

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	B: Biscuit, Applesauce Cup, 1% Milk, Jelly L: Chicken Penne Alfredo, Broccoli, Fresh Pear, 1% Milk S: Turkey Pepperoni, WG Crackers EDS: Cheese Sticks, WG Crackers	3 B: WG Breakfast Pizza, Warm Apple Crisp, 1% Milk L: Ginger Turkey Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapple (panned), 1% Milk S: Creamy Onion Dip WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	4 B: WG Chicken Biscuit, Orange Wedges , 1% Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), 1% Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Mixed Berries	5 B: WG Spiced Pear Oatmeal, Tropical Fruit Panned, 1% Milk L: Turkey ala king, WG Biscuit, Fresh Apple, 1% Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Nutrigrain Bar, Yogurt	6 B: WG Blueberry Chex, Fresh Banana, 1% Milk L: Buffalo Chicken Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, 1% Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
9	B: WG French Toast Sticks, Applesauce Cup, 1% Milk, Syrup L: Turkey Stroganoff, Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, 1% Milk S: WG Tortilla 6", Turkey & Cheese EDS: Graham Crackers, Fresh Apple	10 B: Egg & Cheese Omelet, Warm Apple Crisp, Biscuit, 1% Milk L: Teriyaki Chicken, Broccoli, Brown Rice, Pineapple (panned), 1% Milk S: Apples, WG Graham Crackers EDS: WG Cheez - Its, 100% Grape Juice	11 B: WG Kolache, Orange Wedges, 1% Milk L: Chicken & Cheese Tamales, Black Beans, Confetti Corn, Fruit Cocktail, 1% Milk S: Apple Cinnamon Bears, Fresh Banana EDS: Fresh Banana, Nutrigrain Bar	12 B: WG Pancakes, Turkey Sausage Link, Tropical Fruit (panned), 1% Milk, Syrup L: Breaded Chicken Sandwich, WG Bun, Chicken Patty, Sweet Potato Tots, Fresh Apple, Ranch Dressing, 1% Milk S: Caramel Rice Cakes, Chocolate Hummus (CHEF) EDS: Apple Cinnamon Bears, Fresh Pear	13 B: WG Cheerios, Fresh Banana, 1% Milk L: Turkey Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, 1% Milk S: 100% Fruit Punch, Cheddar Goldfish EDS: Oat Bar, Orange Wedges
16		17 B: WG Chicken Waffle Sandwich, Warm Apple Crisp, 1% Milk L: Chicken Curry w/ Rice, Coconut Rice, Ginger Carrots, Pineapple (panned), 1% Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	18 B: Egg & Cheese Croissant Sandwich, ,Orange Wedges, 1% Milk L: Bean & Cheese Burrito, Confetti Corn (CHEF), Fruit Cocktail (panned), 1% Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, WG Crackers	19 B: WG Chicken Pancake on a Stick, Syrup, Tropical Fruit Panned, 1% Milk L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Fresh Apple S: Cheddar Cheese Blocks, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	20 B: WG Cinnamon Chex, Fresh Banana, 1% Milk L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Thai Dressing, 1% Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
23	B: WG Bagel, Applesauce Cup, 1% Milk, Jelly L: Rotini & Turkey Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, 1% Milk S: Turkey Pepperoni, WG Crackers EDS: Cheese Sticks, WG Crackers	24 B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, 1% Milk, ketchup L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), 1% Milk S: Creamy Onion Dip, WG Tortilla Chips EDS: Chocolate Hummus (CHEF), WG Graham Cracker	25 B: Turkey Sausage, Egg & Cheese Biscuit Sandwich, Orange Wedges, 1% Milk L: Chicken Chili (Chef), Cornbread Muffin, Jicama Salad (CHEF), Fruit Cocktail (panned), 1% Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Strawberry cup	26 B: WG Waffle, Tropical Fruit Panned, Turkey Sausage, 1% Milk, Syrup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, 1% Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Nutrigrain Bar, Yogurt	27 B: WG Cheerios, Fresh Banana, 1% Milk L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, 1% Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B: Bella Biscuit, Applesauce Cup, **Milk L: GF Chicken Penne Alfredo, Chicken Penne Alfredo, Broccoli, Fresh Pear, **Milk S: Turkey Pepperoni, GF Tortilla Chips EDS: Cheese Sticks, GF Tortilla Chips	3 B: GF B-Free Pizza, GF Apple Crisp, **Milk L: GF Ginger Turkey Stir-Fry, Ginger Turkey