

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	B: WG Blueberry Muffin, Applesauce Cup, 1% Milk L: Lasagna Rolls w/ Sauce, Italian blend Veggies, Fresh Pear, 1% Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Orange Juice	6 B: WG Chicken Waffle Sandwich, Warm Apple Crisp, 1% Milk L: Chicken Curry w/ Rice, Coconut Rice, Ginger Carrots, Pineapple (panned), 1% Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	7 B: Egg & Cheese Croissant Sandwich, Orange Wedges, 1% Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail (panned), 1% Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, WG Crackers	8 B: WG Turkey Pancake on a Stick, Syrup, Tropical Fruit Panned, 1% Milk L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Fresh Apple S: Cheddar Cheese Blocks, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	9 B: WG Cinnamon Chex, Fresh Banana, 1% Milk L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Thai Dressing, 1% Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
12	B: WG Bagel, Applesauce Cup, 1% Milk, Jelly L: Rotini & Turkey Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, 1% Milk S: Turkey Pepperoni, WG Crackers EDS: Cheese Sticks, WG Crackers	13 B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, 1% Milk, ketchup L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), 1% Milk S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	14 B: Turkey Sausage, Egg & Cheese Biscuit Sandwich, Orange Wedges, 1% Milk L: Chicken Chili (Chef), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail (panned), 1% Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Strawberry cup	15 B: WG Waffle, Tropical Fruit Panned, Turkey Sausage, 1% Milk, Syrup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, 1% Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: NutriGrain Bar, Yogurt	16 B: WG Cheerios, Fresh Banana, 1% Milk L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, 1% Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
19		21 B: WG Chicken Kolache, Warm Apple Crisp, 1% Milk L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), 1% Milk S: Apples, WG Graham Crackers EDS: WG Cheez - Its, 100% Grape Juice	22 B: Chicken Sausage & Cheese Croissant Sandwich, Orange Wedges, 1% Milk L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail (panned), 1% Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Fresh Banana, NutriGrain Bar	23 B: WG Breakfast Burrito, Egg, Turkey Sausage, & Cheese, Tropical Fruit Panned, 1% Milk, salsa L: Popcorn Chicken w/ Broccoli Casserole, Fresh Apple, Barbeque Sauce, 1% Milk S: Caramel Rice Cakes, Chocolate Hummus (CHEF) EDS: Apple Cinnamon Bears, Fresh Pear	24 B: WG Rice Chex, Fresh Banana, 1% Milk L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, 1% Milk, Parmesan Cheese, Caesar Dressing S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
26	B: WG Banana Bread, Applesauce Cup, 1% Milk L: Turkey Meatball Sub, WG Hoagie, Fresh Pear, Green Beans, 1% Milk S: Yogurt, Granola EDS: Vanilla Bears, 100% Orange Juice	27 B: WG Turkey Sausage Breakfast Pizza, Warm Apple Crisp, 1% Milk L: Sesame Chicken, Brown Rice, Broccoli, Pineapple (panned), 1% Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	28 B: WG Egg & Cheese Bagel Sandwich, Orange Wedges, 1% Milk L: Chicken Calabasa, corn, squash, peppers, Jicama Salad (CHEF), Fruit Cocktail panned, Spanish Rice, 1% Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, WG Crackers	29 B: WG Turkey Pancake on a Stick, Tropical Fruit Panned, 1% Milk L: Turkey Shepherd's Pie w/ Cauli Mash, WG Roll, Fresh Apple, 1% Milk S: Cheddar Cheese Blocks, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	30 B: WG Multigrain Cheerios, Fresh Banana, 1% Milk L: Fiesta Corn Salad w/ Chicken, Tortilla Chips, Spinach and Shredded cheese, Tropical Fruit Cup, Fiesta Dressing, 1% Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 B: GF Blueberry Muffin, Applesauce Cup, Milk L: GF Pasta w/ Meatsauce, Italian blend Veggies, Fresh Pear, Milk S: Yogurt, GF Granola EDS: GF Cookie, 100% Orange Juice	6 B: Chicken GF Pancake, GF Apple