, Dill Relish, **Milk S: Caramel Rice Cakes, Chocolate Hummus (CHEF) EDS: Apple Cinnamon Bears, Fresh Pear	B: WG Cheerios, Fresh Banana, **Milk L: Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, **Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
13	B: WG Chicken Waffle Sandwich, Warm Apple Crisp, **Milk L: Chicken Curry w/ Rice, Coconut Rice, Ginger Carrots, Pineapple (panned), **Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	B: Croissant Sandwich, Egg & Cheese, Wedges, Orange, **Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail (panned), **Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, WG Crackers	B: WG Pancake on a Stick, Syrup, Tropical Fruit Panned, **Millk L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Fresh Apple S: Cheddar Cheese Blocks, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	B: WG Cinnamon Chex, Fresh Banana, **Milk L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Thai Dressing, **Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
B: WG Bagel, Applesauce Cup, **Milk, Jelly L: Rotini & Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, **Milk S: Turkey Pepperoni, WG Crackers EDS: Cheese Sticks, WG Crackers	B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, **Milk, ketchup L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), **Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	B: Biscuit Sandwich, Turkey Sausage patty, Egg & Cheese, Orange Wedges, **Milk L: Chicken Chili (Chef), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail (panned), **Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Mixed Berries	B: WG Waffle, Tropical Fruit Panned, Turkey Sausage, **Milk, Syrup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, **Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Nutrigrain Bar, Yogurt	B: WG Cheerios, Fresh Banana, **Milk L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, **Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
B: WG Orange Muffin, Applesauce Cup, **Milk L: Cheese Pizza, Glazed Carrots, Fresh Pear,	B: WG Chicken Kolache, Warm Apple Crisp, **Milk L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), **Milk S: Apples, WG Graham Crackers EDS: WG Cheez - Its, 100% Grape Juice	B: Croissant Sandwich, Chicken Sausage patty & Cheese, Orange Wedges, **Milk L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail (panned), **Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Fresh Banana, Nutrigrain Bar	B: WG Breakfast Burrito, Egg, Turkey, & Cheese, Tropical Fruit Panned, **Milk, salsa L: Popcorn Chicken wf Porccoil Casserole, Fresh Apple, Barbeque Sauce, **Milk S: Caramel Rice Cakes, Chocolate Hummus (CHEF) EDS: Apple Cinnamon Bears, Fresh Pear	B: WG Rice Chex, Fresh Banana, **Milk L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, **Milk, Parmesan Cheese, Caesar Dressing S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges



