

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	<p>B: WG Orange Muffin, Applesauce Cup, 1% Milk</p> <p>L: Cheese Pizza, Glazed Carrots, Fresh Pear, 1% Milk</p> <p>S: WG Tortilla 6", Turkey & Cheese</p> <p>EDS: Graham Crackers, Fresh Apple</p>	<p>3</p> <p>B: WG Chicken Kolache, Warm Apple Crisp, 1% Milk</p> <p>L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), 1% Milk</p> <p>S: Apples, WG Graham Crackers</p> <p>EDS: WG Cheez - Its, 100% Grape Juice</p>	<p>4</p> <p>B: Croissant Sandwich, Chicken Sausage patty & Cheese, Orange Wedges, 1% Milk</p> <p>L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail (panned), 1% Milk</p> <p>S: Apple Cinnamon Bears, Fresh Banana</p> <p>EDS: Fresh Banana, Nutrigrain Bar</p>	<p>5</p> <p>B: WG Breakfast Burrito, Egg, Turkey, & Cheese, Tropical Fruit Panned, 1% Milk</p> <p>L: Popcorn Chicken w/ Broccoli Casserole, Fresh Apple, Barbeque Sauce, 1% Milk</p> <p>S: Caramel Rice Cakes, Chocolate Hummus (CHEF)</p> <p>EDS: Apple Cinnamon Bears, Fresh Pear</p>	<p>6</p> <p>B: WG Rice Chex, Fresh Banana, 1% Milk</p> <p>L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, 1% Milk, Parmesan Cheese, Caesar Dressing</p> <p>S: 100% Fruit Punch, Cheddar Goldfish</p> <p>EDS: Oat Bar, Orange Wedges</p>
9		10	11	12	13
16	<p>B: Biscuit, Applesauce Cup, 1% Milk, Jelly</p> <p>L: Chicken Penne Alfredo, Broccoli, Fresh Pear, 1% Milk</p> <p>S: Turkey Pepperoni, WG Crackers</p> <p>EDS: Cheese Sticks, WG Crackers</p>	<p>17</p> <p>B: WG Breakfast Pizza, Warm Apple Crisp, 1% Milk</p> <p>L: Ginger Turkey Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapple (panned), 1% Milk</p> <p>S: Creamy Onion Dip WG Tortilla Chips</p> <p>EDS: Chocolate Hummus (CHEF), WG Graham Cracker</p>	<p>18</p> <p>B: WG Chicken Biscuit, Orange Wedges , 1% Milk</p> <p>L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), 1% Milk</p> <p>S: Strawberry Apple Sauce Cup, Traditional Chex Mix</p> <p>EDS: Yogurt, Granola, Mixed Berries</p>	<p>19</p> <p>B: WG Spiced Pear Oatmeal, Tropical Fruit Panned, 1% Milk</p> <p>L: Turkey ala king, WG Biscuit, Fresh Apple, 1% Milk</p> <p>S: Baby Carrots, Yogurt Tzatziki Sauce</p> <p>EDS: Nutrigrain Bar, Yogurt</p>	<p>20</p> <p>B: WG Blueberry Chex, Fresh Banana, 1% Milk</p> <p>L: Buffalo Chicken Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, 1% Milk</p> <p>S: WG Cheez Its, 100% Apple Juice</p> <p>EDS: Animal Crackers, Fresh Pear</p>
23	<p>B: WG French Toast Sticks, Applesauce Cup, 1% Milk, Syrup</p> <p>L: Turkey Stroganoff, Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, 1% Milk</p> <p>S: WG Tortilla 6", Turkey & Cheese</p> <p>EDS: Graham Crackers, Fresh Apple</p>	<p>24</p> <p>B: Egg & Cheese Omelet, Warm Apple Crisp, Biscuit, 1% Milk</p> <p>L: Teriyaki Chicken, Broccoli, Brown Rice, Pineapple (panned), 1% Milk</p> <p>S: Apples, WG Graham Crackers</p> <p>EDS: WG Cheez - Its, 100% Grape Juice</p>	<p>25</p> <p>B: WG Kolache, Orange Wedges, 1% Milk</p> <p>L: Chicken & Cheese Tamales, Black Beans, Confetti Corn, Fruit Cocktail, 1% Milk</p> <p>S: Apple Cinnamon Bears, Fresh Banana</p> <p>EDS: Fresh Banana, Nutrigrain Bar</p>	<p>26</p> <p>B: WG Pancakes, Turkey Sausage Link, Tropical Fruit (panned), 1% Milk, Syrup</p> <p>L: Breaded Chicken Sandwich, WG Bun, Chicken Patty, Sweet Potato Tots, Fresh Apple, Ranch Dressing, 1% Milk</p> <p>S: Caramel Rice Cakes, Chocolate Hummus (CHEF)</p> <p>EDS: Apple Cinnamon Bears, Fresh Pear</p>	<p>27</p> <p>B: WG Cheerios, Fresh Banana, 1% Milk</p> <p>L: Turkey Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, 1% Milk</p> <p>S: 100% Fruit Punch, Cheddar Goldfish</p> <p>EDS: Oat Bar, Orange Wedges</p>
30	<p>B: WG Blueberry Muffin, Applesauce Cup, 1% Milk</p> <p>L: Lasagna Rolls w/ Sauce, Italian blend Veggies, Fresh Pear, 1% Milk</p> <p>S: Yogurt, Granola</p> <p>EDS: Vanilla Bears, 100% Orange Juice</p>	<p>31</p> <p>B: WG Chicken Waffle Sandwich, Warm Apple Crisp, 1% Milk</p> <p>L: Chicken Curry w/ Rice, Coconut Rice, Ginger Carrots, Pineapple (panned), 1% Milk</p> <p>S: Apple Cinnamon Bears, Fresh Pear</p> <p>EDS: WG Rice Cakes, Fresh Apple</p>			

MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>B: GF Orange Muffin, Applesauce Cup, **Milk</p> <p>L: B-Free GF Pizza, DF Cheese Pizza, Glazed Carrots, Fresh Pear, **Milk</p> <p>S: Turkey & Cheese on GF Tortilla</p> <p>EDS: GF Cookie, Fresh Apple</p>	<p>3</p> <p>B: Turkey Sausage w/ Bella Biscuit, GF Apple Crisp, **Milk</p> <p>L: Orange Tofu GF, Brown Rice, Broccoli, Pineapples (panned), **Milk</p> <p>S: Apples, GF Cookie</p> <p>EDS: GF Tortilla Chips, 100% Grape Juice</p>	<p>4</p> <p>B: Bella Biscuit, Chicken Sausage patty & DF Cheese, Wedges, Orange, **Milk</p> <p>L: Chicken Taco, Ground Chicken, Corn Tortilla (GF), Confetti Corn (CHEF), Fruit Cocktail panned, **Milk</p> <p>S: GF Cookie, Fresh Banana</p> <p>EDS: Fresh Banana, Sunbutter Bar</p>	<p>5</p> <p>B: GF Bean & DF Cheese Taco, Tropical Fruit Canned, **Milk, salsa</p> <p>L: Grilled Chicken, Broccoli & Rice DF Cheese Casserole, Fresh Apple, DF Ranch Dressing, **Milk</p> <p>S: GF Cookie, Chocolate Hummus (CHEF)</p> <p>EDS: GF Cookie, Fresh Pear</p>	<p>6</p> <p>B: Cereal Bowl - Rice Chex, Fresh Banana, **Milk</p> <p>L: Chicken Caesar Salad, Grilled Chicken diced, GF Roll/Bella Biscuit, Fresh Apple, Spring Mix, **Milk, Parmesan Cheese, Caesar Dressing</p> <p>S: 100% Fruit Punch, GF Tortilla Chips</p> <p>EDS: Sunbutter Bar, Orange Wedges</p>
<p>9</p>	<p>10</p>	<p>11</p>	<p>12</p>	<p>13</p>
<p>16</p> <p>B: Bella Biscuit, Applesauce Cup, **Milk</p> <p>L: GF Chicken Penne Alfredo, Chicken Penne Alfredo, Broccoli, Fresh Pear, **Milk</p> <p>S: Turkey Pepperoni, GF Tortilla Chips</p> <p>EDS: Cheese Sticks, GF Tortilla Chips</p>	<p>17</p> <p>B: GF B-Free Pizza, GF Apple Crisp, **Milk</p> <p>L: GF Ginger Turkey Stir-Fry, Ginger Turkey Stir-Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, **Milk</p> <p>S: DF Onion Dip, GF Tortilla Chips</p> <p>EDS: Chocolate Hummus (CHEF), GF Cookie</p>	<p>18</p> <p>B: Chicken Bella Biscuit, Wedges Orange, **Milk</p> <p>L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), **Milk</p> <p>S: Strawberry Apple Sauce Cup, GF Cookie</p> <p>EDS: Yogurt, Granola, Mixed Berries</p>	<p>19</p> <p>B: GF Spiced Pear Oatmeal, Tropical Fruit Panned, **Milk</p> <p>L: GF Turkey a la King, Turkey ala king(Recipes), Bella Biscuit, Fresh Apple, **Milk</p> <p>S: Baby Carrots, Yogurt Tzatziki Sauce</p> <p>EDS: Sunbutter Bar, Yogurt</p>	<p>20</p> <p>B: Cereal Bowl - Blueberry Chex, Fresh Banana, **Milk</p> <p>L: Buffalo Chicken Salad Sandwich, Buffalo Chicken Salad, GF Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, **Milk</p> <p>S: GF Tortilla Chips, 100% Apple Juice</p> <p>EDS: GF Cookie, Fresh Pear</p>
<p>23</p> <p>B: GF French Toast, Applesauce Cup, Syrup, **Milk</p> <p>L: GF DF Pasta, Ground Turkey, Peas & Carrots, Fresh Pear, **Milk</p> <p>S: Turkey & DF Cheese on GF Tortilla</p> <p>EDS: GF Cookie, Fresh Apple</p>	<p>24</p> <p>B: DF Cheese Omelet, GF Apple Crisp, GF Biscuit, **Milk</p> <p>L: Teriyaki Chicken, Brown Rice, Pineapple (panned), **Milk</p> <p>S: Apples, GF Cookie</p> <p>EDS: GF Tortilla Chips, 100% Grape Juice</p>	<p>25</p> <p>B: Turkey Sausage w/ Bella Biscuit, Wedges Orange, **Milk</p> <p>L: GF/DF Bean & Cheese Taco, Confetti Corn, Black Beans, Fruit Cocktail, **Milk</p> <p>S: EDS: GF Cookie, Fresh Banana</p> <p>Fresh Banana, Sunbutter Bar</p>	<p>26</p> <p>B: GF Pancakes, Sausage Link, Tropical Fruit Panned, Syrup, **Milk</p> <p>L: Breaded Chicken Sandwich, Sweet Potato Tots, Fresh Apple, DF Ranch Dressing, **Milk</p> <p>S: GF Cookie, Chocolate Hummus (CHEF)</p> <p>EDS: GF Cookie, Fresh Pear</p>	<p>27</p> <p>B: Cereal Bowl - Cheerios, Fresh Banana, **Milk</p> <p>L: GF Turkey Italian Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, **Milk</p> <p>S: 100% Fruit Punch, GF Tortilla Chips</p> <p>EDS: Sunbutter Bar, Orange Wedges</p>
