

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5	B: WG Blueberry Muffin, Applesauce Cup, Whole Milk S-AM: Vanilla Bears, 100% Orange Juice L: Lasagna w/ Sauce, Italian blend Veggies, Pear Cup, Whole Milk S-PM: Yogurt, Rice Chex ES: Yogurt, WG Animal Crackers	B: WG Chicken Waffle Sandwich, Warm Apple Crisp, Whole Milk S-AM: Rice Chex, Applesauce Cup L: Chicken Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Whole Milk S-PM: Apple Cinnamon Bears, Pear Cup ES: Shredded Cheese, WG Ritz Crackers	B: Croissant Sandwich, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Cheese Rectangles, WG Crackers L: Bean & Cheese Burrito, Burrito, Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Mixed Fruit Cup, Animal Crackers ES: Applesauce Cup, Multigrain Cheerios	B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: Graham Crackers, 100% Apple Juice L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Applesauce Cup, Whole Milk S-PM: Cheddar Cheese Blocks, WG Crackers ES: Yogurt, Mixed Fruit Cup	B: WG Cinnamon Chex, Fresh Banana, Whole Milk S-AM: Strawberry Apple Sauce Cup, Cheddar Goldfish L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Asian Dressing, Whole Milk S-PM: Graham Crackers, Sunbutter ES: Peach Cup, WG Animal Crackers
12	B: WG Bagel, Applesauce Cup, Whole Milk, Jelly S-AM: WG Ritz Crackers, Shredded Cheese L: Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Pear Cup, Whole Milk S-PM: Animal Crackers, Shredded Cheese ES: Strawberry Fruit Cup, WG Graham Crackers	B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, Whole Milk, Ketchup S-AM: Chocolate Hummus (CHEF), WG Graham Crackers L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), Whole Milk S-PM: Peach Cup, WG Cheddar Goldfish ES: Applesauce Cup, WG Ritz Crackers	B: Biscuit Sandwich, Turkey Sausage patty, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Yogurt, WG Animal Crackers L: Chicken Chili (Chef), Chili, Cornbread Muffin, Cucumber, Strawberry Salad, Fruit Cocktail, Whole Milk S-PM: Strawberry Apple Sauce Cup ES: 100% Orange/Tangerine Juice, WG Graham Crackers	B: WG Waffle, Tropical Fruit, Sausage, Whole Milk, Syrup S-AM: WG Cheddar Goldfish, Applesauce Cup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Applesauce Cup, Whole Milk S-PM: Sliced Cucumbers, Yogurt Tzatziki Sauce ES: Shredded Cheese, Hard-Boiled Egg	B: WG Cheerios, Fresh Banana, Whole Milk S-AM: WG Graham Crackers, Pear Cup L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, Whole Milk S-PM: WG Cheddar Goldfish, 100% Apple Juice ES: Lowfat Cottage Cheese, Peach Cup
19		B: WG Kolache, Warm Apple Crisp, Whole Milk S-AM: WG Cheddar Goldfish, 100% Grape Juice L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), Whole Milk S-PM: Applesauce Cup, WG Ritz Crackers ES: WG Graham Crackers, Shredded Cheese	B: Croissant Sandwich, Chicken Sausage patty & Cheese, Orange Wedges, Whole Milk S-AM: Fresh Banana, Cheerios L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Banana Bread, Fresh Banana ES: Yogurt, Strawberry Fruit Cup	B: WG Breakfast Burrito, Tropical Fruit, Whole Milk S-AM: Cottage Cheese, Pear Cup L: Popcorn chicken, Broccoli & Rice Cheese Casserole, Applesauce Cup, Barbeque Sauce, Whole Milk S-PM: WG Graham Crackers, Chocolate Hummus (CHEF) ES: WG Cheddar Goldfish, 100% Grape Fruit Juice	B: WG Rice Chex, Fresh Banana, Whole Milk S-AM: Shredded Cheese, Orange Wedges L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, Parmesan Cheese, Caesar Dressing, Whole Milk S-PM: 100% Fruit Punch, Cheddar Goldfish ES: Rice Chex, Pear Cup
