

INFANT DIET

SEPTEMBER 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Apples &/or IFIC	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Peaches &/or IFIC	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Bananas &/or IFIC	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Mangos &/or IFIC	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Pears &/or IFIC
LUNCH	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Squash &/or Bananas	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Beef &/or IFIC Carrots &/or Mangos	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Green Beans &/or Pears	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Turkey &/or IFIC Green Beans &/or Peaches	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM Chicken &/or IFIC Sweet Potatoes &/or Apples
SNACK	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Carrots &/or Mangos	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Apples	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Green Beans &/or Peaches	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Pears &/or Sweet Potatoes	0-5 Mnths: IFIF/BM 6-11 Mnths: IFIF/BM WG Crackers &/or IFIC Bananas &/or Squash

Menu ingredients subject to change based on availability and/or *holiday.

Pre-K 4 SA is an equal opportunity provider.

DIETA INFANTIL

SEPTIEMBRE DE 2026



	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
DESAYUNO	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Manzanas y/o IFIC	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Melocotones y/o IFIC	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Plátanos y/o IFIC	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Mangos y/o IFIC	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Peras y/o IFIC
ALMUERZO	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Pollo y/o IFIC Calabaza y/o plátanos	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Carne de res y/o IFIC Zanahorias y/o mangos	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Pollo y/o IFIC Judías verdes y/o peras	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Turquía y/o IFIC Judías verdes y/o melocotones	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Pollo y/o IFIC Batatas y/o manzanas
BOCADILLO	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Crackers WG y/o IFIC Zanahorias y/o mangos	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Crackers WG y/o IFIC Judías verdes y/o manzanas	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Crackers WG y/o IFIC Judías verdes y/o melocotones	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Crackers WG y/o IFIC Peras y/o batatas	0-5 meses: IFIF/BM 6-11 meses: IFIF/BM Crackers WG y/o IFIC Plátanos y/o calabaza

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