<p>30</p> <p>B: GF Blueberry Muffin, Applesauce Cup, Milk</p> <p>L: GF Pasta w/ Meatsauce, Italian blend Veggies, Fresh Pear, Milk</p> <p>S: Yogurt, GF Granola</p> <p>EDS: GF Cookie, 100% Orange Juice</p>	<p>31</p> <p>B: Chicken GF Pancake, GF Apple Crisp, Milk</p> <p>L: GF Chicken Curry w/ Rice, Chicken Curry, Coconut Rice Recipe, Ginger Carrots, Pineapple Panned, Milk</p> <p>S: GF Cookie, Fresh Pear</p> <p>EDS: GF Cookie, Fresh Apple</p>			



KOSHER DIET



MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 B: Cereal Bowl, Fruit Cup, Milk L: Beef Stuffed Cabbage, Milk S: Applesauce Cup, Vanilla Bears EDS: Graham Crackers, Fresh Apple	3 B: Packaged Muffin, Fruit Cup, Milk L: Roasted Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, 100% Juice	4 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fresh Banana, Nutrigrain Bar	5 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	6 B: Cereal Bowl, Fresh Banana, Milk L: Beef Cholent, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Oat Bar, 100% Juice
9	10	11	12	13
16 B: Cereal Bowl, Fruit Cup, Milk L: Beef Pepper Steak, Milk S: Mott's Applesauce Cup, Cheddar Goldfish (No pretzel) EDS: WG Cheez - Its, 100% Juice	17 B: Packaged Muffin, Fruit Cup, Milk L: Chicken Soup, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Fruit Cup, WG Graham Cracker	18 B: Cereal Bowl, Fresh Pear, Milk L: Filet Salmon, Milk S: Shelf- Stable Yogurt, Traditional Chex Mix EDS: WG Rice Cake, Mott's Applesauce Cup	19 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Beef Goulash, Milk S: Mott's Applesauce Cup, Vanilla Bears EDS: Traditional Chex Mix, Shelf Stable Yogurt	20 B: Cereal Bowl, Fresh Banana, Milk L: Roasted Chicken, Milk S: WG Cheez Its, 100% Fruit Juice EDS: Animal Crackers, Fresh Pear
23 B: Cereal Bowl, Fruit Cup, Milk L: Beef and Lamb Kabob, Milk S: Applesauce Cup, Vanilla Bears EDS: Vanilla Bears, 100% Juice	24 B: Packaged Muffin, Fruit Cup, Milk L: Stuffed Chicken, Milk S: Traditional Chex Mix, Baby Carrots EDS: WG Cheez Its, Baby Carrots	25 B: Cereal Bowl, Fresh Pear, Milk L: Beef Stuffed Cabbage, Milk S: Apple Cinnamon Bears, 100% Fruit Juice EDS: Fruit Cup, WG Crackers	26 B: Shelf Stable Yogurt, Granola, Fruit Cup, Milk L: Chicken Meatballs, Milk S: Sun Butter Sandwich EDS: Apple Cinnamon Bears, Fresh Pear	27 B: Cereal Bowl, Fresh Banana, Milk L: Beef Pepper Steak, Milk S: 100% Fruit Juice, Cheddar Goldfish (No pretzel) EDS: Traditional Chex Mix, 100% Juice
30 B: Cereal Bowl, Fruit Cup, Milk L: Chicken Lo Mein, Milk S: 100% Fruit Juice, WG Tortilla Chips EDS: Cheddar Goldfish (No pretzel), 100% Juice	31 B: Packaged Muffin, Fruit Cup, Milk L: Beef Cholent, Milk S: Apple Cinnamon Bears, Fresh Pear EDS: WG Rice Cakes, Fresh Apple	31	31	31

MARCH 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
2	<p>B: GF Muffin, Applesauce Cup, Milk Alternative</p> <p>L: Bagel Pizza w/ DF Cheese, Glazed Carrots, Fresh Pear, Milk Alternative</p> <p>S: Hummus & DF Cheese Wrap</p> <p>EDS: GF Cookie, Fresh Apple</p>	3	<p>B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative</p> <p>L: Orange Tofu, Brown Rice, Broccoli, Pineapples panned, Milk Alternative</p> <p>S: Apples, Sunbutter Bar</p> <p>EDS: GF Tortilla Chips, 100% Grape Juice</p>	4	<p>B: Bella Biscuit, Veg Sausage & DF Cheese, Wedges, Orange, Milk Alternative</p> <p>L: Veg Taco w/ Veg Crumbles, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail panned, Milk Alternative</p> <p>S: GF Cookie, Fresh Banana</p> <p>EDS: Fresh Banana, Sunbutter Bar</p>	5	<p>B: Bean & DF Cheese Taco, Tropical Fruit Canned, Milk Alternative, salsa</p> <p>L: Veg Chick'n w/ Broccoli Casserole, Broccoli & Rice DF Cheese Casserole, Fresh Apple, Barbeque Sauce, Milk Alternative</p> <p>S: Apples, Chocolate Hummus (CHEF)</p> <p>EDS: GF Cookie, Fresh Pear</p>	6	<p>B: Vegan Cereal, Fresh Banana, Milk Alternative</p> <p>L: Veg Chick'n Caesar Salad, WG Roll, Fresh Apple, Spring Mix, Milk Alternative, DF Ranch Dressing</p> <p>S: 100% Fruit Punch, GF Tortilla Chips</p> <p>EDS: Sunbutter Bar, Orange Wedges</p>
9		10	11	12	13				
