

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|---|
| | | | 1 B: Croissant Sandwich, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Cheese Rectangles, WG Crackers L: Bean & Cheese Burrito, Burrito, Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Mixed Fruit Cup, Animal Crackers ES: Applesauce Cup, Multigrain Cheerios | 2 B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: Graham Crackers, 100% Apple Juice L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Applesauce Cup, Whole Milk S-PM: Cheddar Cheese Blocks, WG Crackers ES: Yogurt, Mixed Fruit Cup | 3 B: WG Cinnamon Chex, Fresh Banana, Whole Milk S-AM: Strawberry Apple Sauce Cup, Cheddar Goldfish L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Asian Dressing, Whole Milk S-PM: Graham Crackers, Sunbutter ES: Peach Cup, WG Animal Crackers |
| 6 B: WG Bagel, Applesauce Cup, Whole Milk, Jelly S-AM: WG Ritz Crackers, Shredded Cheese L: Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Pear Cup, Whole Milk S-PM: Animal Crackers, Shredded Cheese ES: Strawberry Fruit Cup, WG Graham Crackers | 7 B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, Whole Milk, Ketchup S-AM: Chocolate Hummus (CHEF), WG Graham Crackers L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), Whole Milk S-PM: Peach Cup, WG Cheddar Goldfish ES: Applesauce Cup, WG Ritz Crackers | 8 B: Biscuit Sandwich, Turkey Sausage patty, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Yogurt, WG Animal Crackers L: Chicken Chili (Chef), Chili, Cornbread Muffin, Cucumber, Strawberry Salad, Fruit Cocktail, Whole Milk S-PM: Strawberry Apple Sauce Cup ES: 100% Orange/Tangerine Juice, WG Graham Crackers | 9 B: WG Waffle, Tropical Fruit, Sausage, Whole Milk, Syrup S-AM: WG Cheddar Goldfish, Applesauce Cup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Applesauce Cup, Whole Milk S-PM: Sliced Cucumbers, Yogurt Tzatziki Sauce ES: Shredded Cheese, Hard-Boiled Egg | 10 B: WG Cheerios, Fresh Banana, Whole Milk S-AM: WG Graham Crackers, Pear Cup L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, Whole Milk S-PM: WG Cheddar Goldfish, 100% Apple Juice ES: Lowfat Cottage Cheese, Peach Cup | |
| 13 B: WG Orange Muffin, Applesauce Cup, Whole Milk S-AM: Hard Boiled Egg, WG Ritz Crackers L: Cheese Pizza, Glazed Carrots, Pear Cup, Whole Milk S-PM: Yogurt, Rice Chex ES: Strawberry Fruit Cup, WG Ritz Crackers | 14 B: WG Kolache, Warm Apple Crisp, Whole Milk S-AM: WG Cheddar Goldfish, 100% Grape Juice L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), Whole Milk S-PM: Applesauce Cup, WG Ritz Crackers ES: WG Graham Crackers, Shredded Cheese | 15 B: Croissant Sandwich, Chicken Sausage patty & Cheese, Orange Wedges, Whole Milk S-AM: Fresh Banana, Cheerios L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Banana Bread, Fresh Banana ES: Yogurt, Strawberry Fruit Cup | 16 B: WG Breakfast Burrito, Tropical Fruit, Whole Milk S-AM: Cottage Cheese, Pear Cup L: Popcorn chicken, Broccoli & Rice Cheese Casserole, Applesauce Cup, Barbeque Sauce, Whole Milk S-PM: WG Graham Crackers, Chocolate Hummus (CHEF) ES: WG Cheddar Goldfish, 100% Grape Fruit Juice | 17 B: WG Rice Chex, Fresh Banana, Whole Milk S-AM: Shredded Cheese, Orange Wedges L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, Parmesan Cheese, Caesar Dressing, Whole Milk S-PM: 100% Fruit Punch, Cheddar Goldfish ES: Rice Chex, Pear Cup | |
| 20 B: WG Banana Bread, Applesauce Cup, Whole Milk S-AM: WG Graham Crackers, 100% Orange Juice L: Meatballs, WG Hoagie, Pear Cup, Green Beans, Whole Milk S-PM: Orange Muffin, Pear Cup ES: Yogurt, WG Animal Crackers | 21 B: WG Breakfast Pizza, Warm Apple Crisp, Whole Milk S-AM: Rice Chex, Applesauce Cup L: Sesame Chicken, Brown Rice, Broccoli, Pineapple (panned), Whole Milk S-PM: Lowfat Cottage Cheese, Sliced Cucumbers ES: Shredded Cheese, WG Ritz Crackers | 22 B: WG Bagel Sandwich, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Cottage Cheese, WG Ritz Crackers L: Chicken, corn, squash, peppers, Cucumber, Strawberry Salad, Fruit Cocktail, Spanish Rice, Whole Milk S-PM: Strawberry Fruit Cup, WG Animal Crackers ES: Applesauce Cup, Multigrain Cheerios | 23 B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: WG Graham Crackers, 100% Apple Juice L: Shepherd's Pie, WG Roll, Applesauce Cup, Whole Milk S-PM: Hard Boiled Egg, WG Ritz Crackers ES: Yogurt, Mixed Fruit Cup | 24 | |