October 2025





GLUTEN & DAIRY FREE DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		B: Chicken Bella Biscuit, Orange Wedges, Milk L: Bean & DF Cheese Taco, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk S: Strawberry Apple Sauce Cup, GF Cookie EDS: Yogurt, Granola, Mixed Berries	B: GF Spiced Pear Oatmeal, Tropical Fruit (panned), Milk L: GF Turkey a la King, Turkey ala king(Recipes), Bella Biscuit, Fresh Apple, Milk S: Baby Carrots, DF Yogurt Tzatziki Sauce EDS: Sunbutter Bar, Yogurt	B: Cereal Bowl - Blueberry Chex, Fresh Banana, Milk L: Buffalo Chicken Salad Sandwich, Buffalo Chicken Salad, GF Bun, Celery Sticks, Tropical Fruit Cup, DF Ranch Dressing, Milk S: GF Tortilla Chips, 100% Apple Juice EDS: GF Cookie, Fresh Pear
6 B: GF French Toast, Applesauce Cup, Syrup, Milk L: GF DF Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, Milk S: Turkey & DF Cheese on GF Tortilla EDS: GF Cookie, Fresh Apple	7 B: DF Cheese Omelet, GF Apple Crisp, GF Biscuit, Milk L: Teriyaki Chicken, Brown Rice, Pineapple (panned), Milk S: Apples, GF Cookie EDS: GF Tortilla Chips, 100% Grape Juice	B: Turkey Sausage w/ Bella Biscuit, Wedges Orange, Milk L: Bean & DF Cheese Taco, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	9 B: GF Pancakes, Sausage Link, Tropical Fruit Canned, Syrup, Milk L: Grilled Chicken Buffalo Sandwich, GF Bun, Grilled Chicken Patty, Sweet Potato Tots, sliced Pickles, Fresh Apple, DF Ranch Dressing, Milk S: GF Cookie, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: GF Italian Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, Milk S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
13	B: Chicken GF Pancake, GF Apple Crisp, Milk L: GF Chicken Curry w/ Rice, Chicken Curry, Coconut Rice Recipe, Ginger Carrots, Pineapple Panned, Milk S: GF Cookie, Fresh Pear EDS: GF Cookie, Fresh Apple	B: Bella Biscuit, Egg & DF Cheese, Orange Wedges, Milk L: GF Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, GF Tortilla Chips	B: GF Pancake & Sausage, Syrup, Tropical Fruit Canned, Milk L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, Milk S: Cheddar Cheese Blocks, GF Tortilla Chips EDS: GF Cookie, 100% Apple Juice	B: Cereal Bowl - Cinnamon Chex, Fresh Banana, Milk L: GF Thai Chicken Salad, Fajita Chicken, Coleslaw Veggie Mix, GF Noodles, Tropical Fruit Cup, Thai Dressing, Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Sunbutter Bar
B: Bella Biscuit, Applesauce a, Milk, Jelly L: GF Rotini & Meatballs, Meatballs, GF Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, Milk S: Turkey Pepperoni, GF Tortilla Chips EDS: Cheese Sticks, GF Tortilla Chips	B: Turkey Egg Bites, GF Apple Crisp, Country Potatoes, Milk, ketchup L: GF Chicken Lo Mein w/ Coconut aminos, Chicken Lo Mein, Normandy Blend, Pineapple (panned), Milk S: Pineapple Salsa (CHEF), GF Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	B: Bella Biscuit Sandwich, Turkey Sausage patty, Egg & DF Cheese, Orange Wedges, Milk L: Chicken Chili (Chef), Chili, GF Muffin/Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), Milk S: Strawberry Apple Sauce Cup, GF Cookie EDS: Yogurt, Granola, Mixed Berries	B: GF Pancakes, Tropical Fruit Canned, Sausage, Milk, Syrup L: Grilled Chicken w/ GF Gravy, GF Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Sunbutter Bar, Yogurt	B: Cereal Bowl - Cheerios, Fresh Banana, Milk L: GF Basil Pesto Pasta Salad w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, Milk S: GF Tortilla Chips, 100% Apple Juice EDS: GF Cookie, Fresh Pear
B: GF Orange Muffin, Applesauce Cup, Milk L: B-Free GF Pizza, DF Cheese Pizza, Glazed Carrots, Fresh Pear, Milk S: Turkey & Cheese on GF Tortilla EDS: GF Cookie, Fresh Apple	28 B: Turkey Sausage w/ Bella Biscuit, GF Apple Crisp, Milk L: Orange Tofu GF, Brown Rice, Broccoli, Pineapples (panned), Milk S: Apples, GF Cookie EDS: GF Tortilla Chips, 100% Grape Juice	B: Bella Biscuit, Chicken Sausage patty & DF Cheese, Wedges, Orange, Milk L: Chicken Taco, Ground Chicken, Corn Tortilla (GF), Confetti Corn (CHEF), Fruit Cocktail panned, Milk S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	B: GF Bean & DF Cheese Taco, Tropical Fruit Canned, milk, salsa L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Fresh Apple, DF Ranch Dressing, Milk S: GF Cookie, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	B: Cereal Bowl - Rice Chex, Fresh Banana, Milk L: Chicken Caesar Salad, Grilled Chicken diced, GF Roll/Bella Biscuit, Fresh Apple, Spring Mix, Milk, Parmesan Cheese, Caesar Dressing S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges



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October 2025





KOSHER DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Shelf- Stable Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Mott's Applesauce Cup	B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Goulash, Milk S: Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
6 B: Cereal Bowl, Fruit Cup, Milk L: Beef and Lamb Kabob, Milk S: Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	7 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, Baby Carrots	8 B: Cereal Bowl, Fresh Pear, Milk L: Beef Stuffed Cabbage, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Meatballs, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
13	B: Packaged Muffin, Fruit Cup, Milk L: Beef Cholent, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	B: Cereal Bowl, Fresh Pear, Milk L: Chicken Soup, Milk S: Fruit Cup, WG Tortilla Chips EDS: Fresh Banana, WG Crackers	B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Fruit Cup, WG Crackers EDS: Apple Cinnamon Bears, 100% Apple Juice, Cheez Its	B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Strawberry Apple Sauce Cup, Cereal Bar
B: Cereal Bowl, Fruit Cup, Milk L: Beef Goulash, Milk S: Applesauce Cup, WG Crackers EDS: WG Crackers, 100% Juice	B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	B: Cereal Bowl, Fresh Pear, Milk L: Beef and Lamb Kabob, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Fruit Cup	B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Soup, Milk S: Applesauce Cup, Vanilla Bears EDS: Nutrigrain Bar, Yogurt	B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Applesauce Cup, Vanilla Bears EDS: Graham Crackers, Fresh Apple	B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, 100% Juice	B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fresh Banana, Nutrigrain Bar	B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Oat Bar, 100% Juice