16	<p>B: Bella Biscuit, Applesauce Cup, Milk Alternative</p> <p>L: Tofu Alfredo, Broccoli, Fresh Pear, Milk Alternative</p> <p>S: Tofu Bites, GF Tortilla Chips</p> <p>EDS: DF Cheese, GF Tortilla Chips</p>	17	<p>B: Bagel Pizza w/ DF Cheese, Warm Apple Crisp, Milk Alternative</p> <p>L: Ginger Tofu Stir- Fry Recipe, Brown Rice, Normandy Blend, Pineapples panned, Milk Alternative</p> <p>S: Onion Dip, WG Tortilla Chips</p> <p>EDS: Chocolate Hummus (CHEF), GF Cookie</p>	18	<p>B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative</p> <p>L: Bean & DF Cheese Taco, Spanish Rice, Pinto Beans, Fruit Cocktail (panned), Milk Alternative</p> <p>S: Strawberry Apple Sauce Cup, Traditional Chex Mix</p> <p>EDS: DF Yogurt, GF Granola, Mixed Berries</p>	19	<p>B: Spiced Pear Oatmeal, Tropical Fruit (panned), Milk Alternative</p> <p>L: Tofu a la King, Bella Biscuit, Fresh Apple, Milk Alternative</p> <p>S: Baby Carrots, Hummus</p> <p>EDS: Sunbutter Bar, DF Yogurt</p>	20	<p>B: Vegan Cereal, Fresh Banana, Milk Alternative</p> <p>L: Buffalo Chickpea Salad Sandwich, WG Bun, Celery Sticks, Tropical Fruit Cup, DF Ranch Dressing, Milk Alternative</p> <p>S: GF Tortilla Chips, 100% Apple Juice</p> <p>EDS: Animal Crackers, Fresh Pear</p>
23	<p>B: French Toast Sticks, Applesauce Cup, Milk Alternative, Syrup</p> <p>L: Tofu Stroganoff, Pasta, Peas & Carrots, Fresh Pear, Milk Alternative</p> <p>S: Hummus & DF Cheese Wrap</p> <p>EDS: GF Cookie, Fresh Apple</p>	24	<p>B: Veg Egg & DF Cheese, Warm Apple Crisp, Bella Biscuit, Milk Alternative</p> <p>L: Teriyaki Tofu, Brown Rice, Pineapple (panned), Milk Alternative</p> <p>S: Apples, Sunbutter Bar</p> <p>EDS: GF Tortilla Chips, 100% Grape Juice</p>	25	<p>B: Veg Sausage & Bella Biscuit, Orange Wedges, Milk Alternative</p> <p>L: GF/DF Bean & Cheese Taco, Confetti Corn, Black Beans, Fruit Cocktail, Milk Alternative</p> <p>S: GF Cookie, Fresh Banana</p> <p>EDS: Fresh Banana, Sunbutter Bar</p>	26	<p>B: Pancakes & Syrup, Veg Sausage, Tropical Fruit (panned), Milk Alternative</p> <p>L: Buffalo Sandwich w/ Morning Star Chick'n , Whole Grain Bun, Beyond Veg Patty, Sweet Potato Tots, s, Fresh Apple, DF Ranch Dressing, Milk Alternative</p> <p>S: Apples, Chocolate Hummus (CHEF)</p> <p>EDS: GF Cookie, Fresh Pear</p>	27	<p>B: Vegan Cereal, Fresh Banana, Milk Alternative</p> <p>L: Veg Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, Spring Mix, DF Ranch Dressing, Milk Alternative</p> <p>S: 100% Fruit Punch, GF Tortilla Chips</p> <p>EDS: Sunbutter Bar, Orange Wedges</p>
30	<p>B: GF Blueberry Muffin, Applesauce Cup, Milk Alternative</p> <p>L: Rotini w/ Veg Meat Crumbles, Italian blend Veggies, Fresh Pear, Milk Alternative</p> <p>S: DF Yogurt, GF Granola</p> <p>EDS: GF Cookie, 100% Orange Juice</p>	31	<p>B: Veg Sausage & Bella Biscuit, Warm Apple Crisp, Milk Alternative</p> <p>L: Tofu Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Milk Alternative</p> <p>S: Sunbutter Bar, Fresh Pear</p> <p>EDS: Sunbutter Bar, Fresh Apple</p>						

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2	<p>B: Muffin de naranja WG, taza de puré de manzana, leche al 1%</p> <p>L: Pizza de queso, zanahorias glaseadas, pera fresca, leche al 1%</p> <p>S: Tortilla WG 6", Pavo y Queso</p> <p>EDS: Galletas Graham, manzana fresca</p>	<p>B: Kolache de pollo WG, crujiente de manzana caliente, leche al 1%</p> <p>L: Pollo a la naranja (empanizado), arroz integral, brócoli, piñas (en lata), leche al 1%</p> <p>S: Manzanas, galletas Graham WG</p> <p>EDS: WG Cheez-Itz, 100% jugo de uva</p>	<p>B: Sándwich de croissant, hamburguesa de salchicha de pollo y queso, rajadas de naranja, leche al 1%</p> <p>L: Taco de pollo, pollo molido, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas (en sartén), leche al 1%</p> <p>S: Ositos de manzana y canela, plátano fresco</p> <p>EDS: Plátano fresco, barra Nutrigrain</p>	<p>B: Burrito de desayuno WG, huevo, pavo y queso, fruta tropical enlatada, leche al 1%</p> <p>L: Pollo palomitas con cazuela de brócoli, manzana fresca, salsa barbacoa y leche al 1%</p> <p>S: Tortitas de arroz con caramelo y hummus de chocolate (CHEF)</p> <p>EDS: Ositos de manzana y canela, pera fresca</p>	<p>B: WG Rice Chex, plátano fresco, leche al 1%</p> <p>L: Ensalada César de pollo, pollo a la parrilla en cubos, panecillo WG, manzana fresca, mezcla de lechugas, leche al 1%, queso parmesano, aderezo César</p> <p>S: Jugos 100%, pez dorado con queso cheddar</p> <p>EDS: Barra de avena con rajadas de naranja</p>