Crisp, Milk L: GF Chicken Curry w/ Rice, Chicken Curry, Coconut Rice Recipe, Ginger Carrots, Pineapple Panned, Milk S: GF Cookie, Fresh Pear EDS: GF Cookie, Fresh Apple	7 B: Bella Biscuit, Egg & DF Cheese, Orange Wedges, Milk L: GF Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, GF Tortilla Chips	8 B: GF Pancake & Sausage, Syrup, Tropical Fruit Canned, Milk L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, Milk S: Cheddar Cheese Blocks, GF Tortilla Chips EDS: GF Cookie, 100% Apple Juice	9 B: Cereal Bowl - Cinnamon Chex, Fresh Banana, Milk L: GF Thai Chicken Salad, Fajita Chicken, Coleslaw Veggie Mix, GF Noodles, Tropical Fruit Cup, Thai Dressing, Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Sunbutter Bar
12 B: Bella Biscuit, Applesauce a, **Milk, Jelly L: GF Rotini & Meatballs, Meatballs, GF Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, **Milk S: Turkey Pepperoni, GF Tortilla Chips EDS: Cheese Sticks, GF Tortilla Chips	13 B: Turkey Egg Bites, GF Apple Crisp, Country Potatoes, **Milk, ketchup L: GF Chicken Lo Mein w/ Coconut aminos, Chicken Lo Mein, Normandy Blend, Pineapple (panned), **Milk S: Pineapple Salsa (CHEF), GF Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	14 B: Bella Biscuit Sandwich, Turkey Sausage patty, Egg & DF Cheese, Orange Wedges, **Milk L: Chicken Chili (Chef), Chili, GF Muffin/Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), **Milk S: Strawberry Apple Sauce Cup, GF Cookie EDS: Yogurt, Granola, Strawberry Cup	15 B: GF Pancakes, Tropical Fruit Canned, Sausage, **Milk, Syrup L: Grilled Chicken w/ GF Gravy, GF Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, **Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Sunbutter Bar, Yogurt	16 B: Cereal Bowl - Cheerios, Fresh Banana, **Milk L: GF Basil Pesto Pasta Salad w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, **Milk S: GF Tortilla Chips, 100% Apple Juice EDS: GF Cookie, Fresh Pear
19	20 B: Turkey Sausage w/ Bella Biscuit, GF Apple Crisp, **Milk L: Orange Tofu GF, Brown Rice, Broccoli, Pineapples (panned), **Milk S: Apples, GF Cookie EDS: GF Tortilla Chips, 100% Grape Juice	21 B: Bella Biscuit, Chicken Sausage patty & DF Cheese, Wedges, Orange, **Milk L: Chicken Taco, Ground Chicken, Corn Tortilla (GF), Confetti Corn (CHEF), Fruit Cocktail panned, **Milk S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	22 B: GF Bean & DF Cheese Taco, Tropical Fruit Canned, **Milk, salsa L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Fresh Apple, DF Ranch Dressing, **Milk S: GF Cookie, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	23 B: Cereal Bowl - Rice Chex, Fresh Banana, **Milk L: Chicken Caesar Salad, Grilled Chicken diced, GF Roll/Bella Biscuit, Fresh Apple, Spring Mix, **Milk, Parmesan Cheese, Caesar Dressing S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
26 B: GF Banana Muffin, Applesauce Cup, **Milk L: GF Chicken Sandwich, Grilled Chicken, GF Roll, Fresh Pear, Green Beans, **Milk S: Yogurt, GF Granola EDS: GF Cookie, 100% Orange Juice	27 B: B-Free Pizza, GF Apple Crisp, **Milk L: Grilled Chicken w/ Coconut Aminos, Brown Rice, Broccoli, Pineapple Panned, **Milk S: GF Cookie, Fresh Pear EDS: GF Cookie, Fresh Apple	28 B: Bella Biscuit Sandwich, Egg & Cheese, Wedges, Orange, **Milk L: Chicken Calabasa, Chicken, corn, squash, peppers, Jicama Salad (CHEF), Fruit Cocktail panned, Spanish Rice, **Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, GF Tortilla Chips	29 B: GF Pancake & Turkey Sausage, Tropical Fruit Canned, **Milk L: Shepherd's Pie w/ Cauli Mash, Shepherd's Pie, GF Roll, Fresh Apple, **Milk S: Cheddar Cheese Blocks, GF Tortilla Chips EDS: GF Cookie, 100% Apple Juice	30 B: Cereal Bowl - Multi Grain Cheerios, Fresh Banana, **Milk L: Fiesta Corn Salad w/ Chicken, tortilla Chips, Spinach and Shredded cheese, Tropical Fruit Cup, Fiesta Dressing S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Sunbutter Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 B: Cereal Bowl, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Cheddar Goldfish (No pretzel), 100% Juice	6 B: Packaged Muffin, Fruit Cup, Milk L: Beef Cholent, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	7 B: Cereal Bowl, Fresh Pear, Milk L: Chicken Soup, Milk S: Fruit Cup, WG Tortilla Chips EDS: Fresh Banana, WG Crackers	8 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Fruit Cup, WG Crackers EDS: Apple Cinnamon Bears, 100% Apple Juice, Cheez Its	9 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Strawberry Apple Sauce Cup, Cereal Bar