Stir-Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, **Milk S: DF Onion Dip, GF Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	4 B: Chicken Bella Biscuit, Wedges Orange, **Milk L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), **Milk S: Strawberry Apple Sauce Cup, GF Cookie EDS: Yogurt, Granola, Mixed Berries	5 B: GF Spiced Pear Oatmeal, Tropical Fruit Panned, **Milk L: GF Turkey a la King, Turkey ala king(Recipes), Bella Biscuit, Fresh Apple, **Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Sunbutter Bar, Yogurt	6 B: Cereal Bowl - Blueberry Chex, Fresh Banana, **Milk L: Buffalo Chicken Salad Sandwich, Buffalo Chicken Salad, GF Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, **Milk S: GF Tortilla Chips, 100% Apple Juice EDS: GF Cookie, Fresh Pear
9 B: GF French Toast, Applesauce Cup, Syrup, **Milk L: GF DF Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, **Milk S: Turkey & DF Cheese on GF Tortilla EDS: GF Cookie, Fresh Apple	10 B: DF Cheese Omelet, GF Apple Crisp, GF Biscuit, **Milk L: Teriyaki Chicken, Brown Rice, Pineapple (panned), **Milk S: Apples, GF Cookie EDS: GF Tortilla Chips, 100% Grape Juice	11 B: Turkey Sausage w/ Bella Biscuit, Wedges Orange, **Milk L: GF/DF Bean & Cheese Taco, Confetti Corn, Black Beans, Fruit Cocktail, **Milk S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	12 B: GF Pancakes, Sausage Link, Tropical Fruit Panned, Syrup, **Milk L: Breaded Chicken Sandwich, Sweet Potato Tots, Fresh Apple, DF Ranch Dressing, **Milk S: GF Cookie, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	13 B: Cereal Bowl - Cheerios, Fresh Banana, **Milk L: GF Turkey Italian Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, **Milk S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
16	17 B: Chicken GF Pancake, GF Apple Crisp, **Milk L: GF Chicken Curry w/ Rice, Chicken Curry, Coconut Rice Recipe, Ginger Carrots, Pineapple Panned, **Milk S: GF Cookie, Fresh Pear EDS: GF Cookie, Fresh Apple	18 B: Bella Biscuit, Egg & DF Cheese, Orange Wedges, **Milk L: GF Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), **Milk S: Black Bean Dip, WG Tortilla Chips EDS: Chicken Salad, GF Tortilla Chips	19 B: GF Pancake & Sausage, Syrup, Tropical Fruit Panned, **Milk L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, **Milk S: Cheddar Cheese Blocks, GF Tortilla Chips EDS: GF Cookie, 100% Apple Juice	20 B: Cereal Bowl - Cinnamon Chex, Fresh Banana, **Milk L: GF Thai Chicken Salad, Fajita Chicken, Coleslaw Veggie Mix, GF Noodles, Tropical Fruit Cup, Thai Dressing, **Milk S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Sunbutter Bar
23 B: Bella Biscuit, Applesauce a, **Milk, Jelly L: GF Rotini & Meatballs, Meatballs, GF Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, **Milk S: Turkey Pepperoni, GF Tortilla Chips EDS: Cheese Sticks, GF Tortilla Chips	24 B: Turkey Egg Bites, GF Apple Crisp, Country Potatoes, **Milk, ketchup L: GF Chicken Lo Mein w/ Coconut aminos, Chicken Lo Mein, Normandy Blend, Pineapple (panned), **Milk S: DF Onion Dip, GF Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	25 B: Bella Biscuit Sandwich, Turkey Sausage patty, Egg & DF Cheese, Orange Wedges, **Milk L: Chicken Chili (Chef), Chili, GF Muffin/Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), **Milk S: Strawberry Apple Sauce Cup, GF Cookie EDS: Yogurt, Granola, Strawberry Cup	26 B: GF Pancakes, Tropical Fruit Panned, Sausage, **Milk, Syrup L: Grilled Chicken w/ GF Gravy, GF Roll, Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, **Milk S: Baby Carrots, Yogurt Tzatziki Sauce EDS: Sunbutter Bar, Yogurt	27 B: Cereal Bowl - Cheerios, Fresh Banana, **Milk L: GF Basil Pesto Pasta Salad w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, **Milk S: GF Tortilla Chips, 100% Apple Juice EDS: GF Cookie, Fresh Pear

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B: Cereal Bowl, Fruit Cup, Milk L: Beef Pepper Steak, Milk S: Mott's Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez - Its, 100% Juice	3 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	4 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Shelf-Stable Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Mott's Applesauce Cup	5 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Goulash, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	6 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