9		10	11	12	13
16	<p>B: Galleta, taza de puré de manzana, leche al 1%, gelatina</p> <p>L: Penne Alfredo de pollo, brócoli, pera fresca, leche al 1%</p> <p>S: Pepperoni de pavo, galletas WG</p> <p>EDS: Palitos de queso, galletas WG</p>	<p>B: Pizza de desayuno WG, crujiente de manzana caliente, leche al 1%</p> <p>L: Receta de pavo salteado con jengibre, arroz integral, mezcla Normandy, piña (en sartén), leche al 1%</p> <p>S: Chips de tortilla WG con salsa cremosa de cebolla</p> <p>EDS: Hummus de chocolate (CHEF), galleta Graham WG</p>	<p>B: Galleta de pollo WG, rajadas de naranja, leche al 1%</p> <p>L: Enchiladas de queso, arroz español, frijoles pintos, cóctel de frutas (en sartén), leche al 1%</p> <p>S: Taza de salsa de manzana y fresa, mezcla tradicional Chex</p> <p>EDS: Yogur, granola y frutos rojos</p>	<p>B: Avena con pera especiada WG, sabor a frutas tropicales, leche al 1%</p> <p>L: Pavo a la king, galleta WG, manzana fresca, leche al 1%</p> <p>S: Zanahorias mini, salsa tzatziki de yogur</p> <p>EDS: Barra de yogur Nutrigrain</p>	<p>B: WG Blueberry Chex, plátano fresco, leche al 1%</p> <p>L: Sándwich de ensalada de pollo Buffalo, panecillo integral, palitos de apio, taza de frutas tropicales, aderezo ranch, leche al 1%</p> <p>S: WG Cheez Its, 100% jugo de manzana</p> <p>EDS: Galletas de animales, pera fresca</p>
23	<p>B: Palitos de tostada francesa WG, taza de puré de manzana, leche al 1%, jarabe</p> <p>L: Stroganoff de pavo, pasta, pavo molido, guisantes y zanahorias, pera fresca, leche al 1%</p> <p>S: Tortilla WG 6", Pavo y Queso</p> <p>EDS: Galletas Graham, manzana fresca</p>	<p>B: Tortilla de huevo y queso, crujiente de manzana caliente, galleta, leche al 1%</p> <p>L: Pollo teriyaki, brócoli, arroz integral, piña (en lata), leche al 1%</p> <p>S: Manzanas, galletas Graham WG</p> <p>EDS: WG Cheez-Itz, 100% jugo de uva</p>	<p>B: WG Kolache, rajadas de naranja, 1% de leche</p> <p>L: Tamales de pollo y queso, frijoles negros, maíz confeti, cóctel de frutas, leche al 1%</p> <p>S: Ositos de manzana y canela, plátano fresco</p> <p>EDS: Barra de plátano fresco y nutrigrain</p>	<p>B: Panqueques WG, salchicha de pavo, fruta tropical (en lata), leche al 1%, jarabe</p> <p>L: Sándwich de pollo empanizado, pan integral, hamburguesa de pollo, croquetas de boniato, manzana fresca, aderezo ranch, leche al 1%</p> <p>S: Tortitas de arroz con caramelo y hummus de chocolate (CHEF)</p> <p>EDS: Ositos de manzana y canela, pera fresca</p>	<p>B: WG Cheerios, plátano fresco, leche al 1%</p> <p>L: Ensalada de pasta italiana de pavo, ensalada de pasta, taza de frutas tropicales, leche al 1%</p> <p>S: Jugos 100%, pez dorado con queso cheddar</p> <p>Barra de avena con rajadas de naranja</p> <p>EDS:</p>
30	<p>B: Muffin de arándanos WG, taza de puré de manzana, leche al 1%</p> <p>L: Rollitos de lasaña con salsa, mezcla de verduras italianas, pera fresca, leche al 1%</p> <p>S: Yogurt, Granola</p> <p>EDS: Ositos de Vainilla, 100% Jugo de Naranja</p>	<p>B: Sándwich de pollo Waffle WG, crujiente de manzana caliente, leche al 1%</p> <p>L: Pollo al curry con arroz, arroz con coco, zanahorias con jengibre, piña (en sartén), leche al 1%</p> <p>S: Ositos de manzana y canela, pera fresca</p> <p>EDS: Tortitas de arroz WG, manzana fresca</p>			