12 B: Cereal Bowl, Fruit Cup, Milk L: Beef Goulash, Milk S: Applesauce Cup, WG Crackers EDS: WG Crackers, 100% Juice	13 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	14 B: Cereal Bowl, Fresh Pear, Milk L: Beef and Lamb Kabob, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Fruit Cup	15 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Soup, Milk S: Applesauce Cup, Vanilla Bears EDS: Nutrigrain Bar, Yogurt	16 B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
19	20 B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, 100% Juice	21 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fresh Banana, Nutrigrain Bar	22 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	23 B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Oat Bar, 100% Juice
26 B: WG Banana Bread Applesauce Cup, Milk L: Chicken Meatballs, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Vanilla Bears, 100% Orange Juice	27 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	28 B: Cereal Bowl, Fresh Pear, Milk L: Beef Pepper Steak, Milk S: Shelf-Stable Yogurt, WG Crackers EDS: Fresh Banana, WG Crackers	29 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Baby Carrots, WG Cheese-Its EDS: Apple Cinnamon Bears, 100% Apple Juice	30 B: Cereal Bowl, Fresh Banana, Milk L: Stuffed Beef Cabbage, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Strawberry Apple Sauce Cup, Cereal Bar

JANUARY 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	B: GF Blueberry Muffin, Applesauce Cup, Milk Alternative L: Rotini w/ Veg Meat Crumbles, Italian blend Veggies, Fresh Pear, Milk Alternative S: DF Yogurt, GF Granola EDS: GF Cookie, 100% Orange Juice	B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative L: Tofu Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Milk Alternative S: Sunbutter Bar, Fresh Pear EDS: Sunbutter Bar, Fresh Apple	B: Bella Biscuit, Veg Egg & DF Cheese, Wedges, Orange, Milk Alternative L: Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk Alternative S: Black Bean Dip, WG Tortilla Chips EDS: Chickpea Salad, GF Tortilla Chips	B: GF Pancake & Veg Sausage, Syrup, Tropical Fruit Canned, Milk Alternative L: Veg Chick'n Tenders, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, Milk Alternative S: DF Cheese, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Thai Tofu Salad, Tofu, Coleslaw Veggie Mix, Noodles, Tropical Fruit Cup, Thai Dressing, Milk Alternative S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
12	B: Bagel, Applesauce Cup, Milk Alternative, Jelly L: Rotini w/ Veg Meat Crumbles, Whole Grain Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, Milk Alternative S: Tofu Bites, GF Tortilla Chips EDS: DF Cheese, GF Tortilla Chips	B: Veg Egg & Veg Sausage, Warm Apple Crisp, Country Potatoes, Milk Alternative, ketchup L: Tofu Lo Mein, Normandy Blend, Pineapple (panned), Milk Alternative S: Pineapple Salsa (CHEF), WG Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	B: Bella Biscuit, Veg Sausage, DF Cheese, Orange Wedges, Milk Alternative L: Veg Chili (Chef), Chili, Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), Milk Alternative S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: DF Yogurt, GF Granola, Strawberry Cup	B: GF Pancake & Veg Sausage, Tropical Fruit Canned, Milk Alternative L: Veg Chick'n Patty w/ GF DF Gravy, WG Dinner Roll, DF Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, Milk Alternative S: Baby Carrots, Hummus EDS: Sunbutter Bar, DF Yogurt	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Basil Pesto Pasta Salad w/ Tofu, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative S: GF Tortilla Chips, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