9 B: Cereal Bowl, Fruit Cup, Milk L: Beef and Lamb Kabob, Milk S: Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	10 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, Baby Carrots	11 B: Cereal Bowl, Fresh Pear, Milk L: Beef Stuffed Cabbage, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	12 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Meatballs, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	13 B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
16	17 B: Packaged Muffin, Fruit Cup, Milk L: Beef Cholent, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	18 B: Cereal Bowl, Fresh Pear, Milk L: Chicken Soup, Milk S: Fruit Cup, WG Tortilla Chips EDS: Fresh Banana, WG Crackers	19 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Fruit Cup, WG Crackers EDS: Apple Cinnamon Bears, 100% Apple Juice, Cheez Its	20 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: 100% Fruit Juice, Vanilla Bears EDS: Strawberry Apple Sauce Cup, Cereal Bar
23 B: Cereal Bowl, Fruit Cup, Milk L: Beef Goulash, Milk S: Applesauce Cup, WG Crackers EDS: WG Crackers, 100% Juice	24 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	25 B: Cereal Bowl, Fresh Pear, Milk L: Beef and Lamb Kabob, Milk S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: Yogurt, Granola, Fruit Cup	26 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Soup, Milk S: Applesauce Cup, Vanilla Bears EDS: Nutrigrain Bar, Yogurt	27 B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: WG Cheez Its, 100% Apple Juice EDS: Animal Crackers, Fresh Pear

FEBRUARY 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	B: Bella Biscuit, Applesauce Cup, Milk Alternative L: Tofu Alfredo, Broccoli, Fresh Pear, Milk Alternative S: Tofu Bites, GF Tortilla Chips EDS: DF Cheese, GF Tortilla Chips	3 B: Bagel Pizza w/ DF Cheese, Warm Apple Crisp, Milk Alternative L: Ginger Tofu Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, Milk Alternative S: Onion Dip, WG Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	4 B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative L: Bean & DF Cheese Taco, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk Alternative S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: DF Yogurt, GF Granola, Mixed Berries	5 B: Spiced Pear Oatmeal, Tropical Fruit (panned), Milk Alternative L: Tofu a la King, Bella Biscuit, Fresh Apple, Milk Alternative S: Baby Carrots, Hummus EDS: Sunbutter Bar, DF Yogurt	6 B: Vegan Cereal, Fresh Banana, Milk Alternative L: Buffalo Chickpea Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative S: GF Tortilla Chips, 100% Apple Juice EDS: Animal Crackers, Fresh Pear
9	B: French Toast Sticks, Applesauce Cup, Milk Alternative, Syrup L: Tofu Stroganoff, Pasta, Peas & Carrots, Fresh Pear, Milk Alternative S: Hummus & DF Cheese Wrap EDS: GF Cookie, Fresh Apple	10 B: Veg Egg & DF Cheese, Warm Apple Crisp, Bella Biscuit, Milk Alternative L: Teriyaki Tofu, Brown Rice, Pineapple (panned), Milk Alternative S: Apples, Sunbutter Bar EDS: GF Tortilla Chips, 100% Grape Juice	11 B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative L: GF/DF Bean & Cheese Taco, Confetti Corn, Black Beans, Fruit Cocktail, Milk Alternative S: GF Cookie, Fresh Banana EDS: Fresh Banana, Sunbutter Bar	12 B: Pancakes & Syrup, Veg Sausage, Tropical Fruit (panned), Milk Alternative L: Buffalo Sandwich w/ Morning Star Chick'n , Whole Grain Bun, Beyond Veg Patty, Sweet Potato Tots, s, Fresh Apple, DF Ranch Dressing, Milk Alternative S: Apples, Chocolate Hummus (CHEF) EDS: GF Cookie, Fresh Pear	13 B: Vegan Cereal, Fresh Banana, Milk Alternative L: Veg Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, Milk Alternative S: 100% Fruit Punch, GF Tortilla Chips EDS: Sunbutter Bar, Orange Wedges