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 B: Muffin de naranja sin gluten, taza de puré de manzana, **leche L: Pizza sin gluten, pizza con queso, zanahorias glaseadas, pera fresca, **leche S: Pavo y queso en tortilla sin gluten EDS: Galleta sin gluten, manzana fresca	3 B: Salchicha de pavo con galleta Bella, crujiente de manzana sin gluten, **leche L: Tofu con naranja sin gluten, arroz integral, brócoli, piñas (en sartén), **leche S: Manzanas, galletas sin gluten EDS: Chips de tortilla sin gluten, 100% jugo de uva	4 B: Galleta Bella, hamburguesa de salchicha de pollo y queso DF, rajas, naranja, **leche L: Taco de pollo, pollo molido, tortilla de maíz (sin gluten), maíz confeti (CHEF), cóctel de frutas en sartén, **leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	5 B: Taco de frijoles sin gluten y queso sin gluten, fruta tropical enlatada, **leche, salsa L: Cazuela de pollo a la parrilla, brócoli y arroz con queso DF, manzana fresca, aderezo ranch DF, **leche S: Galleta sin gluten, hummus de chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	6 B: Tazón de cereales: Rice Chex, plátano fresco, **leche L: Ensalada César de pollo, pollo a la parrilla en cubos, panecillo sin gluten/galleta Bella, manzana fresca, mezcla de lechugas, **leche, queso parmesano, aderezo César S: Jugos 100%, chips de tortilla sin gluten EDS: Barra de mantequilla de sol, rajas de naranja
9	10	11	12	13
16 B: Galleta Bella, taza de puré de manzana, **leche L: Penne Alfredo de pollo sin gluten, Penne Alfredo de pollo, brócoli, pera fresca, **leche S: Pepperoni de pavo, chips de tortilla sin gluten EDS: Palitos de queso, chips de tortilla sin gluten	17 B: Pizza sin gluten, crujiente de manzana sin gluten, **leche L: Salteado de pavo con jengibre sin gluten, receta de salteado de pavo con jengibre, arroz integral, mezcla Normandy, Piñas en sartén, **Leche S: Dip de cebolla DF), chips de tortilla GF EDS: Hummus de chocolate (CHEF), galleta sin gluten	18 B: Galleta de pollo Bella, rajas de naranja, **leche L: Enchiladas de queso, arroz español, frijoles pintos, cóctel de frutas (en sartén), **leche S: Taza de salsa de manzana y fresa, galleta sin gluten EDS: Yogur, granola y frutos rojos	19 B: Avena con pera especiada sin gluten, sabor a frutas tropicales, **leche L: Pavo a la King sin gluten, Pavo a la King (Recetas), Galleta Bella, Manzana Fresca, **Leche S: Zanahorias mini, salsa tzatziki de yogur EDS: Barra de mantequilla de sol, yogur	20 B: Tazón de cereales: Chex de arándanos, plátano fresco, **leche L: Sándwich de ensalada de pollo estilo búfalo, pan sin gluten, palitos de apio, taza de frutas tropicales, aderezo ranch, **leche S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galleta sin gluten, pera fresca
23 B: Tostada francesa sin gluten, taza de puré de manzana, jarabe, **leche L: Pasta sin gluten y sin lácteos, pavo molido, guisantes y zanahorias, pera fresca, **leche S: Pavo y queso DF en tortilla sin gluten EDS: Galleta sin gluten, manzana fresca	24 B: Tortilla de queso sin gluten, crujiente de manzana sin gluten, galleta sin gluten, **leche L: Pollo teriyaki, arroz integral, piña (en sartén), **leche S: Manzanas, galletas sin gluten EDS: Chips de tortilla sin gluten, 100% jugo de uva	25 B: Salchicha de pavo con galleta Bella, rajas de naranja, **leche L: Taco de frijoles y queso sin gluten ni lácteos, maíz confeti, frijoles negros, cóctel de frutas, **leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol	26 B: Panqueques sin gluten, salchicha, fruta tropical en salsa, jarabe, **leche L: Sándwich de pollo empanizado, bolitas de boniato, manzana fresca, aderezo ranch DF, **leche S: Galleta sin gluten, hummus de chocolate (CHEF) EDS: Galleta sin gluten, pera fresca	27 B: Tazón de cereales: Cheerios, plátano fresco, **leche L: Ensalada de pasta italiana de pavo sin gluten, taza de frutas tropicales, mezcla de lechugas, aderezo ranch sin gluten, **leche S: Jugos 100%, chips de tortilla sin gluten Barra de mantequilla de sol, rajas de naranja EDS:
30 B: Muffin de arándanos sin gluten, taza de puré de manzana, leche L: Pasta sin gluten con salsa de carne, mezcla de verduras italianas, pera fresca, leche S: Yogurt, GF Granola EDS: Galleta sin gluten, 100% jugo de naranja	31 B: Panqueque de pollo sin gluten, crujiente de manzana sin gluten, leche L: Pollo al curry sin gluten con arroz, pollo al curry, arroz con coco, zanahorias con jengibre, piña en salsa, leche S: Galleta sin gluten, pera fresca EDS: Galleta sin gluten, manzana fresca			