19		B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative L: Orange Tofu, Brown Rice, Broccoli, Pineapples panned, Milk Alternative S: Apples, Sunbutter Bar EDS: GF Tortilla Chips, 100% Grape Juice	B: Bella Biscuit, Veg Sausage & DF Cheese, Wedges, Orange, Milk Alternative L: Veg Taco w/ Veg Crumbles, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail panned, Milk Alternative S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	B: Bean & DF Cheese Taco, Tropical Fruit Canned, Milk Alternative, salsa L: Veg Chick'n w/ Broccoli Casserole, Broccoli & Rice DF Cheese Casserole, Fresh Apple, Barbeque Sauce, Milk Alternative S: Apples, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Veg Chick'n Caesar Salad, WG Roll, Fresh Apple, Spring Mix, Milk Alternative, DF Ranch Dressing S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
26	B: GF Banana Bread, Applesauce Cup, Milk Alternative L: Veg Meatball Sub w/ DF Cheese, WG Hoagie, Fresh Pear, Green Beans, Milk Alternative S: DF Yogurt, GF Granola EDS: GF Cookie, 100% Orange Juice	B: Bagel Pizza w/ DF Cheese, Warm Apple Crisp, Milk Alternative L: Sesame Tofu, Brown Rice, Broccoli, Pineapple Panned, Milk Alternative S: Sunbutter Bar, Fresh Pear EDS: Sunbutter Bar, Fresh Apple	B: Bagel Sandwich, Veg Egg & DF Cheese, Wedges, Orange, Milk Alternative L: Tofu Calabasa, Jicama Salad (CHEF), Fruit Cocktail panned, Spanish Rice, Milk Alternative S: Black Bean Dip, WG Tortilla Chips EDS: Chickpea Salad, GF Tortilla Chips	B: GF Pancake & Veg Sausage, Tropical Fruit Canned, Milk Alternative L: Veg Shepherd's Pie w/ DF Cauli Mash, WG Roll, Fresh Apple, Milk Alternative S: DF Cheese, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	B: Vegan Cereal, Fresh Banana, Milk Alternative L: Fiesta Corn Salad w/ Veg Crumbles, Tortilla Chips, Spinach, Tropical Fruit Cup, Fiesta Dressing, Milk Alternative S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
5	B: Muffin de arándanos WG, taza de puré de manzana, leche al 1% L: Rollos de lasaña con salsa, mezcla de verduras italianas, pera fresca, leche al 1% S: Yogurt, Granola EDS: Ositos de Vainilla, 100% Jugo de Naranja	B: Sándwich de pollo Waffle WG, crujiente de manzana caliente, leche al 1% L: Pollo al curry con arroz, arroz con coco, zanahorias con jengibre, piña (en sartén), leche al 1% S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	B: Sándwich de croissant huevo y queso, Gajos de naranja, Leche al 1% L: Burrito de frijoles y queso, maíz confeti (CHEF), cóctel de frutas (en sartén), leche al 1% S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, galletas WG	B: Panqueque en palito de pavo, jarabe, fruta tropical enlatada, leche al 1% L: Nuggets de pescado, cazuela de brócoli y arroz con queso, ketchup y manzana fresca S: Bloques de queso cheddar, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	B: WG Cinnamon Chex, plátano fresco, leche al 1% L: Ensalada de pollo tailandesa, Pollo en cubitos Mezcla de verduras para ensalada de col, fideos Chowmein, taza de frutas tropicales, aderezo tailandés, leche al 1% S: Palitos de apio, mantequilla de girasol, pasas EDS: Barra de cereal con salsa de manzana y fresa
12	B: Bagel WG, taza de puré de manzana, leche al 1%, mermelada L: Rotini y pavo Albóndigas, pasta rotini WG, salsa marinara para pasta, mezcla de verduras italianas, pera fresca, leche al 1% S: Pepperoni de pavo, galletas WG EDS: Palitos de queso, galletas WG	B: Bocados de huevo de pavo, crujiente de manzana caliente, patatas campestres, leche al 1%, ketchup L: Pollo Lo Mein, mezcla Normandía, piña (en lata), leche al 1% S: Salsa de piña (CHEF), chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta Graham WG	B: Sándwich de Salchicha de pavo, huevo y queso, Gajos de naranja, leche al 1% L: Chili de pollo (Chef), Muffin de maíz, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), Leche al 1% S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur, granola, taza de fresa	B: Waffle WG, fruta tropical en sartén, salchicha de pavo, leche al 1%, jarabe L: Hamburguesa de pollo frito, panecillo WG, puré de coliflor, judías verdes, manzana fresca, leche al 1% S: Zanahorias mini, salsa tzatziki de yogur EDS: Barra de yogur Nutrigrain	B: WG Cheerios, plátano fresco, leche al 1% L: Pasta con pesto de albahaca, pollo, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch y leche al 1% S: WG Cheez Its, 100% jugo de manzana EDS: Galletas de animales, pera fresca