16		17 B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative L: Tofu Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Milk Alternative S: Sunbutter Bar, Fresh Pear EDS: Sunbutter Bar, Fresh Apple	18 B: Bella Biscuit, Veg Egg & DF Cheese, Wedges, Orange, Milk Alternative L: Bean & DF Cheese Taco, Confetti Corn (CHEF), Fruit Cocktail (panned), Milk Alternative S: Black Bean Dip, WG Tortilla Chips EDS: Chickpea Salad, GF Tortilla Chips	19 B: GF Pancake & Veg Sausage, Syrup, Tropical Fruit Panned, Milk Alternative L: Veg Chick'n Tenders, Broccoli & Rice DF Cheese Casserole, Ketchup, Fresh Apple, Milk Alternative S: DF Cheese, WG Crackers EDS: Ginger Bread cookie, 100% Apple Juice	20 B: Vegan Cereal, Fresh Banana, Milk Alternative L: Thai Tofu Salad, Tofu, Coleslaw Veggie Mix, Noodles, Tropical Fruit Cup, Thai Dressing, Milk Alternative S: Celery Sticks, Sunbutter, Raisins EDS: Strawberry Apple Sauce Cup, Cereal Bar
23	B: Bagel, Applesauce Cup, Milk Alternative, Jelly L: Rotini w/ Veg Meat Crumbles, Whole Grain Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Fresh Pear, Milk Alternative S: Tofu Bites, GF Tortilla Chips EDS: DF Cheese, GF Tortilla Chips	24 B: Veg Egg & Veg Sausage, Warm Apple Crisp, Country Potatoes, Milk Alternative, ketchup L: Tofu Lo Mein, Normandy Blend, Pineapple (panned), Milk Alternative S: Onion Dip, WG Tortilla Chips EDS: Chocolate Hummus (CHEF), GF Cookie	25 B: Bella Biscuit, Veg Sausage, DF Cheese, Orange Wedges, Milk Alternative L: Veg Chili (Chef), Chili, Bella Biscuit, Jicama Salad (CHEF), Fruit Cocktail (panned), Milk Alternative S: Strawberry Apple Sauce Cup, Traditional Chex Mix EDS: DF Yogurt, GF Granola, Strawberry Cup	26 B: GF Pancake & Veg Sausage, Tropical Fruit Panned, Milk Alternative L: Veg Chick'n Patty w/ GF DF Gravy, WG Dinner Roll, DF Cauliflower Mashed Potatoes, Green Beans, Fresh Apple, Milk Alternative S: Baby Carrots, Hummus EDS: Sunbutter Bar, DF Yogurt	27 B: Vegan Cereal, Fresh Banana, Milk Alternative L: Basil Pesto Pasta Salad w/ Tofu, Baby Carrots, Spinach, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative S: GF Tortilla Chips, 100% Apple Juice EDS: Animal Crackers, Fresh Pear

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2	B: Galleta, taza de puré de manzana, leche al 1%, gelatina L: Penne Alfredo de pollo, brócoli, pera fresca, leche al 1% S: Pepperoni de pavo, galletas WG EDS: Palitos de queso, galletas WG	B: Pizza de desayuno WG, crujiente de manzana caliente, leche al 1% L: Receta de pavo salteado con jengibre, arroz integral, mezcla Normandy, piña (en sartén), leche al 1% S: Dip cremoso de cebolla, Chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta Graham WG	B: Galleta de pollo WG, gajos de naranja, leche al 1% L: Enchiladas de queso, arroz español, frijoles pintos, cóctel de frutas (en sartén), leche al 1% S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur, granola y frutos rojos	B: Avena con pera especiada WG, sabor a frutas tropicales, leche al 1% L: Pavo a la king, galleta WG, manzana fresca, leche al 1% S: Zanañorias mini, salsa tzatziki de yogur EDS: Barra de yogur NutriGrain	B: Tazón de cereales: Chex de arándanos, plátano fresco, leche al 1% L: Búfalo Sandwich de ensalada de pollo, pan integral, palitos de apio, salsa de frutas tropicales, aderezo ranch, leche al 1% S: WG Cheez Its, 100% jugo de manzana EDS: Galletas de animales, pera fresca
9	B: Palitos de tostada francesa WG, taza de puré de manzana, leche al 1%, jarabe L: Stroganoff de pavo, pasta, pavo molido, guisantes y zanahorias, pera fresca, leche al 1% S: Tortilla WG 6", Pavo y Queso EDS: Galletas Graham, manzana fresca	B: Tortilla de huevo y queso, crujiente de manzana caliente, galleta, leche al 1% L: Pollo teriyaki, brócoli, arroz integral, piña (en sartén), leche al 1% S: Manzanas, galletas Graham WG EDS: WG Cheez - Its, 100% jugo de uva	B: WG Kolache, gajos de naranja, 1% de leche L: Tamales de pollo y queso, frijoles negros, maíz confeti, cóctel de frutas, leche al 1% S: Ositos de manzana y canela, plátano fresco EDS: Plátano fresco, barra NutriGrain	B: Panqueques WG, salchicha de pavo, fruta tropical, leche al 1%, jarabe L: Sandwich de pollo empanizado, pan integral, hamburguesa de pollo, papas fritas, manzana fresca, aderezo ranch, leche al 1% S: Tortitas de arroz con caramelo y hummus de chocolate (CHEF) EDS: Ositos de manzana y canela, pera fresca	B: Tazón de cereales: WG Cheerios, plátano fresco, leche al 1% L: Ensalada de pasta italiana con pavo, taza de frutas tropicales, leche al 1% S: Jugo de frutas 100%, pez dorado con queso cheddar EDS: Barra de avena, gajos de naranja
