

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					<b>1</b> B: WG Blueberry Chex, Fresh Banana, Whole Milk S-AM: WG Graham Crackers, Pear Cup L: Chicken Salad, WG Bun, Celery Sticks, Tropical Fruit Cup, Ranch Dressing, Whole Milk S-PM: WG Cheddar Goldfish, 100% Apple Juice ES: Lowfat Cottage Cheese, Peach Cup
<b>4</b>	B: WG French Toast Sticks, Applesauce Cup, Whole Milk, Syrup S-AM: Hard Boiled Egg, WG Ritz Crackers L: Turkey Stroganoff, Pasta, Ground Turkey, Peas & Carrots, Pear Cup, Whole Milk S-PM: Yogurt, Rice Chex ES: Strawberry Fruit Cup, WG Ritz Crackers	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
		B: Cheese Omelet, Warm Apple Crisp, Biscuit, Whole Milk S-AM: WG Cheddar Goldfish, 100% Grape Juice L: Teriyaki Chicken, Broccoli, Brown Rice, Pineapple (panned), Whole Milk S-PM: Applesauce Cup, WG Ritz Crackers ES: Tiger Bite Crackers Shredded Cheese	B: WG Kolache, Wedges Orange, Whole Milk S-AM: Fresh Banana, Cheerios L: Chicken & Cheese Tamales, Confetti Corn, Black Beans, Fruit Cocktail, Whole Milk S-PM: Banana Bread, Fresh Banana ES: Yogurt, Strawberry Fruit Cup	B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: Cottage Cheese, Pear Cup L: Buffalo Chicken Sandwiches, Whole Grain Bun, Chicken Patty, Sweet Potato Tots, Applesauce Cup, Ketchup, Ranch Dressing, Whole Milk S-PM: Tiger Bite Crackers, Chocolate Hummus (CHEF) ES: WG Cheddar Goldfish, 100% Grape Fruit Juice	B: WG Cheerios, Fresh Banana, Whole Milk S-AM: Shredded Cheese, Orange Wedges L: Italian Pasta Salad, Pasta Salad, Tropical Fruit Cup, Whole Milk S-PM: 100% Fruit Punch, Cheddar Goldfish ES: Rice Chex, Pear Cup
<b>11</b>	B: WG Blueberry Muffin, Applesauce Cup, Whole Milk S-AM: Vanilla Bears, 100% Orange Juice L: Lasagna w/ Sauce, Italian blend Veggies, Pear Cup, Whole Milk S-PM: Yogurt, Rice Chex ES: Yogurt, WG Animal Crackers	<b>12</b>	<b>14</b>	<b>15</b>	<b>16</b>
		B: WG Chicken Waffle Sandwich, Warm Apple Crisp, Whole Milk S-AM: Rice Chex, Applesauce Cup L: Chicken Curry, Coconut Rice Recipe, Ginger Carrots Recipe, Pineapple (panned), Whole Milk S-PM: Apple Cinnamon Bears, Pear Cup ES: Shredded Cheese, WG Ritz Crackers	B: Croissant Sandwich, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Cheese Rectangles, WG Crackers L: Bean & Cheese Burrito, Burrito, Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Mixed Fruit Cup, Animal Crackers ES: Applesauce Cup, Multigrain Cheerios	B: WG Pancakes, Turkey Sausage Link, Tropical Fruit, Whole Milk, Syrup S-AM: Tiger Bite Crackers, 100% Apple Juice L: Fish Nuggets, Broccoli & Rice Cheese Casserole, Ketchup, Applesauce Cup, Whole Milk S-PM: Cheddar Cheese Blocks, WG Crackers ES: Yogurt, Mixed Fruit Cup	B: WG Cinnamon Chex, Fresh Banana, Whole Milk S-AM: Strawberry Apple Sauce Cup, Cheddar Goldfish L: Thai Chicken Salad, Diced Chicken, Coleslaw Veggie Mix, Chowmein noodles, Tropical Fruit Cup, Asian Dressing, Whole Milk S-PM: Tiger Bite Crackers, Sunbutter ES: Peach Cup, WG Animal Crackers