October 2025





VEGETARIAN DIET

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative L: Bean & DF Cheese Taco, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk Alternative S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: DF Yogurt, GF Granola, Mixed Berries	B: Spiced Pear Oatmeal, Tropical Fruit (panned), Milk Alternative L: Tofu a la King, Bella Biscuit, Fresh Apple, Milk Alternative S: Baby Carrots, Hummus EDS: Sunbutter Bar, DF Yogurt	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Buffalo Chickpea Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative S: GF Tortilla Chips, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
6 B: French Toast Sticks, Applesauce Cup, Milk Alternative, Syrup L: Tofu Stroganoff, Pasta, Peas & Carrots, Fresh Pear, Milk Alternative S: Hummus & DF Cheese Wrap EDS: GF Cookie, Fresh Apple	7 B: Veg Egg & DF Cheese, Warm Apple Crisp, Bella Biscuit, Milk Alternative L: Teriyaki Tofu, Brown Rice, Pineapple (panned), Milk Alternative S: Apples, Sunbutter Bar EDS: GF Tortilla Chips, 100% Grape Juice	B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative L: Bean & DF Cheese Taco, Black Beans, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk Alternative S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	B: Pancakes & Syrup, Veg Sausage, Tropical Fruit (panned), Milk Alternative L: Buffalo Sandwich w/ Beyond Meat, Whole Grain Bun, Beyond Veg Patty, Sweet Potato Tots, sliced Pickles, Fresh Apple, DF Ranch Dressing, Milk Alternative S: Apples, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Veg Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, Milk Alternative S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
13	B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative L: Tofu Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Milk Alternative S: Sunbutter Bar, Fresh Pear EDS: Sunbutter Bar, Fresh Apple	B: Bella Biscuit, Veg Egg & DF Cheese, Wedges, Orange, Milk Alternative L: Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk Alternative S: Black Bean Dip, WG Tortilla Chips EDS: Chickpea Salad, GF Tortilla Chips	B: GF Pancake & Veg Sausage, Syrup, Tropical Fruit Canned, Milk Alternative L: Veg Chick'n Tenders, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, Milk Alternative S: DF Cheese, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Thai Tofu Salad, Tofu, Coleslaw Veggie Mix, Noodles, Tropical Fruit Cup, Thai Dressing, Milk Alternative S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
B: Bagel, Applesauce Cup, Milk Alternative, Jelly L: Rotini w/ Veg Meat Crumbles, Whole Grain Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies,Fresh Pear, Milk Alternative S: Tofu Bites, GF Tortilla Chips EDS: DF Cheese, GF Tortilla Chips	21 B: Veg Egg & Veg Sausage, Warm Apple Crisp, Country Potatoes, Milk Alternative, ketchup L: Tofu Lo Mein, Normandy Blend, Pineapple (panned), Milk Alternative S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	B: Bella Biscuit, Veg Sausage, DF Cheese, Orange Wedges, Milk Alternative L: Veg Chili (Chef), Chili, Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), Milk Alternative S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: DF Yogurt, GF Granola, Mixed Berries	B: GF Pancake & Veg Sausage, Tropical Fruit Canned, Milk Alternative L: Veg Chick'n Patty w/ GF DF Gravy, WG Dinner Roll, DF Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, Milk Alternative S: Baby Carrots, Hummus EDS: Sunbutter Bar, DF Yogurt	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Basil Pesto Pasta Salad w/ Tofu, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative S: GF Tortilla Chips, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
B: GF Muffin, Applesauce Cup, Milk Alternative L: Bagel Pizza w/ DF Cheese, Glazed Carrots, Fresh Pear, Milk Alternative S: Hummus & DF Cheese Wrap EDS: GF Cookie, Fresh Apple	B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative L: Orange Tofu, Brown Rice, Broccoli, Pineapples panned, Milk Alternative S: Apples, Sunbutter Bar EDS: GF Tortilla Chips, 100% Grape Juice	B: Bella Biscuit, Veg Sausage & DF Cheese, Wedges, Orange, Milk Alternative L: Veg Taco w/ Veg Crumbles, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail panned, Milk Alternative S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	B: Bean & DF Cheese Taco, Tropical Fruit Canned, Milk Alternative, salsa L: Veg Chick'n w/ Broccoli Casserole, Broccoli & Rice DF Cheese Casserole, Fresh Apple, Barbeque Sauce, Milk Alternative S: Apples, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Veg Chick'n Caesar Salad, WG Roll, Fresh Apple, Spring Mix, Milk Alternative, DF Ranch Dressing S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges



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October 2025





INFANT DIET

		INFANT DIET		SERVING SOUTHWEST TEXAS
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Peaches L: 0-11 Mnths: IFIF/BM Beef &/or IFIC Carrots &/or Mangos S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Apples	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Bananas L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Green Beans &/or Pears S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Peaches	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Mangos L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Turkey &/or IFIC Green Beans &/or Peaches S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Pears &/or Sweet Potatoes	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Pears L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Sweet Potatoes &/or Apples S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Bananas &/or Squash
B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Apples L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken ∨ IFIC Squash ∨ Bananas S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers ∨ IFIC Carrots ∨ Mangos	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Peaches L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Beef &/or IFIC Carrots &/or Mangos S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Apples	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Bananas L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Green Beans &/or Pears S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Peaches	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Mangos L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Turkey &/or IFIC Green Beans &/or Peaches S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Pears &/or Sweet Potatoes	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Pears L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Sweet Potatoes &/or Apples S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Bananas &/or Squash
B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Apples L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Squash &/or Bananas S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or Bananas	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Peaches L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Beef &/or IFIC Carrots &/or Mangos S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM G-11 Mnths: IFIF/BM G-17 Mnths: IFIF/BM	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Bananas L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Green Beans &/or Pears S: 0-5 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Peaches	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Mangos L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Turkey &/or IFIC Green Beans &/or Peaches S: 0-5 Mnths: IFIF/BM WG Crackers &/or IFIC Pears &/or Sweet Potatoes	B: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM IFIC Pears L: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Sweet Potatoes &/or Apples S: 0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Bananas &/or Squash