16		B: Sandwich de pollo y waffle WG, crujiente de manzana caliente, leche al 1% L: Pollo al curry, arroz con coco, zanahorias con jengibre, piña (en sartén), leche al 1% S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	B: Sandwich de croissant con huevo y queso, gajos de naranja, leche al 1% L: Burrito de frijoles y queso, maíz confeti (CHEF), cóctel de frutas (en sartén), leche al 1% S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, galletas WG	B: WG Panqueque y salchicha de pollo en palito, jarabe, fruta tropical, leche al 1% L: Nuggets de pescado, cazuela de brócoli y arroz con queso, ketchup y manzana fresca S: Bloques de queso cheddar, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	B: Tazón de cereales: WG Chex con canela plátano fresco, leche al 1% L: Ensalada de pollo tailandesa, pollo en cubos, ensalada de col con verduras, fideos chow mein, salsa de frutas tropicales, aderezo tailandés, leche al 1% S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de cereales
23	B: Bagel WG, taza de puré de manzana, leche al 1%, mermelada L: Albóndigas de pavo y rotini, pasta rotini WG, salsa marinara, mezcla de verduras italianas, pera fresca, leche al 1% S: Pepperoni de pavo, galletas WG EDS: Palitos de queso, galletas WG	B: Bocados de huevo de pavo, crujiente de manzana caliente, patatas campestres, leche al 1%, ketchup L: Pollo Lo Mein, mezcla Normandia, piña (en sartén), leche al 1% S: Dip cremoso de cebolla, Chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta Graham WG	B: Sandwich de salchicha de pavo, huevo y queso, gajos de naranja y leche al 1% L: Chili de pollo (Chef), Muffin de maíz, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), Leche al 1% S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur, granola, taza de fresa	B: Waffle WG, fruta tropical en sartén, salchicha de pavo, leche al 1%, jarabe L: Hamburguesa de pollo frito, panecillo WG, puré de coliflor, judías verdes, manzana fresca, leche al 1% S: Zanañorias mini, salsa tzatziki de yogur EDS: Barra de yogur NutriGrain	B: Tazón de cereales: WG Cheerios, plátano fresco, leche al 1% L: Pasta con pesto de albahaca, pollo, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch y leche al 1% S: WG Cheez Its, 100% jugo de manzana EDS: Galletas de animales, pera fresca

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 B: Galleta Bella, taza de puré de manzana, **leche L: Penne Alfredo de pollo sin gluten, Penne Alfredo de pollo, brócoli, pera fresca, **leche S: Pepperoni de pavo, chips de tortilla sin gluten EDS: Palitos de queso, chips de tortilla sin gluten	3 B: Pizza sin gluten, crujiente de manzana sin gluten, **leche L: Salteado de pavo con jengibre sin gluten, receta de salteado de pavo con jengibre, arroz integral, mezcla Normandy, Piñas en sartén, **leche S: Dip de cebolla DF, Chips de tortilla sin gluten EDS: Hummus de chocolate (CHEF), galleta sin gluten	4 B: Galleta de pollo Bella, gajos de naranja, **leche L: Enchiladas de queso, arroz español, frijoles pintos, cóctel de frutas (en sartén), **leche S: Taza de salsa de manzana y fresa, galleta sin gluten EDS: Yogur, granola y frutos rojos	5 B: Avena con pera especiada sin gluten, en sartén con frutas tropicales, **leche L: Pavo a la King sin gluten, Pavo a la King (Recetas), Galleta Bella, Manzana Fresca, **leche S: Zanahorias mini, salsa tzatziki de yogur EDS: Barra de mantequilla de sol, yogur	6 B: Tazón de cereales: Chex de arándanos, plátano fresco, **leche L: Sándwich de ensalada de pollo estilo búfalo, pan sin gluten, palitos de apio, taza de frutas tropicales, aderezo ranch, **leche S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galleta sin gluten, pera fresca