<b>18</b>	B: WG Bagel, Applesauce Cup, Whole Milk, Jelly S-AM: WG Ritz Crackers, Shredded Cheese L: Meatballs, WG Rotini Pasta, Marinara Pasta Sauce, Italian blend Veggies, Pear Cup, Whole Milk S-PM: Animal Crackers, Shredded Cheese ES: Strawberry Fruit Cup, WG Graham Crackers	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
		B: Turkey Egg Bites, Warm Apple Crisp, Country Potatoes, Whole Milk, Ketchup S-AM: Chocolate Hummus (CHEF), WG Graham Crackers L: Chicken Lo Mein, Normandy Blend, Pineapple (panned), Whole Milk S-PM: Peach Cup, WG Cheddar Goldfish ES: Applesauce Cup, WG Ritz Crackers	B: Biscuit Sandwich, Turkey Sausage patty, Egg & Cheese, Orange Wedges, Whole Milk S-AM: Yogurt, WG Animal Crackers L: Chicken Chili (Chef), Chili, Combread Muffin, Cucumber, Strawberry Salad, Fruit Cocktail, Whole Milk S-PM: Strawberry Apple Sauce Cup ES: 100% Orange/Tangerine Juice, WG Graham Crackers	B: WG Waffle, Tropical Fruit, Sausage, Whole Milk, Syrup S-AM: WG Cheddar Goldfish, Applesauce Cup L: Chicken Fried Chicken Patty, WG Dinner Roll, Cauliflower Mashed Potatoes, Green Beans, Applesauce Cup, Whole Milk S-PM: Sliced Cucumbers, Yogurt Tzatziki Sauce ES: Shredded Cheese, Hard-Boiled Egg	B: WG Cheerios, Fresh Banana, Whole Milk S-AM: Tiger Bite Crackers Crackers, Pear Cup L: Basil Pesto Pasta w/ Chicken, Baby Carrots, Spinach, Tropical Fruit Cup, Ranch Dressing, Whole Milk S-PM: WG Cheddar Goldfish, 100% Apple Juice ES: Lowfat Cottage Cheese, Peach Cup
<b>25</b>		<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
		B: WG Kolache, Warm Apple Crisp, Whole Milk S-AM: WG Cheddar Goldfish, 100% Grape Juice L: Orange Chicken (Breaded), Brown Rice, Broccoli, Pineapples (panned), Whole Milk S-PM: Applesauce Cup, WG Ritz Crackers ES: Tiger Bite Crackers, Shredded Cheese	B: Croissant Sandwich, Chicken Sausage patty & Cheese, Orange Wedges, Whole Milk S-AM: Fresh Banana, Cheerios L: Chicken Taco, Ground Chicken, WG Tortilla 6", Confetti Corn (CHEF), Fruit Cocktail, Whole Milk S-PM: Banana Bread, Fresh Banana ES: Yogurt, Strawberry Fruit Cup	B: WG Breakfast Burrito, Tropical Fruit, Whole Milk S-AM: Cottage Cheese, Pear Cup L: Popcorn chicken, Broccoli & Rice Cheese Casserole, Applesauce Cup, Barbeque Sauce, Whole Milk S-PM: WG Graham Crackers, Chocolate Hummus (CHEF) ES: WG Cheddar Goldfish, 100% Grape Fruit Juice	B: WG Rice Chex, Fresh Banana, Whole Milk S-AM: Shredded Cheese, Orange Wedges L: Chicken Caesar Salad, Grilled Chicken diced, WG Roll, Fresh Apple, Spring Mix, Parmesan Cheese, Caesar Dressing, Whole Milk S-PM: 100% Fruit Punch, Cheddar Goldfish ES: Rice Chex, Pear Cup

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
					<b>1</b> B: WG Blueberry Chex, plátano fresco, leche entera S-AM: Galletas Graham WG sabor pera L: Ensalada de pollo, pan integral, palitos de apio, taza de frutas tropicales, aderezo ranch, leche entera S-PM: Galletas Goldfish de queso cheddar WG, 100% jugo de manzana ES: Queso cottage bajo en grasa, sabor melocotón