19		B: Kolache de pollo WG, crujiente de manzana caliente, leche al 1% L: Pollo a la naranja (empanizado), arroz integral, brócoli, piñas (en lata), leche al 1% S: Manzanas, galletas Graham WG EDS: WG Cheez - Its, 100% jugo de uva	B: Salchicha de pollo y queso Sándwich de croissant Gajos de naranja, leche al 1% L: Taco de pollo molido, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas (en sartén), leche al 1% S: Ositos de manzana y canela, plátano fresco EDS: Plátano fresco, barra Nutrigrain	B: Burrito de desayuno WG, huevo, salchicha de pavo, y Queso, Frutas Tropicales en Salsa, Leche al 1%, Salsa L: Palomitas de pollo con cazuela de brócoli, manzana fresca, salsa BBQ y leche al 1% S: Tortitas de arroz con caramelo y hummus de chocolate (CHEF) EDS: Ositos de manzana y canela, pera fresca	B: WG Rice Chex, plátano fresco, leche al 1% L: Ensalada César de pollo, pollo a la parrilla en cubos, panecillo WG, manzana fresca, mezcla de lechugas, leche al 1%, queso parmesano, aderezo César S: Jugo de frutas 100%, pez dorado con queso cheddar EDS: Barra de avena, gajos de naranja
26	B: Pan de plátano WG, taza de puré de manzana, leche al 1% L: WG, Sándwich de albóndigas de pavo, pera fresca, judías verdes, leche al 1% S: Yogurt, Granola EDS: Ositos de Vainilla, 100% Jugo de Naranja	B: WG Pizza con Salchicha de pavo, crujiente de manzana caliente, leche al 1% L: Pollo con sésamo, arroz integral, brócoli, piña (en lata), leche al 1% S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	B: Huevo y queso WG Sándwich de bagel, Gajos de naranja, Leche al 1% L: Pollo Calabaza, maíz, calabaza, pimientos, ensalada de jicama (CHEF), cóctel de frutas, arroz español, leche al 1% S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, galletas WG	B: Panqueque en palito de pavo, con sabor a frutas tropicales y leche al 1% L: Pastel de pastor (pavo) con puré de coliflor, panecillo integral, manzana fresca y leche al 1% S: Bloques de queso cheddar, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	B: WG Cheerios multigrano, plátano fresco, Leche al 1% L: Ensalada de maíz Fiesta con pollo, totopos, espinacas y queso rallado, taza de frutas tropicales, aderezo Fiesta, leche al 1% S: Palitos de apio, mantequilla de girasol, pasas EDS: Barra de cereal con salsa de manzana y fresa

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
5 B: Muffin de arándanos sin gluten, taza de puré de manzana, leche L: Pasta sin gluten con salsa de carne, mezcla de verduras italianas, pera fresca, leche S: Yogurt, GF Granola EDS: Galleta sin gluten, 100% jugo de naranja	6 B: Panqueque de pollo sin gluten, crujiente de manzana sin gluten, leche L: Pollo al curry sin gluten con arroz, pollo al curry, arroz con coco, zanahorias con jengibre, piña en salsa, leche S: Galleta sin gluten, pera fresca EDS: Galleta sin gluten, manzana fresca	7 B: Galleta Bella, huevo y queso DF, gajos de naranja, leche L: Taco de frijoles sin gluten y queso sin gluten, maíz confeti (CHEF), cóctel de frutas (en sartén), leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, tortillas chips sin gluten	8 B: Panqueque y salchicha sin gluten, jarabe, fruta tropical enlatada, leche L: Cazuela de pollo a la parrilla, brócoli y arroz con queso DF, ketchup, manzana fresca y leche S: Bloques de queso cheddar, chips de tortilla sin gluten EDS: Galleta sin gluten, 100% jugo de manzana	9 B: Tazón de cereales: Chex con canela, plátano fresco y leche L: Ensalada tailandesa de pollo sin gluten, pollo fajita, ensalada de col mixta, fideos sin gluten, taza de frutas tropicales, aderezo tailandés, leche S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de mantequilla de sol