9 B: Tostada francesa sin gluten, taza de puré de manzana, jarabe, **leche L: Pasta sin gluten y sin lácteos, pavo molido, guisantes y zanahorias, pera fresca, **leche S: Pavo y queso DF en tortilla sin gluten EDS: Galleta sin gluten, manzana fresca	10 B: Tortilla de queso sin gluten, crujiente de manzana sin gluten, galleta sin gluten, **leche L: Pollo teriyaki, arroz integral, piña (en sartén), **leche S: Manzanas, galletas sin gluten EDS: Chips de tortilla sin gluten, 100% jugo de uva	11 B: Salchicha de pavo con galleta Bella, gajos de naranja, **leche L: Taco de frijoles y queso sin gluten ni lácteos, maíz confeti, frijoles negros, cóctel de frutas, **leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	12 B: Panqueques sin gluten, salchichas y frutas tropicales en sartén, Jarabe, **leche L: Sándwich de pollo empanizado, bolitas de boniato, manzana fresca, aderezo ranch DF, **leche S: Galleta sin gluten, hummus de chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	13 B: Tazón de cereales: Cheerios, plátano fresco, **leche L: Ensalada de pasta italiana con pavo, taza de frutas tropicales, mezcla de lechugas, aderezo ranch DF, **leche S: Jugo de frutas 100%, chips de tortilla sin gluten EDS: Barra de mantequilla de sol, gajos de naranja
16	17 B: Panqueque de pollo sin gluten, crujiente de manzana sin gluten, **leche L: Pollo al curry sin gluten con arroz, pollo al curry, arroz con coco, zanahorias con jengibre, piña en salsa, **leche S: Galleta sin gluten, pera fresca EDS: Galleta sin gluten, manzana fresca	18 B: Galleta Bella, huevo y queso DF, gajos de naranja, **leche L: Taco de frijoles sin gluten y queso sin gluten, maíz confeti (CHEF), cóctel de frutas (en sartén), **leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de pollo, tortillas chips sin gluten	19 B: Panqueque y salchicha sin gluten, jarabe, fruta tropical en sartén, **leche L: Cazuela de pollo a la parrilla, brócoli y arroz con queso DF, kétchup, manzana fresca, **leche S: Bloques de queso cheddar, chips de tortilla sin gluten EDS: Galleta sin gluten, 100% jugo de manzana	20 B: Tazón de cereales: Chex con canela, plátano fresco, **leche L: Ensalada de pollo tailandesa sin gluten, pollo fajita, ensalada de col mixta, fideos sin gluten, taza de frutas tropicales, aderezo tailandés, **leche S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de mantequilla de sol
23 B: Galleta Bella, Puré de manzana, **Leche, Jalea L: Rotini y albóndigas sin gluten, salsa marinara, mezcla de verduras italianas, pera fresca, **leche S: Pepperoni de pavo, chips de tortilla sin gluten EDS: Palitos de queso, chips de tortilla sin gluten	24 B: Bocados de huevo de pavo, crujiente de manzana sin gluten, patatas campestres, **leche, kétchup L: Lo mein de pollo sin gluten con aminoácidos de coco, Lo mein de pollo, mezcla Normandy, piña (en sartén), **leche S: Dip de cebolla DF, Chips de tortilla sin gluten EDS: Hummus de chocolate (CHEF), galleta sin gluten	25 B: Sándwich de galleta Bella, salchicha de pavo, huevo y queso DF, gajos de naranja, **leche L: Chili de pollo (Chef), Chili, Muffin sin gluten/Bella Biscuit, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), **leche S: Taza de salsa de manzana y fresa, galleta sin gluten EDS: Yogur, granola, taza de fresa	26 B: Panqueques sin gluten, frutas tropicales, Salchicha, **Leche, Jarabe L: Pollo a la parrilla con salsa sin gluten, panecillo sin gluten, puré de coliflor, judías verdes, manzana fresca, **leche S: Zanahorias mini, salsa tzatziki de yogur EDS: Barra de mantequilla de sol, yogur	27 B: Tazón de cereales: Cheerios, plátano fresco, **leche L: Ensalada de pasta con pesto de albahaca sin gluten, pollo, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch sin gluten, **leche S: Chips de tortilla sin gluten, 100 % jugo de manzana EDS: Galleta sin gluten, pera fresca