<b>4</b>	B: Palitos de tostada francesa WG, puré de manzana, leche entera, jarabe. S-AM: Huevo duro, galletas Ritz WG L: Stroganoff de pavo, pasta, pavo molido, guisantes y zanahorias, copa de pera, leche entera S-PM: Yogur, Rice Chex ES: Vaso de fruta de fresa, galletas Ritz WG	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
		B: Tortilla de queso, crumble de manzana caliente, galleta, leche entera S-AM: Galletas Goldfish de queso cheddar WG, jugo de uva 100% L: Pollo teriyaki, brócoli, arroz integral, piña (salteada), leche entera S-PM: Tarro de puré de manzana, galletas Ritz WG ES: Galletas Tiger Bitequeso rallado	B: Kolache WG, rajadas de naranja, leche entera S-AM: Plátano fresco, Cheerios L: Tamales de pollo y queso, maíz confeti, frijoles negros, cóctel de frutas, leche entera S-PM: Pan de plátano, plátano fresco ES: Yogur con fresas	B: Tortitas WG, salchicha de pavo, fruta tropical, leche entera, sirope. S-AM: Requesón, Copa de pera L: Sándwiches de pollo Buffalo, pan integral, hamburguesa de pollo, croquetas de boniato, puré de manzana, ketchup, aderezo ranch, leche entera S-PM: Galletas Tiger Bite, Hummus de chocolate (CHEF) ES: Galletas Goldfish de queso cheddar WG, jugo de pomelo 100%	B: Cheerios WG, plátano fresco, leche entera S-AM: Queso rallado, rajadas de naranja L: Ensalada de pasta italiana, ensalada de pasta, taza de frutas tropicales, leche entera S-PM: 100% Jugo de frutas, Goldfish de queso cheddar ES: Rice Chex, Pear Cup
<b>11</b>	B: Muffin de arándanos WG, vasito de puré de manzana, leche entera S-AM: Ositos de vainilla, Jugo de naranja 100%. L: Lasaña con salsa, mezcla de verduras italianas, copa de pera, leche entera S-PM: Yogur, Rice Chex ES: Yogur, galletas WG con forma de animales	<b>12</b>	<b>14</b>	<b>15</b>	<b>16</b>
		B: Sándwich de gofres con pollo WG, crumble de manzana caliente, leche entera S-AM: Rice Chex, Vaso de puré de manzana L: Pollo al curry, receta de arroz con coco, receta de zanahorias con jengibre, piña (en sartén), leche entera S-PM: Osos de manzana y canela, Copa de pera ES: Queso rallado, galletas Ritz WG	B: Sándwich de croissant, huevo y queso, rajadas de naranja, leche entera S-AM: Rectángulos de queso, galletas WG L: Burrito de frijoles y queso, burrito, maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Vaso de fruta variada, galletas con forma de animales ES: Tarrina de puré de manzana, Cheerios multigrano	B: Tortitas WG, salchicha de pavo, fruta tropical, leche entera, sirope. S-AM: Galletas Tiger Bite, 100% jugo de manzana L: Nuggets de pescado, cazuela de brócoli y arroz con queso, ketchup, puré de manzana, leche entera S-PM: Bloques de queso cheddar, galletas WG ES: Vaso de yogur y fruta variada	B: WG Cinnamon Chex, plátano fresco, leche entera S-AM: Vaso de compota de fresa y manzana, Goldfish de queso cheddar L: Ensalada de pollo tailandesa, pollo en cubos, mezcla de verduras para ensalada de col, fideos chow mein, taza de frutas tropicales, aderezo asiático, leche entera S-PM: Galletas Tiger Bite, mantequilla de girasol ES: Taza de melocotón, galletas WG con forma de animales