26	B: WG Banana Bread, Applesauce Cup, Whole Milk S-AM: WG Graham Crackers, 100% Orange Juice L: Meatballs, WG Hoagie, Pear Cup, Green Beans, Whole Milk S-PM: Lowfat Cottage Cheese, Sliced Cucumbers ES: Yogurt, WG Animal Crackers	B: WG Breakfast Pizza, Warm Apple Crisp, Whole Milk S-AM: Rice Chex, Applesauce Cup L: Sesame Chicken, Brown Rice, Broccoli, Pineapple (panned), Whole Milk S-PM: Orange Muffin, Pear Cup ES: Shredded Cheese, WG Ritz Crackers	B: WG Bagel Sandwich, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Cottage Cheese, WG Ritz Crackers L: Chicken, corn, squash, peppers, Cucumber, Strawberry Salad, Fruit Cocktail, Spanish Rice, Whole Milk S-PM: Strawberry Fruit Cup, WG Animal Crackers ES: Applesauce Cup, Multigrain Cheerios	B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: WG Graham Crackers, 100% Apple Juice L: Shepherd's Pie, WG Roll, Applesauce Cup, Whole Milk S-PM: Hard Boiled Egg, WG Ritz Crackers ES: Yogurt, Mixed Fruit Cup	B: WG Multigrain Cheerios, Fresh Banana, Whole Milk S-AM: Strawberry Apple Sauce Cup, Cheddar Goldfish L: Fiesta Corn Salad w/ Chicken, WG Tortilla, Spinach and Shredded cheese, Tropical Fruit Cup, Fiesta Dressing, Whole Milk S-PM: WG Graham Crackers, Lowfat Cottage Cheese ES: Peach Cup, WG Animal Crackers

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
5	B: Muffin de arándanos WG, taza de puré de manzana, leche entera S-AM: Ositos de Vainilla, 100% Jugo de Naranja L: Lasaña con salsa, mezcla de verduras italianas, taza de pera, leche entera S-PM: Yogur, Rice Chex ES: Yogur, galletas de animales WG	B: Sándwich de pollo Waffle WG, crujiente de manzana caliente, leche entera S-AM: Rice Chex, taza de puré de manzana L: Pollo al curry, arroz con coco, zanahorias con jengibre, piña (en sartén), leche entera S-PM: Ositos de manzana y canela, taza de pera ES: Queso rallado, galletas WG Ritz	B: Sándwich de croissant, huevo y queso, gajos de naranja, leche entera S-AM: Rectángulos de queso, galletas WG L: Burrito de frijoles y queso, burrito, maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Taza de frutas mixtas, galletas de animales ES: Taza de puré de manzana, Cheerios multigrano	B: Panqueques WG, salchicha de pavo, fruta tropical, leche entera, jarabe S-AM: Galletas Graham, 100% jugo de manzana L: Nuggets de pescado, cazuela de brócoli y arroz con queso, ketchup, puré de manzana, leche entera S-PM: Bloques de queso cheddar, galletas WG ES: Yogur, taza de frutas mixtas	B: WG Cinnamon Chex, plátano fresco, leche entera S-AM: Taza de salsa de manzana y fresa, pez dorado con queso cheddar L: Ensalada tailandesa de pollo, pollo en cubos, ensalada de col con verduras, fideos chowmein, salsa de frutas tropicales, aderezo asiático, leche entera S-PM: Galletas Graham, mantequilla de girasol ES: Taza de melocotón, galletas de animales WG
12	B: Bagel WG, taza de puré de manzana, leche entera, mermelada S-AM: Galletas WG Ritz con queso rallado L: Albóndigas, pasta rotini WG, salsa marinara para pasta, mezcla de verduras italianas, taza de pera, leche entera S-PM: Galletas de animales con queso rallado ES: Taza de fruta de fresa, galletas Graham WG	B: Bocados de huevo de pavo, crujiente de manzana caliente, patatas campestres, leche entera, ketchup S-AM: Hummus de chocolate (CHEF), galletas Graham WG L: Pollo Lo Mein, mezcla Normandía, piña (en lata), leche entera S-PM: Copa de melocotón, pez dorado con queso cheddar WG ES: Taza de puré de manzana, galletas WG Ritz	B: Sándwich de galleta, hamburguesa de salchicha de pavo, huevo