12 B: Galleta Bella, Puré de manzana, **Leche, Jalea L: Rotini y albóndigas sin gluten, albóndigas, pasta rotini sin gluten, salsa marinara, mezcla de verduras italianas, pera fresca, **leche S: Pepperoni de pavo, chips de tortilla sin gluten EDS: Palitos de queso, chips de tortilla sin gluten	13 B: Bocados de huevo de pavo, crujiente de manzana sin gluten, patatas campestres, **leche, ketchup L: Lo mein de pollo sin gluten con aminoácidos de coco, Lo mein de pollo, mezcla Normandy, piña (en sartén), **leche S: Salsa de piña (CHEF), chips de tortilla sin gluten EDS: Hummus de chocolate (CHEF), galleta sin gluten	14 B: Sándwich de galleta Bella, hamburguesa de salchicha de pavo, huevo y queso DF, gajos de naranja, **leche L: Chili de pollo (Chef), Chili, Muffin sin gluten/Bella Biscuit, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), **Leche S: Taza de salsa de manzana y fresa, galleta sin gluten EDS: Yogur, granola, taza de fresa	15 B: Panqueques sin gluten, fruta tropical enlatada, salchicha, **leche, jarabe L: Pollo a la parrilla con salsa sin gluten, panecillo sin gluten, puré de coliflor, judías verdes, manzana fresca, **leche S: Zanahorias mini, salsa tzatziki de yogur EDS: Barra de mantequilla de sol, yogur	16 B: Tazón de cereales: Cheerios, plátano fresco, **leche L: Ensalada de pasta con pesto de albahaca sin gluten, pollo, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch sin gluten, **leche S: Chips de tortilla sin gluten, 100 % jugo de manzana EDS: Galleta sin gluten, pera fresca
19	20 B: Salchicha de pavo con galleta Bella, crujiente de manzana sin gluten, **leche L: Tofu con naranja sin gluten, arroz integral, brócoli, piñas (en sartén), **leche S: Manzanas, galletas sin gluten EDS: Chips de tortilla sin gluten, 100 % jugo de uva	21 B: Galleta Bella, hamburguesa de salchicha de pollo y queso DF, gajos, naranja, **leche L: Taco de pollo, pollo molido, tortilla de maíz (sin gluten), maíz confeti (CHEF), cóctel de frutas en sartén, **leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	22 B: Taco de frijoles sin gluten y queso sin gluten, fruta tropical enlatada, **leche, salsa L: Cazuela de pollo a la parrilla, brócoli y arroz con queso DF, manzana fresca, aderezo ranch DF, **leche S: Galleta sin gluten, hummus de chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	23 B: Tazón de cereales: Rice Chex, plátano fresco, **leche L: Ensalada César de pollo, pollo a la parrilla en cubos, panecillo sin gluten/galleta Bella, manzana fresca, mezcla de lechugas, **leche, queso parmesano, aderezo César S: Ponche de frutas 100%, chips de tortilla sin gluten EDS: Barra de mantequilla de sol, gajos de naranja
26 B: Muffin de plátano sin gluten, taza de puré de manzana, **leche L: Sándwich de pollo sin gluten, pollo a la parrilla, panecillo sin gluten, pera fresca, judías verdes, **leche S: Yogur, GF Granola EDS: Galleta sin gluten, 100% jugo de naranja	27 B: Pizza sin gluten, crujiente de manzana sin gluten, **leche L: Pollo a la parrilla con aminoácidos de coco, arroz integral, brócoli, piña en sartén, **leche S: Galleta sin gluten, pera fresca EDS: Galleta sin gluten, manzana fresca	28 B: Sándwich de galleta Bella, huevo y queso, gajos, naranja, **leche L: Pollo Calabasa, Pollo, maíz, calabaza, pimientos, Ensalada de Jicama (CHEF), Cóctel de Frutas, Arroz Español, **Leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, tortillas chips sin gluten	29 B: Panqueque sin gluten y salchicha de pavo, fruta tropical enlatada, **leche L: Pastel de pastor con puré de coliflor, pastel de pastor, panecillo sin gluten, manzana fresca, **leche S: Bloques de queso cheddar, chips de tortilla sin gluten EDS: Galleta sin gluten, 100% jugo de manzana	30 B: Tazón de cereales: Cheerios multigrano, plátano fresco, **leche L: Ensalada de maíz Fiesta con pollo, totopos, espinacas y queso rallado, taza de frutas tropicales, aderezo Fiesta S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de mantequilla de sol