<b>18</b>	B: Bagel integral, tarrina de puré de manzana, leche entera, mermelada S-AM: Galletas Ritz WG con queso rallado L: Albóndigas, pasta rotini integral, salsa marinara, mezcla de verduras italianas, copa de pera, leche entera. S-PM: Galletas con forma de animales, queso rallado ES: Vaso de fruta de fresa, galletas Graham WG	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
		B: Bocaditos de huevo de pavo, crumble de manzana caliente, patatas campesinas, leche entera, ketchup. S-AM: Hummus de chocolate (CHEF), galletas Graham WG L: Pollo Lo Mein, mezcla de Normandía, piña (salteada), leche entera S-PM: Copa de melocotón, Goldfish de queso cheddar WG ES: Tarro de puré de manzana, galletas Ritz WG	B: Sándwich de galleta, hamburguesa de salchicha de pavo, huevo y queso, rajadas de naranja, leche entera S-AM: Yogur, galletas WG con forma de animales L: Chili de pollo (del chef), chili, panecillo de maíz, pepino, ensalada de fresas, cóctel de frutas, leche entera S-PM: Vasito de compota de manzana y fresa ES: Jugo de naranja/mandarina 100%, galletas Graham integrales	B: WG Waffle, fruta tropical, salchicha, leche entera, jarabe S-AM: Galletas Goldfish de queso cheddar WG, con puré de manzana L: Hamburguesa de pollo frito, panecillo integral, puré de coliflor, judías verdes, compota de manzana, leche entera S-PM: Pepinos en rajadas, salsa tzatziki de yogur ES: Queso rallado, huevo duro	B: Cheerios WG, plátano fresco, leche entera S-AM: Galletas Tiger Bite, sabor a pera. L: Pasta con pesto de albahaca, pollo, zanahorias mini, espinacas, ensalada de frutas tropicales, aderezo ranch y leche entera. S-PM: Galletas Goldfish de queso cheddar WG, 100% jugo de manzana ES: Queso cottage bajo en grasa, sabor melocotón
<b>25</b>		<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
		B: Kolache WG, crujiente de manzana caliente, leche entera S-AM: Galletas Goldfish de queso cheddar WG, jugo de uva 100% L: Pollo a la naranja (empanado), arroz integral, brócoli, piña (salteada), leche entera S-PM: Tarro de puré de manzana, galletas Ritz WG ES: Galletas Tiger Bite con queso rallado	B: Sándwich de croissant, hamburguesa de salchicha de pollo y queso, rajadas de naranja, leche entera S-AM: Plátano fresco, Cheerios L: Taco de pollo, pollo molido, tortilla WG de 6", maíz confeti (CHEF), cóctel de frutas, leche entera S-PM: Pan de plátano, plátano fresco ES: Yogur con fresas	B: Burrito de desayuno WG, fruta tropical, leche entera S-AM: Requesón, Copa de pera L: Pollo frito estilo palomitas, cazuela de brócoli y arroz con queso, puré de manzana, salsa barbacoa, leche entera S-PM: Galletas Graham WG, Hummus de chocolate (CHEF) ES: Galletas Goldfish de queso cheddar WG, jugo de pomelo 100%	B: WG Rice Chex, plátano fresco, leche entera S-AM: Queso rallado, rajadas de naranja L: Ensalada César de pollo, pollo a la parrilla en cubos, pan integral, manzana fresca, mezcla de hojas verdes, queso parmesano, aderezo César, leche entera. S-PM: 100% Jugo de frutas, Goldfish de queso cheddar ES: Rice Chex, Copa de pera