y queso, gajos de naranja, leche entera S-AM: Yogur, galletas de animales WG L: Chili de pollo (Chef), chili, panecillo de maíz, pepino, ensalada de fresas, cóctel de frutas, leche entera S-PM: Taza de puré de manzana y fresa ES: Jugo 100% de naranja/mandarina, galletas Graham WG	B: Waffle WG, fruta tropical, salchicha, leche entera, jarabe S-AM: Goldfish con queso cheddar WG, taza de puré de manzana L: Hamburguesa de pollo frito, panecillo WG, puré de coliflor, judías verdes, puré de manzana, leche entera S-PM: Pepinos en rodajas, salsa tzatziki de yogur ES: Queso rallado, huevo duro	B: WG Cheerios, plátano fresco, leche entera S-AM: Galletas Graham WG, taza de pera L: Pasta con pesto de albahaca, pollo, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch y leche entera S-PM: WG Cheddar Goldfish, 100% jugo de manzana ES: Requesón bajo en grasa, taza de durazno
19		B: WG Kolache, crujiente de manzana caliente, leche entera S-AM: WG Cheddar Goldfish, 100% jugo de uva L: Pollo a la naranja (empanizado), arroz integral, brócoli, piñas (en lata), leche entera S-PM: Taza de puré de manzana, galletas WG Ritz ES: Galletas Graham WG con queso rallado	B: Sándwich de croissant, hamburguesa de salchicha de pollo y queso, gajos de naranja, leche entera S-AM: Plátano fresco, Cheerios L: Taco de pollo, pollo molido, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Pan de plátano, plátano fresco ES: Yogur, taza de fruta de fresa	B: Burrito de desayuno WG, fruta tropical, leche entera S-AM: Taza de pera y requesón L: Pollo palomitas, cazuela de brócoli y arroz con queso, taza de puré de manzana, salsa barbacoa, leche entera S-PM: Galletas Graham WG, hummus de chocolate (CHEF) ES: WG Cheddar Goldfish, 100% jugo de pomelo	B: WG Rice Chex, plátano fresco, leche entera S-AM: Queso rallado, gajos de naranja L: Ensalada César de pollo, pollo a la parrilla en cubos, panecillo WG, manzana fresca, mezcla de lechugas, queso parmesano, aderezo César, leche entera S-PM: Ponche de frutas 100%, pez dorado con queso cheddar ES: Rice Chex, taza de pera
26	B: Pan de plátano WG, taza de puré de manzana, leche entera S-AM: Galletas Graham WG, 100% jugo de naranja L: Albóndigas, WG Hoagie, taza de pera, judías verdes, leche entera S-PM: Requesón bajo en grasa, pepinos en rodajas ES: Yogur, galletas de animales WG	B: Pizza de desayuno WG, crujiente de manzana caliente, leche entera S-AM: Rice Chex, taza de puré de manzana L: Pollo con sésamo, arroz integral, brócoli, piña (en lata), leche entera S-PM: Muffin de naranja, taza de pera ES: Queso rallado, galletas WG Ritz	B: Sándwich de bagel WG, huevo y queso, gajos de naranja, leche entera S-AM: Queso cottage, galletas WG Ritz L: Pollo, maíz, calabaza, pimientos, pepino, ensalada de fresas, cóctel de frutas, arroz español, leche entera S-PM: Taza de fruta de fresa, galletas de animales WG ES: Taza de puré de manzana, Cheerios multigrano	B: Panqueques WG, salchicha de pavo, fruta tropical, leche entera, jarabe S-AM: Galletas Graham WG, 100% jugo de manzana L: Pastel de pastor, panecillo integral, taza de puré de manzana, leche entera S-PM: Huevo duro, galletas WG Ritz ES: Yogur, taza de frutas mixtas	B: Cheerios multigrano WG, plátano fresco, leche entera S-AM: Taza de salsa de manzana y fresa, pez dorado con queso cheddar L: Ensalada de maíz Fiesta con pollo, tortilla integral, espinacas y queso rallado, taza de frutas tropicales, aderezo Fiesta, leche entera S-PM: Galletas Graham WG, queso cottage bajo en grasa ES: Taza de melocotón, galletas de animales WG