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 B: Tazón de cereales, taza de fruta, leche L: Filete de ternera a la pimienta, leche S: Taza de puré de manzana Mott's, pez dorado con queso cheddar (sin pretzel) EDS: WG Cheez-Its, 100% jugo	3 B: Muffin envasado, taza de fruta, leche L: Sopa de pollo con leche S: 100% jugo de fruta, chips de tortilla WG EDS: Taza de fruta, galleta Graham WG	4 B: Tazón de cereales, pera fresca, leche L: Filete de salmón, leche S: Yogur estable, mezcla Chex tradicional EDS: Pastel de arroz WG, taza de puré de manzana de Mott	5 B: Yogur estable, granola, vaso de fruta, leche L: Gulash de ternera con leche S: Taza de puré de manzana de Mott, ositos de vainilla EDS: Mezcla tradicional Chex, yogur estable	6 B: Tazón de cereales, plátano fresco, leche L: Pollo asado con leche S: WG Cheez Its, 100% jugo de fruta EDS: Galletas de animales, pera fresca
9 B: Tazón de cereales, taza de fruta, leche L: Kebab de ternera y cordero, leche S: Taza de puré de manzana, ositos de vainilla EDS: Ositos de vainilla, 100% jugo	10 B: Muffin envasado, taza de fruta, leche L: Pollo Relleno, Leche S: Mezcla tradicional Chex, zanahorias mini EDS: WG Cheez Its, zanahorias mini	11 B: Tazón de cereales, pera fresca, leche L: Repollo relleno de carne, leche S: Ositos de manzana y canela, 100% jugo de fruta EDS: Taza de fruta, galletas WG	12 B: Yogur estable, granola, vaso de fruta, leche L: Albóndigas de pollo con leche S: Sándwich de mantequilla de sol EDS: Ositos de manzana y canela, pera fresca	13 B: Tazón de cereales, plátano fresco, leche L: Filete de ternera a la pimienta, leche S: Jugo de fruta 100%, queso cheddar Goldfish (sin pretzel) EDS: Mezcla tradicional Chex, 100% jugo
16	17 B: Muffin envasado, taza de fruta, leche L: Cholent de carne, leche S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca	18 B: Tazón de cereales, pera fresca, leche L: Sopa de pollo con leche S: Taza de fruta, chips de tortilla WG EDS: Plátano fresco, galletas WG	19 B: Yogur estable, granola, vaso de fruta, leche L: Repollo relleno de carne, leche S: Taza de fruta, galletas WG EDS: Ositos de manzana y canela, jugo de manzana 100%, Cheez Its	20 B: Tazón de cereales, plátano fresco, leche L: Pollo asado con leche S: 100% Jugo de Fruta, Ositos de Vainilla EDS: Barra de cereal con salsa de manzana y fresa
23 B: Tazón de cereales, taza de fruta, leche L: Gulash de ternera con leche S: Taza de puré de manzana, galletas WG EDS: Galletas WG, 100% jugo	24 B: Muffin envasado, taza de fruta, leche L: Pollo Relleno, Leche S: 100% jugo de fruta, chips de tortilla WG EDS: Taza de fruta, galleta Graham WG	25 B: Tazón de cereales, pera fresca, leche L: Kebab de ternera y cordero, leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur, granola, taza de fruta	26 B: Yogur estable, granola, vaso de fruta, leche L: Sopa de pollo con leche S: Taza de puré de manzana, ositos de vainilla EDS: Barra de yogur Nutrigrain	27 B: Tazón de cereales, plátano fresco, leche L: Filete de ternera a la pimienta, leche S: WG Cheez Its, 100% jugo de manzana EDS: Galletas de animales, pera fresca

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	2 B: Galleta Bella, taza de puré de manzana, alternativa a la leche L: Tofu Alfredo, brócoli, pera fresca, alternativa a la leche S: Bocados de tofu, chips de tortilla sin gluten EDS: Chips de tortilla sin queso y sin gluten	3 B: Pizza de bagel con queso DF, crujiente de manzana caliente y alternativa a la leche L: Receta de tofu salteado con jengibre, arroz integral, mezcla Normandía, Piñas enlatadas Alternativa a la leche S: salsa de cebolla, Chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta sin gluten	4 B: Salchicha vegetariana y galleta Bella, gajos de naranja y alternativa a la leche L: Taco de frijoles y queso DF, arroz español, frijoles pintos, cóctel de frutas (en sartén), alternativa a la leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur sin gluten, granola sin gluten, frutos rojos mixtos	5 B: Avena con pera especiada, fruta tropical (en lata), alternativa a la leche L: Tofu a la King, galleta Bella, manzana fresca, alternativa a la leche S: Zanahorias mini, hummus EDS: Barra de mantequilla de sol, yogur DF	6 B: Cereal vegano, plátano fresco, alternativa a la leche L: Sándwich de ensalada de garbanzos estilo búfalo, panecillo integral, palitos de apio, taza de frutas tropicales, aderezo ranch DF, alternativa a la leche S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galletas de animales, pera fresca