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
2 B: Tazón de cereales, taza de fruta, leche L: Repollo relleno de carne, leche S: Taza de puré de manzana, ositos de vainilla EDS: Galletas Graham, manzana fresca	3 B: Muffin envasado, taza de fruta, leche L: Pollo asado con leche S: Mezcla tradicional Chex, zanahorias mini EDS: WG Cheez Its, 100% jugo	4 B: Tazón de cereales, pera fresca, leche L: Filete de salmón, leche S: Ositos de manzana y canela, 100% jugo de fruta EDS: Barra de plátano fresco y nutrigrain	5 B: Yogur estable, granola, vaso de fruta, leche L: Pollo Lo Mein con leche S: Sándwich de mantequilla de sol EDS: Ositos de manzana y canela, pera fresca	6 B: Tazón de cereales, plátano fresco, leche L: Cholent de carne, leche S: Jugo de fruta 100%, queso cheddar Goldfish (sin pretzel) EDS: Barra de avena, 100% jugo
9	10	11	12	13
16 B: Tazón de cereales, taza de fruta, leche L: Filete de ternera a la pimienta, leche S: Taza de puré de manzana Mott's, pez dorado con queso cheddar (sin pretzel) EDS: WG Cheez-Its, 100% jugo	17 B: Muffin envasado, taza de fruta, leche L: Sopa de pollo con leche S: 100% jugo de fruta, chips de tortilla WG EDS: Taza de fruta, galleta Graham WG	18 B: Tazón de cereales, pera fresca, leche L: Filete de salmón, leche S: Yogur estable, mezcla Chex tradicional EDS: Pastel de arroz WG, taza de puré de manzana de Mott	19 B: Yogur estable, granola, vaso de fruta, leche L: Gush de ternera con leche S: Taza de puré de manzana de Mott, ositos de vainilla EDS: Mezcla tradicional Chex, yogur estable	20 B: Tazón de cereales, plátano fresco y leche L: Pollo asado con leche S: WG Cheez Its, 100% jugo de fruta EDS: Galletas de animales, pera fresca
23 B: Tazón de cereales, taza de fruta, leche L: Kebab de ternera y cordero, leche S: Taza de puré de manzana, ositos de vainilla EDS: Ositos de vainilla, 100% jugo	24 B: Muffin envasado, taza de fruta, leche L: Pollo Relleno, Leche S: Mezcla tradicional Chex, zanahorias mini EDS: WG Cheez Its, zanahorias mini	25 B: Tazón de cereales, pera fresca, leche L: Repollo relleno de carne, leche S: Ositos de manzana y canela, 100% jugo de fruta EDS: Taza de fruta, galletas WG	26 B: Yogur estable, granola, vaso de fruta, leche L: Albóndigas de pollo con leche S: Sándwich de mantequilla de sol EDS: Ositos de manzana y canela, pera fresca	27 B: Tazón de cereales, plátano fresco, leche L: Filete de ternera a la pimienta, leche S: Jugo de fruta 100%, queso cheddar Goldfish (sin pretzel) EDS: Mezcla tradicional Chex, 100% jugo
30 B: Tazón de cereales, taza de fruta, leche L: Pollo Lo Mein con leche S: 100% jugo de fruta, chips de tortilla WG EDS: Cheddar Goldfish (sin pretzel), 100% jugo	31 B: Muffin envasado, taza de fruta, leche L: Cholent de carne, leche S: Ositos de manzana y canela, pera fresca EDS: Tortitas de arroz WG, manzana fresca			

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LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<p>2</p> <p>B: Muffin sin gluten, taza de puré de manzana, alternativa a la leche L: Pizza de bagel con queso DF, zanahorias glaseadas, pera fresca y alternativa a la leche S: Wrap de hummus y queso DF EDS: Galleta sin gluten, manzana fresca</p>	<p>3</p> <p>B: Salchicha vegetariana y galleta Bella, crujiente de manzana caliente, alternativa a la leche L: Tofu con naranja, arroz integral, brócoli, piñas en salsa, alternativa a la leche S: Barra de manzanas y mantequilla de sol EDS: Chips de tortilla sin gluten, 100% jugo de uva</p>	<p>4</p> <p>B: Galleta Bella, salchicha vegetariana y queso DF, rajas, naranja, alternativa a la leche L: Taco vegetariano con verduras desmenuzadas, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas en sartén, alternativa a la leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol</p>	<p>5</p> <p>B: Taco de frijoles y queso DF, fruta tropical enlatada, alternativa a la leche, salsa L: Cazuela de pollo vegetariano con brócoli, cazuela de brócoli y arroz con queso, manzana fresca, salsa barbacoa y alternativa a la leche. S: Hummus de manzana y chocolate (CHEF) EDS: Galleta sin gluten, pera fresca</p>	<p>6</p> <p>B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada César de pollo vegetariana, panecillo integral, manzana fresca, mezcla de lechugas, alternativa a la leche, aderezo ranch DF S: Jugos 100%, chips de tortilla sin gluten EDS: Barra de mantequilla de sol, rajas de naranja</p>