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5 B: Tazón de cereales, taza de fruta, leche L: Pollo Lo Mein con leche S: 100% jugo de fruta, chips de tortilla WG EDS: Cheddar Goldfish (sin pretzel), 100% jugo	6 B: Muffin envasado, taza de fruta, leche L: Cholent de carne, leche S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	7 B: Tazón de cereales, pera fresca, leche L: Sopa de pollo con leche S: Taza de fruta, chips de tortilla WG EDS: Plátano fresco, galletas WG	8 B: Yogur estable, granola, vaso de fruta, leche L: Repollo relleno de carne, leche S: Taza de fruta, galletas WG EDS: Ositos de manzana y canela, jugo de manzana 100%, Cheez Its	9 B: Tazón de cereales, plátano fresco, leche L: Pollo asado con leche S: 100% Jugo de Fruta, Ositos de Vainilla EDS: Barra de cereal con salsa de manzana y fresa
12 B: Tazón de cereales, taza de fruta, leche L: Gulash de ternera con leche S: Taza de puré de manzana, galletas WG EDS: Galletas WG, 100% jugo	13 B: Muffin envasado, taza de fruta, leche L: Pollo Relleno, Leche S: 100% jugo de fruta, chips de tortilla WG EDS: Taza de fruta, galleta Graham WG	14 B: Tazón de cereales, pera fresca, leche L: Kebab de ternera y cordero, leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur, granola, taza de fruta	15 B: Yogur estable, granola, vaso de fruta, leche L: Sopa de pollo con leche S: Taza de puré de manzana, ositos de vainilla EDS: Barra de yogur Nutrigrain	16 B: Tazón de cereales, plátano fresco y leche L: Filete de ternera a la pimienta, leche S: WG Cheez Its, 100% jugo de manzana EDS: Galletas de animales, pera fresca
19	20 B: Muffin envasado, taza de fruta, leche L: Pollo asado con leche S: Mezcla tradicional Chex, zanahorias mini EDS: WG Cheez Its, 100% jugo	21 B: Tazón de cereales, pera fresca, leche L: Filete de salmón, leche S: Ositos de manzana y canela, 100% jugo de fruta EDS: Plátano fresco, barra Nutrigrain	22 B: Yogur estable, granola, vaso de fruta, leche L: Pollo Lo Mein con leche S: Sándwich de mantequilla de sol EDS: Ositos de manzana y canela, pera fresca	23 B: Tazón de cereales, plátano fresco, leche L: Cholent de carne, leche S: Jugo de fruta 100%, queso cheddar Goldfish (sin pretzel) EDS: Barra de avena, 100% jugo
26 B: Pan de plátano WG con puré de manzana en taza, leche L: Albóndigas de pollo con leche S: 100% jugo de fruta, chips de tortilla WG EDS: Ositos de Vainilla, 100% Jugo de Naranja	27 B: Muffin envasado, taza de fruta, leche L: Sopa de pollo con leche S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	28 B: Tazón de cereales, pera fresca, leche L: Filete de ternera a la pimienta, leche S: Yogur estable, galletas WG EDS: Plátano fresco, galletas WG	29 B: Yogur estable, granola, vaso de fruta, leche L: Pollo Relleno, Leche S: Zanahorias mini, WG Cheese-Its EDS: Ositos de manzana y canela, 100% jugo de manzana	30 B: Tazón de cereales, plátano fresco, leche L: Repollo relleno de carne, leche S: 100% Jugo de Fruta, Ositos de Vainilla EDS: Taza de salsa de manzana y fresa, barra de cereales

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5	B: Muffin de arándanos sin gluten, taza de puré de manzana, alternativa a la leche L: Rotini con trozos de carne vegetal, mezcla de verduras italianas, pera fresca y alternativa a la leche. S: Yogur DF, granola sin gluten EDS: Galleta sin gluten, 100% jugo de naranja	B: Salchicha vegetariana y galleta Bella, crujiente de manzana caliente, alternativa a la leche L: Curry de tofu, arroz con coco, zanahorias con jengibre y piña (en lata), alternativa a la leche S: Barra de mantequilla de sol, pera fresca EDS: Barra de mantequilla de sol, manzana fresca	B: Galleta Bella, huevo vegetal y queso DF, gajos, naranja, alternativa a la leche L: Taco de frijoles y queso DF, maíz confeti (CHEF), cóctel de frutas (en sartén), alternativa a la leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de garbanzos, tortillas sin gluten	B: Panqueque sin gluten y salchicha vegetariana, jarabe, fruta tropical enlatada, alternativa a la leche L: Tiras de pollo vegetarianas, cazuela de brócoli y arroz con queso, ketchup, manzana fresca y alternativa a la leche. S: Queso DF, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada tailandesa de tofu, tofu, ensalada de col, fideos, taza de frutas tropicales, aderezo tailandés, alternativa a la leche S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de cereales