| 27 B: Biscuit, Applesauce Cup, Whole Milk, Jelly S-AM: WG Ritz Crackers, Shredded Cheese L: Chicken Penne Alfredo, Broccoli, Pear Cup, Whole Milk S-PM: Animal Crackers, Shredded Cheese ES: Strawberry Fruit Cup, WG Graham Crackers | 28 B: WG Breakfast Pizza, Warm Apple Crisp, Whole Milk S-AM: Chocolate Hummus (CHEF), WG Graham Crackers L: Ginger Turkey Stir-Fry Recipe, Brown Rice, Normandy Blend, Pineapple (panned), Whole Milk S-PM: Peach Cup, WG Cheddar Goldfish ES: Applesauce Cup, WG Ritz Crackers | 29 B: WG Chicken Biscuit, Wedges Orange, Whole Milk S-AM: Yogurt, WG Animal Crackers L: Cheese Enchiladas, Spanish Rice, Pinto Beans, Fruit Cocktail, Whole Milk S-PM: Strawberry Apple Sauce Cup ES: 100% Orange/Tangerine Juice, WG Graham Crackers | 30 B: WG Spiced Pear Oatmeal, Tropical Fruit, Whole Milk S-AM: WG Cheddar Goldfish, Applesauce Cup L: Turkey a la King, WG Biscuit, Applesauce Cup, Whole Milk S-PM: Sliced Cucumbers, Yogurt Tzatziki Sauce ES: Shredded Cheese, Hard-Boiled Egg | | |

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES |
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| | | | 1 B: Sándwich de croissant, huevo y queso, rodajas de naranja, leche entera S-AM: Rectángulos de queso, galletas WG L: Burrito de frijoles y queso, burrito, maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Vaso de fruta variada, galletas con forma de animales ES: Tarrina de puré de manzana, Cheerios multigrano | 2 B: Tortitas WG, salchicha de pavo, fruta tropical, leche entera, sirope. S-AM: Galletas Graham, jugo de manzana 100% L: Nuggets de pescado, cazuela de brócoli y arroz con queso, ketchup, puré de manzana, leche entera S-PM: Bloques de queso cheddar, galletas WG ES: Vaso de yogur y fruta variada | 3 B: WG Cinnamon Chex, plátano fresco, leche entera S-AM: Vaso de compota de fresa y manzana, Goldfish de queso cheddar L: Ensalada de pollo tailandesa, pollo en cubos, mezcla de verduras para ensalada de col, fideos chow mein, taza de frutas tropicales, aderezo asiático, leche entera S-PM: Galletas Graham, crema de girasol ES: Taza de melocotón, galletas WG con forma de animales |
| 6 B: Bagel integral, puré de manzana, leche entera, mermelada S-AM: Galletas Ritz WG con queso rallado L: Albóndigas, pasta rotini integral, salsa marinara, mezcla de verduras italianas, copa de pera, leche entera. S-PM: Galletas con forma de animales, queso rallado ES: Vaso de fruta de fresa, galletas Graham WG | 7 B: Bocaditos de huevo de pavo, crumble de manzana caliente, patatas campesinas, leche entera, ketchup. S-AM: Hummus de chocolate (CHEF), galletas Graham WG L: Pollo Lo Mein, mezcla de Normandía, piña (salteada), leche entera S-PM: Copa de melocotón, Goldfish de queso cheddar WG ES: Tarro de puré de manzana, galletas Ritz WG | 8 B: Sándwich de galleta, hamburguesa de salchicha de pavo, huevo y queso, rodajas de naranja, leche entera S-AM: Yogur, galletas WG con forma de animales L: Chili de pollo (del chef), chili, panecillo de maíz, pepino, ensalada de fresas, cóctel de frutas, leche entera S-PM: Vasito de compota de manzana y fresa ES: jugo de naranja/mandarina 100%, galletas Graham integrales | 9 B: WG Waffle, fruta tropical, salchicha, leche entera, jarabe S-AM: Galletas Goldfish de queso cheddar WG, con puré de manzana L: Hamburguesa de pollo frito, panecillo integral, puré de coliflor, judías verdes, compota de manzana, leche entera S-PM: Pepinos en rodajas, salsa tzatziki de yogur ES: Queso rallado, huevo duro | 10 B: Cheerios WG, plátano fresco, leche entera S-AM: Galletas Graham WG sabor pera L: Pasta con pesto de albahaca, pollo, zanahorias mini, espinacas, ensalada de frutas tropicales, aderezo ranch y leche entera. S-PM: Galletas Goldfish de queso cheddar WG, 100% jugo de manzana ES: Queso cottage bajo en grasa, sabor melocotón | |