	9 B: Palitos de tostada francesa, taza de puré de manzana, alternativa a la leche, jarabe L: Stroganoff de tofu, pasta, guisantes y zanahorias, pera fresca, alternativa a la leche S: Wrap de hummus y queso DF EDS: Galleta sin gluten, manzana fresca	10 B: Huevo vegetariano y queso DF, crujiente de manzana caliente, galleta Bella, alternativa a la leche L: Tofu teriyaki, arroz integral, piña (en sartén), alternativa a la leche S: Barra de manzanas y mantequilla de sol EDS: Chips de tortilla sin gluten, 100 % jugo de uva	11 B: Salchicha vegetariana y galleta Bella, gajos de naranja, alternativa a la leche L: Taco de frijoles y queso sin gluten ni lácteos, maíz confeti, frijoles negros, cóctel de frutas y alternativa a la leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	12 B: Panqueques con almibar, salchicha vegetariana, fruta tropical (en lata), alternativa a la leche L: Sándwich pollo Morning Star, pan integral, papas fritas, manzana fresca, aderezo ranch DF, alternativa a la leche S: Hummus de manzana y chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	13 B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada de pasta italiana vegetariana, ensalada de pasta, taza de frutas tropicales, mezcla de primavera, aderezo ranch DF, alternativa a la leche S: Jugo de frutas 100%, chips de tortilla sin gluten Barra de mantequilla de sol, gajos de naranja EDS:
	16	17 B: Salchicha vegetariana y galleta Bella, crujiente de manzana caliente, alternativa a la leche L: Curry de tofu, arroz con coco, zanahorias con jengibre y piña (en sartén), alternativa a la leche S: Barra de mantequilla de sol, pera fresca EDS: Barra de mantequilla de sol, manzana fresca	18 B: Galleta Bella, huevo vegetal y queso DF, gajos de naranja, alternativa a la leche L: Taco de frijoles y queso DF, maíz confeti (CHEF), cóctel de frutas (en sartén), alternativa a la leche S: Dip de frijoles negros, chips de tortilla WG EDS: Ensalada de garbanzos, tortillas sin gluten	19 B: Panqueque sin gluten y salchicha vegetariana, jarabe, fruta tropical en sartén Alternativa a la leche L: Tiras de pollo vegetarianas, cazuela de brócoli y arroz con queso, ketchup, manzana fresca y alternativa a la leche. S: Queso DF, galletas WG EDS: Galleta de pan de jengibre, 100% jugo de manzana	20 B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada tailandesa de tofu, tofu, ensalada de col, fideos, taza de frutas tropicales, aderezo tailandés, alternativa a la leche S: Palitos de apio, mantequilla de girasol, pasas EDS: Taza de salsa de manzana y fresa, barra de cereales
	23 B: Bagel, taza de puré de manzana, alternativa a la leche, gelatina L: Rotini con trozos de carne vegetal, pasta rotini integral, salsa marinara, mezcla de verduras italianas, pera fresca y alternativa a la leche. S: Bocados de tofu, chips de tortilla sin gluten EDS: Chips de tortilla sin queso y sin gluten	24 B: Huevo y salchicha vegetariana, crujiente de manzana caliente, patatas campestres, alternativa a la leche, ketchup L: Tofu Lo Mein, mezcla de Normandía, piña (en sartén), alternativa a la leche S: Salsa de cebolla, Chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta sin gluten	25 B: Galleta Bella, salchicha vegetariana, queso DF, gajos de naranja, alternativa a la leche L: Chili vegetariano (Chef), Chili, Galleta Bella, Ensalada de jicama (CHEF), Cóctel de frutas (en sartén), Alternativa a la leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur DF, granola GF, taza de fresa	26 B: Panqueque sin gluten y salchicha vegetariana, pan de frutas tropicales Alternativa a la leche L: Hamburguesa vegetariana de pollo con salsa sin gluten y sin lácteos, panecillo integral, puré de coliflor sin lácteos, judías verdes, manzana fresca y alternativa a la leche. S: Zanahorias mini, hummus EDS: Barra de mantequilla de sol, yogur DF	27 B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada de pasta con pesto de albahaca, tofu, zanahorias mini, espinacas, salsa de frutas tropicales, aderezo ranch DF y alternativa a la leche. S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galletas de animales, pera fresca