12	B: Bagel, taza de puré de manzana, alternativa a la leche, gelatina L: Rotini con trozos de carne vegetal, pasta rotini integral, salsa marinara, mezcla de verduras italianas, pera fresca y alternativa a la leche. S: Bocados de tofu, chips de tortilla sin gluten EDS: Chips de tortilla sin queso y sin gluten	B: Huevo y salchicha vegetariana, crujiente de manzana caliente, patatas campestres, alternativa a la leche, ketchup L: Tofu Lo Mein, mezcla de Normandía, piña (en lata), alternativa a la leche S: Salsa de piña (CHEF), chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta sin gluten	B: Galleta Bella, salchicha vegetariana, queso DF, gajos de naranja, alternativa a la leche L: Chili vegetariano (Chef), Chili, Galleta Bella, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), Alternativa a la leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur DF, granola GF, taza de fresa	B: Panqueque sin gluten y salchicha vegetariana, fruta tropical enlatada, alternativa a la leche L: Hamburguesa vegetariana de pollo con salsa sin gluten y sin lácteos, panecillo integral, puré de coliflor sin lácteos, judías verdes, manzana fresca y alternativa a la leche. S: Zanahorias mini, hummus EDS: Barra de mantequilla de sol, yogur DF	B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada de pasta con pesto de albahaca, tofu, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch DF y alternativa a la leche. S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galletas de animales, pera fresca
19		B: Salchicha vegetariana y galleta Bella, crujiente de manzana caliente, alternativa a la leche L: Tofu con naranja, arroz integral, brócoli, piñas en salsa, alternativa a la leche S: Barra de manzanas y mantequilla de sol EDS: Chips de tortilla sin gluten, 100 % jugo de uva	B: Galleta Bella, salchicha vegetariana y queso DF, gajos, naranja, alternativa a la leche L: Taco vegetariano con verduras desmenuzadas, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas en sartén, alternativa a la leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	B: Taco de frijoles y queso DF, fruta tropical enlatada, alternativa a la leche, salsa L: Cazuela de pollo vegetariano con brócoli, cazuela de brócoli y arroz con queso, manzana fresca, salsa barbacoa y alternativa a la leche. S: Hummus de manzana y chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada César de pollo vegetariana, panecillo integral, manzana fresca, mezcla de lechugas, alternativa a la leche, aderezo ranch DF S: Ponche de frutas 100%, chips de tortilla sin gluten EDS: Barra de mantequilla de sol, gajos de naranja
26	B: Pan de plátano sin gluten, taza de puré de manzana, alternativa a la leche L: Sándwich vegetariano de albóndigas con queso DF, sándwich integral, pera fresca, judías verdes y alternativa a la leche S: Yogur DF, granola sin gluten EDS: Galleta sin gluten, 100% jugo de naranja	B: Pizza de bagel con queso DF, crujiente de manzana caliente y alternativa a la leche L: Tofu con sésamo, arroz integral, brócoli, piña en salsa, alternativa a la leche S: Barra de mantequilla de sol, pera fresca EDS: Barra de mantequilla de sol, manzana fresca	B: Sándwich de bagel, huevo vegetariano y queso DF, rodajas de naranja y alternativa a la leche. L: Tofu Calabasa, Ensalada de Jicama (CHEF), Cóctel de Frutas, Arroz Español, Alternativa a la Leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de garbanzos, tortillas sin gluten	B: Panqueque sin gluten y salchicha vegetariana, fruta tropical enlatada, alternativa a la leche L: Pastel de pastor vegetariano con puré de coliflor sin gluten, panecillo integral, manzana fresca y alternativa a la leche S: Queso DF, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada de maíz Fiesta con verduras desmenuzadas, topos, espinacas, salsa de frutas tropicales, aderezo Fiesta y alternativa a la leche. S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de cereales