| 13 B: Magdalenas de naranja WG, vasitos de puré de manzana, leche entera S-AM: Huevo duro, galletas Ritz WG L: Pizza de queso, zanahorias glaseadas, copa de pera, leche entera S-PM: Yogur, Rice Chex ES: Vaso de fruta de fresa, galletas Ritz WG | 14 B: Kolache WG, crujiente de manzana caliente, leche entera S-AM: Galletas Goldfish de queso cheddar WG, jugo de uva 100% L: Pollo a la naranja (empanado), arroz integral, brócoli, piña (salteada), leche entera S-PM: Tarro de puré de manzana, galletas Ritz WG ES: Galletas Graham WG, queso rallado | 15 B: Sándwich de croissant, hamburguesa de salchicha de pollo y queso, rajadas de naranja, leche entera S-AM: Plátano fresco, Cheerios L: Taco de pollo, pollo molido, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Pan de plátano, plátano fresco ES: Yogur con fresas | 16 B: Burrito de desayuno WG, fruta tropical, leche entera S-AM: Requesón, Copa de pera L: Pollo frito estilo palomitas, cazuela de brócoli y arroz con queso, puré de manzana, salsa barbacoa, leche entera S-PM: Galletas Graham WG, Hummus de chocolate (CHEF) ES: Galletas Goldfish de queso cheddar WG, jugo de pomelo 100% | 17 B: WG Rice Chex, plátano fresco, leche entera S-AM: Queso rallado, rajadas de naranja L: Ensalada César de pollo, pollo a la parrilla en cubos, pan integral, manzana fresca, mezcla de hojas verdes, queso parmesano, aderezo César, leche entera. S-PM: 100% jugo de frutas, Goldfish de queso cheddar ES: Rice Chex, Copa de pera | |
| 20 B: Pan de plátano WG, puré de manzana en vaso, leche entera S-AM: Galletas Graham WG, 100% jugo de naranja L: Albóndigas, sándwich WG, copa de pera, judías verdes, leche entera S-PM: Magdalenas de naranja, copas de pera ES: Yogur, galletas WG Animal | 21 B: Pizza de desayuno WG, crumble de manzana caliente, leche entera S-AM: Rice Chex, Vaso de puré de manzana L: Pollo con sésamo, arroz integral, brócoli, piña (salteada), leche entera S-PM: Queso cottage bajo en grasa, pepinos en rodajas ES: Queso rallado, galletas Ritz WG | 22 B: Sándwich de bagel integral, huevo y queso, rodajas de naranja, leche entera. S-AM: Requesón, galletas Ritz WG L: Pollo, maíz, calabaza, pimientos, pepino, ensalada de fresas, cóctel de frutas, arroz español, leche entera S-PM: Vaso de fruta de fresa, galletas WG con forma de animales ES: Tarrina de puré de manzana, Cheerios multigrano | 23 B: Tortitas WG, salchicha de pavo, fruta tropical, leche entera, sirope. S-AM: Galletas Graham WG, 100% jugo de manzana L: Pastel de carne, panecillo integral, tarrina de puré de manzana, leche entera S-PM: Huevo duro, galletas Ritz WG ES: Vaso de yogur y fruta variada | 24 | |
| 27 B: Galleta, puré de manzana, leche entera, mermelada S-AM: Galletas Ritz WG con queso rallado L: Penne Alfredo con pollo, brócoli, copa de pera, leche entera S-PM: Galletas con forma de animales, queso rallado ES: Vaso de fruta de fresa, galletas Graham WG | 28 B: Pizza de desayuno WG, crumble de manzana caliente, leche entera S-AM: Hummus de chocolate (CHEF), galletas Graham WG L: Receta de pavo salteado con jengibre, arroz integral, mezcla de especias Normandy, piña (en sartén), leche entera S-PM: Copa de melocotón, Goldfish de queso cheddar WG ES: Tarro de puré de manzana, galletas Ritz WG | 29 B: Galleta de pollo WG, rajadas de naranja, leche entera S-AM: Yogur, galletas WG Animal L: Enchiladas de queso, arroz español, frijoles pintos, cóctel de frutas, leche entera S-PM: Vasito de compota de manzana y fresa ES: jugo de naranja/mandarina 100%, galletas Graham integrales | 30 B: Avena con pera especiada WG, frutas tropicales, leche entera S-AM: Galletas Goldfish de queso cheddar WG, con puré de manzana L: Pavo a la King, galleta WG, tarrina de puré de manzana, leche entera S-PM: Pepinos en rodajas, salsa tzatziki de yogur ES: Queso rallado, huevo duro | | |