9	10	11	12	13
<p>16</p> <p>B: Galleta Bella, taza de puré de manzana, alternativa a la leche L: Tofu Alfredo, brócoli, pera fresca, alternativa a la leche S: Bocados de tofu, chips de tortilla sin gluten EDS: Chips de tortilla sin queso y sin gluten</p>	<p>17</p> <p>B: Pizza de bagel con queso DF, crujiente de manzana caliente y alternativa a la leche L: Receta de tofu salteado con jengibre, arroz integral, mezcla Normandía, Piñas enlatadas Alternativa a la leche S: Dip de cebolla, chips de tortilla WG EDS: Hummus de chocolate (CHEF), galleta sin gluten</p>	<p>18</p> <p>B: Salchicha vegetariana y galleta Bella, rajas de naranja, alternativa a la leche L: Taco de frijoles y queso DF, arroz español, frijoles pintos, cóctel de frutas (en sartén), alternativa a la leche S: Taza de salsa de manzana y fresa, mezcla tradicional Chex EDS: Yogur sin gluten, granola sin gluten, frutos rojos mixtos</p>	<p>19</p> <p>B: Avena con pera especiada, fruta tropical (en lata), alternativa a la leche L: Tofu a la King, galleta Bella, manzana fresca, alternativa a la leche S: Zanahorias mini, hummus EDS: Barra de mantequilla de sol, yogur DF</p>	<p>20</p> <p>B: Cereal vegano, plátano fresco, alternativa a la leche L: Sándwich de ensalada de garbanzos estilo búfalo, panecillo integral, palitos de apio, taza de frutas tropicales, aderezo ranch DF, alternativa a la leche S: Chips de tortilla sin gluten, 100% jugo de manzana EDS: Galletas de animales, pera fresca</p>
<p>23</p> <p>B: Palitos de tostada francesa, taza de puré de manzana, alternativa a la leche, jarabe L: Stroganoff de tofu, pasta, guisantes y zanahorias, pera fresca, alternativa a la leche S: Wrap de hummus y queso DF EDS: Galleta sin gluten, manzana fresca</p>	<p>24</p> <p>B: Huevo vegetariano y queso DF, crujiente de manzana caliente, galleta Bella, alternativa a la leche L: Tofu teriyaki, arroz integral, piña (en sartén), alternativa a la leche S: Barra de manzanas y mantequilla de sol EDS: Chips de tortilla sin gluten, 100% jugo de uva</p>	<p>25</p> <p>B: Salchicha vegetariana y galleta Bella, rajas de naranja, alternativa a la leche L: Taco de frijoles y queso sin gluten ni lácteos, maíz confeti, frijoles negros, cóctel de frutas y alternativa a la leche S: Galleta sin gluten, plátano fresco EDS: Barra de plátano fresco y mantequilla de girasol</p>	<p>26</p> <p>B: Panqueques con almibar, salchicha vegetariana, fruta tropical (en lata), alternativa a la leche L: Sándwich de búfalo con pollo Morning Star, pan integral, hamburguesa Beyond Veg, croquetas de boniato, manzana fresca, aderezo ranch DF, alternativa a la leche S: Hummus de manzana y chocolate (CHEF) EDS: Galleta sin gluten, pera fresca</p>	<p>27</p> <p>B: Cereal vegano, plátano fresco, alternativa a la leche L: Ensalada de pasta italiana vegetariana, ensalada de pasta, taza de frutas tropicales, mezcla de primavera, aderezo ranch DF, alternativa a la leche S: Jugos 100%, chips de tortilla sin gluten Barra de mantequilla de sol, rajas de naranja EDS:</p>
<p>30</p> <p>B: Muffin de arándanos sin gluten, taza de puré de manzana, alternativa a la leche L: Rotini con trozos de carne vegetal, mezcla de verduras italianas, pera fresca y alternativa a la leche. S: Yogur DF, granola sin gluten EDS: Galleta sin gluten, 100% jugo de naranja</p>	<p>31</p> <p>B: Salchicha vegetariana y galleta Bella, crujiente de manzana caliente, alternativa a la leche L: Curry de tofu, arroz con coco, zanahorias con jengibre y piña (en lata), alternativa a la leche S: Barra de mantequilla de sol, pera fresca EDS: Barra de mantequilla de sol, manzana fresca</p>			